Neighbors pitch in after fire
Page 3

Giving the past a future
Palo Alto nonprofit preserves ancient sites around the world
page 20

Upfront North/south community debate re-ignites Page 3
Title Pages Still funny in Farsi or English Page 25
Sports Palo Alto swimmers win junior title Page 33
Selling Northern California's Finest Properties

CASHIN COMPANY

PAULO ALTO (650) 853-7100 ■ PORTOLA VALLEY (650) 529-2900 ■ WOODSIDE (650) 529-1000 ■ LOS ALTOS (650) 948-8050
MENLO PARK (650) 614-3500 ■ SAN CARLOS (650) 598-4900 ■ SAN MATEO (650) 343-3700 ■ BURLINGAME (650) 340-9688

ATHERTON
Scheduled for completion late Fall. This luxurious villa boasts 6BR / 7BA, 2 masters suites, LR chef’s kitchen, wine cellar.
Kristin Cashin $9,995,000

Beautiful custom 5BR / 4.5BA home nestled on a gorgeous large lot in sought after W Atherton neighborhood.
Elizabeth Daschbach $7,750,000

On one of Atherton’s most desirable streets rests a stylish 4BR residence.
Tim Kerns $2,995,000

EAST PALO ALTO
Great Opportunity in the “Hidden Willowest” Lrg lot w/ 2BR / 1BA ranch units.
Joe Carcione $1,088,000

This 2 year new home inclds spacious rooms, lovely hrdwd flrs, State of the Art Chef’s Kichen, Granite, M aple cabinets, stainless steel appliances.
Henri $644,900

Opt for this pleasing 3-bedroom Traditional-style Home offers offfice, Family room, carpeting, gas heat. Two-car garage covered patio.
Shivna Gallelli $495,000

Great Price on a Great Home! 3BD / 1BA w/ a large front & backyard, wood burning fireplace, attached two car garage. Hurry, this home won’t last long!
Michael Ames $244,900

MENLO PARK
Prime W. Menlo on Atherton border across from Sacred Heart & M Menlo Collage and a short distance to Circus Club.
Cristina Harper $2,295,000

Lincoln Green Complex in prestigious Sharon Heights. 2BR, ground floor unit.
Joe Carcione $619,000

MOUNTAIN VIEW
Paul Skrabo $4,400,000

3BR / 2BA, new roof w/ many more upgrades. Beau travertine flr Frplc. Huge rebuild kitchen w/ wine fridge & Igs Ctn bar area.
Deniece Watkins $1,099,000

Upgraded and remodeled duplex on large private lot, plus two bonus rooms. Practically new floors, windows, counters and bathrooms.
Michael Ames $684,900

PALO ALTO
Charming 3BR / 2BA home in sought after M downtown neighborhood.
Donna McKinley $1,499,000

PORTOLA VALLEY
French Chateau with 4BR / 4.5BA, 2 FR, office, living and dining rooms. One of the most beautiful kitches in the world.
Dana Cappiello $7,999,000

Charming early 1900’s vacation cabin-tastefully added an expansive deck, FR, 2BD + upstairs master suite. 3BR / 3BA, 2 FR.
Donna Black $1,125,000

Country Cottage. Beautifully remodeled K ite BA. Prof. landscaped yard. Priv. setting. Bonus area not included in sq ft.
Paul Skrabo $849,000

REDWOOD CITY
Stunning Mt. Carmel remodel. 4BR / 2.5BA home. Family Room, Living Room w/ lux furnishings and dining area.
Kristin Cashin $2,125,000

Don’t miss this charming & authentic Spanish style home. Grand L R w/ high, cathedral beam ceiling, inlaid hrdwd flrs.
Cathy McCarty $1,179,000

Duplex-live in one, rent the other. Ea unit has 2BR / 1BA, attached 1 car garage plus off St parking & a backyard.
Clarke Team $899,000

Remodeled 3 BRm. 2-1/2 Bath, T ile & H dwd Floors, New Landscaping
Vivian Vela $599,000

This Cute Redwood City duplex has been nicely Up dated! Each unit offers 1BD / 1BA, carpeting & hardwod floors. Close to downtown, shops & highway. The Ideal Location!
Michael Ames $534,900

SAN JOSE
An attractive lifestyle. Posh features and custom flourishes. 3-car garage. Family room. Patio.
Bonnie M Kehl $1,449,000

Premier location on Santana Row Model unit with many upgrades including upgrades including designer paint, carpet, appliances.
Camille Eder $788,000

Carefree townhome living. You will marvel at this friendly 2BR / 2+BA charmer. Carpeting, gas heat.
Meryl Sussman $474,000

SAN MATEO
Grand Tudor style 4BR / 4+BA home w/ period authentic details. Expansive L R, elegant DR, Granite chef’s kit & sunny bktbd rm.
Len Vlaeravng $1,749,000

Nice Parkside rancher. 3BR / 1BA, new carpet, new paint, stone fireplace, gated front yard - piled w/ large back yard with shed.
Patricia Dwyer $539,000

San Mateo Hills Condo. Gorgeous two story home. Two bedrooms, 2 bath loft unit with vaulted ceilings, spiral staircase, garage, End Unit. Vew.
Matt Younger $489,000

Edgewater 1st - the perfect place for the active at heart! This 1BR / 1BA unit is seconds from the water’s edge. A Must See!
George Monacos $438,800

SUNNYVALE
4BR / 3BA home. Two Mr & Ste. upstairs ste w/ full BA, walk-in closet & L R perfect for in-law quarters.
Vicky Wu $985,000

3BR / 2BA home. Dual pane W ndows, G rnt kitch Cntr tops, M pl Cnnts. Benito Solorzano $535,000

WOODSIDE
Stunning views, 2003 craftsman, 4BR / 3.5BA, Pool, Vineyard, room to expand - tennis, corral, barn, quartz house.
Gary Mackie $4,987,345

Beautiful lot in central Woodside. A must see.
Dana Cappiello $899,000

ATHERTON
Beautiful views of towering trees, a mini-orchard, sparkling pool, manicured lawns & fragrant, blooming shrubs. A Must See!
George Monacos $3,755,000

Palo Alto...I detatched Tudor style homes, located on a quiet Residential street. Each w/ 1BD / 1BA & Spacious L R.
Paul Skrabo $1,775,000

Redwood City...Charming 3 Bedroom, 2 Bath home which includes a Studio / Office with separate entrance. Hardwood floors, updated kitchen, central heat & air.
Vivian Vela $658,000

Los Altos...Gorgeous California Ranch Style 3BR / 2BA home on a wonderful cul-de-sac loc. FR w/ FPlc, LR w/ FPlc, bonus room, large lot, mature trees & landscaping. Serene & quiet. 2 Car gar w/ extra storage.
George Monacos $1,495,000

Atherton...W Atherton remodel or build new opportunity on large park-like setting lot with expansive golf course views to the south and panoramic hillsides views to the northeast. This is the proverbial diamond in the rough opportunity.
Steven Gray $2,690,000

Page 2 ■ Wednesday, August 13, 2008 ■ Palo Alto Weekly
Dalton not sane enough for trial, judge rules

Another mental-health evaluation to determine whether Dalton will be committed

by Becky Trout

James Dalton, accused of stabbing his brother John last summer, is not mentally competent to stand trial, Santa Clara County Superior Court Judge Thang Nguyen Barrett ruled Monday afternoon.

The decision came after three mental-health officials evaluated Dalton, 53, who is a registered sex offender, has been diagnosed schizophrenic and has numerous arrests for crimes including public intoxication, indecent exposure, theft and rape.

Two court-appointed psychiatrists found Dalton was not mentally competent to stand trial, but one court-appointed psychologist ruled that he could assist in his defense and understand court proceedings, the legal standard to have a trial.

“That was not the result that I was asking [Barrett] to make,” Deputy District Attorney James Gibbons-Shapiro said, adding that he has a “great deal” of respect for Barrett.

Barrett was scheduled to announce his decision July 22, but delayed it until Monday for further consideration.

Dalton will now be evaluated again for a recommendation whether he should undergo outpatient treatment or be committed to a mental hospital, Barrett said.

It appears likely Dalton would be committed to a mental hospital, as he was in 1999 when Judge John Garibaldi determined that Dalton was not fit to stand trial for sexual battery. He was committed to Atascadero State Hospital for a maximum three-year term.

Offers of shelter, food and other help pour in following a house fire, family experiences neighbors’ generosity

Offers of shelter, food and other help pour in after Melville Avenue blaze

by Megan Rawlins

When Palo Alto resident Jackie Yu discovered fire spitting out from under her dishwasher on the morning of Aug. 3, she was also to discover something else: the kindness of her neighbors.

Yu and her tenant, Jennifer Warren, a nurse at Stanford Hospital, emerged from the stucco ranch house physically unscathed but in shock.

Yu’s family — Charles, Michael and Caterina Yuan — were not at home at the time.

Within minutes, the 800 block of Melville Avenue was filled with emergency vehicles and concerned neighbors.

“Everyone came out of their houses,” Yu’s next-door neighbor Carroll Harrington said. “My neighbor was in his bathrobe. Another neighbor from down the street who didn’t know anyone immediately came and offered her house because she was going to Portland.”

A family renting the house across the street from the Yuan family had just moved in Saturday. On Sunday, they were out offering their home and freezer to the Yuans, according to Stacey Olgado, another neighbor.

Towards the end of the day, Donald Olgado and his children had collected upwards of 40 e-mail addresses from neighbors who were willing to give the family shelter, food, clothing and services.

“The response from neighbors was pretty overwhelming,” he said.

Warren, the Yuans’ tenant, had only recently moved into the area. But she, too, was met with generosity.

“In a matter of hours one of the neighbors offered her home to me,” Warren said. “She opened up her home to me without a backwards glance, and she had never met me.”

Fire officials estimated the fire caused $300,000 in damage.

(continued on page 10)

Palo Alto Weekly • Wednesday, August 13, 2008 • Page 3
When the nonprofit “One East Palo Alto” held a public forum in late June it posed a provocative question: “Do immigrant students have the right to go to college?”

The question referred to undocumented young persons who are not American citizens although they live here — some for nearly their entire lives.

For East Palo Alto, with a large Mexican-immigrant population, including undocumented families, the question is highly relevant.

Former East Palo Alto Mayor Sharifa Wilson, who now works at a college-preparation company, ran into the problem of undocumented students when she tried to get a gifted but undocumented young woman into the University of California, Merced.

“I didn’t realize what a big deal this was, with illegal immigrants not being able to go to college,” Wilson said.

The student Wilson was trying to help had won a scholarship and eventually was able to attend UC Monterey, but only after a harrowing experience when her family literally loaded the car to prepare to drive back to Mexico.

“Just how available is the American dream to people who live in this country?” One EPA Executive Director Faye McNair-Knox asked at the meeting.

Then Miriam Torres, a 23-year-old college student from East Palo Alto, spoke as an example of a formerly undocumented student who is doing well.

She captured the audience by her poise and matter-of-fact story of what she went through as a Carlmont High School student to tour civil rights trips with 60 other Bay Area high school students to tour civil rights-era sites in Georgia, Alabama and Mississippi.

That turned Torres around.

“I was exposed to how education is important,” she said. “People were fighting to be in school” while many of her classmates hated being in school.

Torres went from being a muddling student to being a straight-A student.

It’s wonderful how the civil rights battle for the dignity of all Americans that occurred in the 1950s and 1960s can still inspire people and change lives.

“Now, I want to help others,” she said.

Torres is working as an intern this summer at Nuestra Casa, an East Palo Alto nonprofit agency that helps immigrant Mexican families with English and conducts leadership classes for parents.

“You don’t have to deal with it, being undocumented, until you graduate from high school,” she told those in the audience.

When Torres had nearly completed high school, she was told she should go to college.

“It was my senior year, and I had no idea what that was about,” she recalled. “A lot of us have no one to tell you can go to college.

Torres attended Cañada College for two years and will start her junior year at the University of California, San Francisco, this fall.

But she’s far from done.

“I want to go to law school and become an immigration lawyer,” she said.

Why does that make such perfect sense?

Senior Staff Writer Don Kazak can be e-mailed at dkazak@pawekly.com.
Stanford neurosurgeon killed in plane crash

Doyle John Borchers III, 41, identified as Reno crash victim

by Thea Lamkin, Tyler Hanley and Becky Trout

T he Washoe County coroner’s office Tuesday identified Doyle John Borchers III, a 41-year-old Stanford neurosurgeon, as the man who was killed last week in a small plane crash near Lake Tahoe.

The aircraft, a Cessna, 172 left the Palo Alto Airport and was heading to Reno, Nev., when it went down, said Federal Aviation Administration spokesman Ian Gregor.

The wreckage was discovered early Friday morning on the east side of Mount Baldy near Incline Village, Nev., Washoe County Deputy Coroner Steve Finnell said.

Borchers was a Palo Alto resident and had rented the plane at the airport, Finnell said.

The website for Advantage Aviation, a flight-training school based at the Palo Alto Airport, recognizes a John Borchers under its “Recent Members’ Accomplishments” section for recently completing his first solo flight.

No one at Advantage Aviation was available to comment.

Gregor said the cause of the crash is under investigation by the National Transportation Safety Board.

Borchers had been a clinical instructor in Stanford’s department of neurosurgery since 2006. From 2004 to 2006, he was employed as medical director of Bayside Marin in San Rafael.

He had been in private practice in Santa Rosa and Greenbrae, Calif., from 1998 and 2006.

He recently completed a two-year fellowship in cyberknife stereotactic radiosurgery at Stanford and had a patent pending.

Bay City News Service contributed to this report.

Public-health researcher picked for Athena Award

Marilyn Winkleby founded summer biomedical research program for low-income high schoolers

by Becky Trout

Winkleby has a master’s degree in public health from UC Berkeley and a doctorate in epidemiology, also from Berkeley. She is currently the faculty director of Stanford’s Office of Community Health as well as a research professor in the Stanford School of Medicine.

Winkleby is particularly proud of the science program, launched in 1988 after she was approached by two undergraduates with a dream of helping less fortunate high school students explore college.

In the first year, seven students were accepted and volunteers brought them to Stanford in their own cars. Winkleby recalled.

With the blessing of Stanford and the help of eager undergraduates, the program blossomed. Now, about 300 students a year apply to attend the five-week residential summer program. The 24 successful applicants live with 10 undergraduates in a house on campus, spending as much as 11 hours a day doing research, working at the hospital in an anatomy lab with human cadavers, studying for entrance exams and learning about college, Winkleby said.

At the end, students present their research to their parents and other supporters.

The science program is particularly searching for students with an aptitude for science — but whose families have little education or access to information about college and the opportunities it offers, Winkleby said.

“We’re really looking for students [for whom] we can make a difference in their lives,” she said.

Participants come from rural Central California, East San Jose and Native American reservations.

“We don’t want the obvious students that are always picked by the teachers,” Winkleby said. “We’re trying to break the educational barriers.”

Program staff members provide (continued on page 9)
It’s not a conspiracy.

— Susan Fineberg, a Palo Alto planning commissioner, who nonetheless believes south Palo Alto is being treated unfairly. See story on page 3.

WEBSITE FIXERS NEEDED...

Launched last August after about $220,000 of work, the City of Palo Alto’s website has been complained about and cursed, picked apart and assailed by web-savvy Palo Altans. But now the city is asking residents to put their time where their mouths are. After months of pressure, the city is forming a committee to evaluate the site and develop recommendations to improve it. Residents and local workers are welcome, especially those with technology and website experience. For more information or to apply, contact Administrative Services Director Lalo Perez at 650-329-2675 or at lalo.perez@cityofpaloalto.org by Aug. 29.

MAKE WAY FOR DUCKLINGS...

Michele DeGonia, a legal secretary at Manatt, Phelps and Phillips LLP, recently alerted the city to the plight of ducks crossing Page Mill Road. In late July, DeGonia discovered three ducklings killed by cars. And in June, she had to take matters into her own hands to help a duck couple and its 14-or-so babies cross Page Mill. “I slammed my car into park, jumped out of my car and ran in my heels up to the intersection as the family of ducks was just about to get hit...” She proceeded to hold up my arm in a stop position to the oncoming car and other eastbound traffic as I was corralling the duck family to continue bound traffic as I was corralling the duck family to continue bound traffic as I was corralling the duck family to continue bound traffic as I was corralling the duck family to continue bound traffic as I was corralling the duck family to continue. “However you look at it, we’re accountable and obligated to respect our wildlife’s safety, but more attention to the safety of wildlife is needed,” DeGonia wrote. Those ducks made it across safely, but more attention to the safety of wildlife is needed, she said. “However you look at it, we’re accountable and obligated to respect our wildlife’s safety, but more attention to the safety of wildlife is needed.”

A STRANGE, SHORT PROTEST...

Last week, three protesters assembled outside SkinSpirit on Emerson Avenue, handing out orange fliers decrying the recent decision by San Rafael-based Baycor Builders to drop its membership in a carpenters union. SkinSpirit director Stacey Yates said the Palo Alto-based beauty-treatment company is opening a second facility in Walnut Creek, with Baycor as the general contractor, Matt Lockery, a co-owner of Baycor, said the firm decided to sub-contract out all carpentry and no longer employs any carpenters; therefore it decided to allow its membership in a carpenters union to expire. All the carpenters working on the SkinSpirit project are representated by unions, however, Lockery noted. The three protesters kept up their vigil until police Sgt. Natasha Powers showed up and spoke with them. They left shortly thereafter.

WATCH YOUR GAS...

Once a crime that rarely made it into affluent communities, skyrocketing gas prices have brought gas thieves to Palo Alto. At least one siphoning incident — on the 700 block of Alma Street — was reported to the police recently. Many new vehicles come with locking gas tanks and auto parts stores can sell locking caps.

WIN A CLASS AT THE ADULT SCHOOL...

The recently released Palo Alto Adult School program has a new look and is environmentally friendly — its printer uses majority recycled paper and is fueled by clean power, advisory board member and all-around community volunteer Carol Harrington pointed out recently. It also has a 15-question survey inside. All responses received before Sept. 2 will be entered in a drawing to win a free class in the fall session, which begins Sept. 8.

A MAKEOVER FOR YOUR STREET?...

Starting now and finishing before November, the city intends to pave or seal 23 miles of Palo Alto roadways, more than the 16 miles usually fixed due to lower than expected bids. The $1.4 million project will smooth out portions of Bowdoin Street, Bryant Street, College Avenue, Dartmouth Street, Foothills Park, Guinda Street, Hamilton Avenue, Homer Avenue, Northampton Drive, Ramona Street, Seneca Street and Southamptom Drive. Public works crews have pledged to inform residents before they begin.
The planned expansion of Stanford University Medical Center hit a rough patch Thursday in a meeting that showcased the difficulty of growing significantly while trying to preserve historic buildings and create a pedestrian feel.

The red-tiled, sixth-story roof of Hoover Pavilion, an Art Deco building erected by Stanford University in 1930, should continue to range above nearby parking lots, architects agreed.

Located at 211 Quarry Road near the Stanford Shopping Center, the sandstone-colored structure is a gem to be restored and displayed, according to members of both Palo Alto’s Architectural Review Board and a Stanford-hired architects, WRNS Studio.

But the puzzle of how to maintain the atmosphere of the stately, if aging, Pavilion — and the day care center alongside it — while expanding the adjacent Medical Center by 1.3 million square feet is a lot harder to agree on.

The review board disliked the design presented by architect Bryan Shiles Thursday, which added a nine-story parking lot — three stories of which are sunken — and a 60,000-square-foot medical office building next to the Pavilion. Under Shiles’ conception, the Pavilion itself would continue to house medical offices and clinics, as it does now, after a renovation.

Shiles kept the new buildings shorter than the Pavilion. He strove not to overwhelm the day care center — and doctors and nurses walking to work — by breaking the shape of the garage with a jutting lower-level extension, he said.

But the design was nonetheless too massive, board members said at the no-vote preliminary review.

“This whole thing needs a lot of work — way down at the fundamental level of how big these buildings are,” board member Judith Wasserthal said.

The expanded Medical Center is scheduled to rise above the expanse of asphalt, and per- form a pedestrian-friendly neighborhood service for the entire medical campus, as well as an office building, alongside a historic building and a day care center, she added.

Enormous in scope, the project is expected to add 1,000 rush-hour vehicle trips and nearly 2,000 jobs.

It is also rife with planning complexities, as architects juggle the need for modern, safe buildings with the City of Palo Alto’s desire for a smart-growth plan. With the expanded hospitals and clinics, it’s a tricky task to add parking for the entire medical campus, as well as an office building, alongside a historic building and a day care center, she added.

The city has hired an urban planning consultant, Bruce Fukui of Oakland-based Fukui Planning and Design, to help shape the coming construction as an “urban village.”

The city and Fukui hope to turn the auto-oriented zone near the current hospital and shopping mall into a pedestrian-friendly neighborhood of tree-lined stretches connected to the train station and Palo Alto transit center near University Avenue.

The expanded Medical Center campus is an opportunity for innovative planning, according to City Council members.

That’s what he was aiming for with Hoover Pavilion designs, Shiles said Thursday.

Although board members disliked the garage — which would replace ground-level parking and storage sheds — the structure is part of a design to increase walking, he said.

Medical Center staff would park at the garage, then walk or take a shuttle to work at other places within the expanded complex, Shiles said. Using a laser pointer, he highlighted tree-lined streets on which employees could stroll.

Despite those efforts, board members — with the exception of absent Chair Clare Malone Prichard — asked whether the garage could shrink, perhaps by sharing parking with the planned hotel for the Shopping Center.

Board member Alexander Lew asked nurses returning to cars after late shifts might feel unsafe in the dark garage, far below ground.

“Maybe nurses return to cars after work,” she added.

Fukuji offered suggestions for increasing pedestrians’ comfort, including adding a wide, tree-lined boulevard to Quarry Road to break up the expanse of asphalt, and perhaps a coffee kiosk for employees waiting for the shuttle.

After the meeting, Shiles was undeterred.

“Architecture is always a difficult and complicated process, so I think this is just part of a process that will get us to a good building,” he said.

Shiles’ design is scheduled to return to the board this fall.

Staff Writer Arden Pennell can be reached at apennell@paweekly.com.
**Stanford Continuing Studies Celebrating 20 Years!**

**Select Courses This Fall:**

- **SPECIAL 20th Anniversary Course: Darwin’s Legacy**
- Europe in the Age of the Cathedrals
- China Today in Light of Its Past
- The Geography of US Elections
- Tolstoy’s War and Peace
- Revolution: The Music of The Beatles
- Einstein's General Theory of Relativity

Stanford Continuing Studies offers a broad range of courses in the liberal arts & sciences, writing, and professional & personal development. Designed to cultivate learning and enrich the lives of adults in the Bay Area, most courses are taught by Stanford instructors and are open to all.

**Fall Registration Opens August 18**

http://continuingstudies.stanford.edu

**AUGUST 23-24th**

Festival of the Arts
University Avenue, downtown Palo Alto, 10 a.m. – 6 p.m.
Discover new treasures with three hundred fine artists, watch Italian Street Painting and sample microbrews and fine wines. We encourage taking your bike or public transportation. Free admission. More information www.paloaltochamber.com

**SEPTEMBER 4th**

Tri-City Hiker at Quadus Conference Center
2400 Sand Hill Road, #105, Menlo Park, CA. 5:30 to 7:00 p.m.
With Menlo Park and East Palo Alto Chambers of Commerce.
Sign up for 3-minute networking during the meet.
$10.00 admission. Showcase tables available online. www.paloaltochamber.com

**SEPTEMBER 5th**

P.A.C.E. Networking Breakfast at the Westin
675 El Camino Real. 7:00 – 9:00 a.m. in the Reception Room.
Dan Lutchansky, author of “Getting in Business to Stay” discusses the secrets growing and marketing your business during tough economic times.
$20 members/$30 non-members; before August 22, 2008.
$25 members/$35 non-members; after August 22, 2008.

**SEPTEMBER 24th**

Business Mixer at California Cafe
700 Welch Road, Stanford Barn
Enjoy wine tasting led by California Cafe experts.
$10 members/$20 non. Showcase tables available online.
www.paloaltochamber.com

**OCTOBER 22nd**

P.A.P.Y. Last Tuesdays at Mantra Restaurant and Lounge
632 Emerson Street, Palo Alto. 5:30 to 7:00 p.m.
The kick-off of our new Palo Alto Young Professionals group will be a chance for local young professionals to meet and exchange ideas. No fee for members or non-members.

**Chamber Monthly Committee Meetings**
September 6th
Ambassadors
Wed., Sept. 9th, 9:00 a.m.
Events
Wed., Sept. 16th, 9:00 a.m.
Government Action
Wed., Sept. 23rd, 9:00 a.m.
BRP* Every Monday, 7:30 a.m.
BRP* Every Friday, 7:30 a.m.
* Limited to Chamber Members; check website for details:
http://paloaltochamber.com/chamber/benefits.asp

Save the Dates:
Oct. 5 - PACES Networking Breakfast - Using Social Media to Promote your Business
Oct. 15 - Women in Business luncheon at the Cabaña
Oct. 22 - Business Mixer at StarOne Credit Union
Oct. 28 - PAPY Last Tuesday

**Police see spike in catalytic converter thefts**

At least six catalytic converters were sliced off vehicles parked in Palo Alto last Wednesday, according to police reports.

The thefts are part of a growing trend linked to increased demand for raw metals such as platinum.

Palo Alto Detective Brian Philip said the thieves often sell the converters to materials dealers. He said Toyota SUVs are particularly vulnerable.

Jorge Rotea, a parts expert at Magnussen’s Toyota, said catalytic converters are more accessible in SUVs and trucks, although they contain the same materials as converters in autos.

Catalytic converters trap emissions from the engine and sell from between $500 and $1,000, Rotea said.

He said at one point Magnussen’s saw one customer a week with a stolen catalytic converter, although that figure has dropped now.

Philip said there is little a driver can do to protect a vehicle other than parking in an enclosed garage.

Wednesday’s thefts occurred at IntApp, Inc. on Portage Avenue, the Crowne Plaza Hotel, Stanford Shopping Center, Danger Inc. on Park Boulevard and two at the Stanford Hospital.

Rotea said a driver will know right away if the catalytic converter has been removed.

—Becky Trout

**VTA board approves BART tax measure**

Santa Clara County voters will decide in November if they want to approve a one-eighth cent tax to fund operating and maintenance expenses for a Bay Area Rapid Transit expansion to the South Bay.

At a meeting Thursday night, the Santa Clara Valley Transportation Authority board of directors approved placing the measure on the upcoming ballot.

The additional income from the tax would fund the 16-mile extension from the Warm Springs BART station, an already approved extension from the Fremont station, through Milpitas, San Jose and Santa Clara. There will be six new stations under the plan, VTA spokesman-woman Jennie Loft said.

“The regional importance of the BART extension to Santa Clara County cannot be overstated,” VTA board Vice Chairwoman Dolly Sandoval said. The extension would create “an integrated rail service completely encircling the bay,” she added.

VTA consulted with independent financial experts who provided a comprehensive analysis of the expansion’s financial needs and decided that a one-eighth cent tax would be sufficient, according to the authority.

If the measure passes, the tax would not be assessed until the VTA secures state and federal funds to match local funds.

—Bay City News Service

**Man dies in motorcycle crash near Alpine Road**

A 69-year-old Fairfield man was killed and his wife injured Sunday afternoon in a crash in unincorporated San Mateo County near the Skyline Ridge Open Space Preserve, according to the San Mateo County coroner’s office.

Richard Everett Johnson died in the crash just after 1 p.m. when the motorcycle he and his wife were riding went off Alpine Road and down an embankment just west of Skyline Boulevard, the California Highway Patrol reported.

Johnson’s wife reportedly sustained minor injuries.

—Bay City News Service
LAND USE

Stanford redevelopment: New workers will need 1,850 homes

Nearly all new shopping-center employees couldn’t afford Palo Alto, study finds

by Becky Trout

The proposed expansions of Stanford Medical Center and Shopping Center will provide 3,200 new jobs, according to a recently released report by consulting firm Keyser Marston Associates (KMA).

Those employees will need roughly 1,830 new residences, the draft “Housing Needs Analysis” found.

Only 501 of the new workers’ families will be able to afford to live in the area, however, the report states.

Councilwoman Yoriko Kishimoto, who has insisted that the redevelopment create no new traffic, called the numbers “sobering.”

The housing report was commissioned for the City of Palo Alto as part of the extensive review process for the Stanford projects. It will be incorporated into the formal environmental report and development agreement. It was released Saturday.

With a 120-room hotel, new restaurants and stores, Stanford Shopping Center would add 1,149 employees who would need 555 new residences.

The report found that nearly 99 percent of shopping-center workers’ families would not be able to afford housing in the area, however.

“I think we have some pretty serious thinking to do,” Kishimoto said. It costs about $500,000 to subsidize a low-income home in Palo Alto.

The city has viewed the shopping-center expansion favorably because it could bring in an additional $3 million per year in taxes to the city.

“We have to offset any new sales tax with the prospect of the city offsetting those low-income (units),” Kishimoto said.

Salaries for medical center employees, as expected, would be higher, the report noted.

Of the 1,301 new workers hired by Stanford Hospital — which includes the main hospital, the Lucile Packard Children’s Hospital, the School of Medicine and medical offices — 494 families would be able to afford a residence nearby.

The city intends to press Stanford to provide additional housing during negotiations, which should begin formally this winter.

“It’s definitely a top-tier issue for the city,” Steve Emslie, interim deputy city manager, said Monday.

Stanford has argued that improved top-notch medical facilities provide a large benefit to the public, with little need to provide additional community benefits.

Emslie said potential housing sites have been identified during Stanford’s General Use Permit (GUP) process with Santa Clara County.

They include eight acres at Quarry Road and El Camino Real, eight acres at Quarry Road and Arroyo Road and 30 units near the train station, among other sites.

Previously, Stanford had estimated its medical center expansion project would add nearly 2,000 jobs. KMA found that 2,243 new jobs would be created, swelling the project number of medical center employees to 12,191 in 2025.

The Planning and Transportation Commission is expected to hold a study session on Stanford-project related housing in September, with a City Council session in October, Emslie said.

Athena Award (continued from page 5)

extensive support to students, offering counseling, writing letters of recommendation and encouraging an alumni network, which now counts more than 405 students.

All have graduated from high school and 81 percent have earned a four-year college degree, Winkleby’s research has found.

Though run out of Stanford, the science program depends on donors and grants for funding, Winkleby said. She is currently hoping to build a $5 million endowment to sustain it in the future.

In addition to her work with youth, Winkleby’s research on farm-worker nutrition and the effects of neighborhood and income on heart disease have received national attention.

She’s also pleased that Stanford Medical School recently established the Office of Community Health, where she serves as faculty director, making the university one of few nationwide where medical students learn about public health by working in the local community.

The Athena Award luncheon in Winkleby’s honor will be held Wednesday, Sept. 10, at the Garden Court Hotel. Tickets are available through the Chamber of Commerce. ■

Staff Writer Becky Trout can be e-mailed at btrout@paweekly.com.

Your Child’s Health University

Lucile Packard Children’s Hospital offers classes, seminars and resources designed to foster good health and enhance the lives of parents and children.

• **SIBLING PREPARATION**
  Designed for children two years of age and older, this class prepares siblings for the emotional and physical realities of the arrival of a newborn.
  - Saturday, September 6

• **ATTENTION DEFICIT HYPERACTIVITY DISORDER MANAGEMENT STRATEGIES FOR PARENTS**
  Does your child have difficulty focusing, paying attention or sitting still? If so, your child could have Attention Deficit Hyperactivity Disorder (ADHD). The Child Psychiatry Clinic at Lucile Packard Children’s Hospital is offering ways for parents of children (ages 5-12) with ADHD to help their children improve behavior and function more independently. If interested, please call (650) 723-3511.
  - Tuesdays, September 9 - November 11

• **INFANT MASSAGE**
  Learn the techniques of infant massage to relax and soothe a baby, to relieve the temporary discomforts of gas and soreness of vaccination sites, and to stimulate a baby as he or she grows into an active child.
  - Thursdays, September 11 - October 2

• **NEWBORN CARE 101**
  Often touted as our “most fun” class, this interactive program teaches the specifics of newborn care, including bathing, temperature-taking, changing diapers, swaddling, soothing techniques and more. Infant doll models are used to allow for hands-on practice.
  - Saturday, September 13

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Best of Palo Alto

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Best of Palo Alto Weekly • Wednesday, August 13, 2008 • Page 9
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A scorch ed photo album is among the damaged items in the recent Community Center neighborhood fire.

People

After two-year wait, Shawn Stockwell gets a new heart

U.S. Air Force gives 9-year-old honor in Afghanistan

by Sue Dremann

The wait for a new heart finally ended July 31 for 9-year-old Shawn Stockwell, after two years, three months and 17 days. That’s when, shortly after midnight, Shawn learned that a heart was available, according to a blog kept by his mother, Trista Stockwell.

Shawn, from a boy about Shawn’s age, arrived at Lucile Packard Children’s Hospital in San Mateo County after being flown by helicopter the same day, from Los Angeles. The transplant lasted 11 hours.

“Shawn was 2 years old and sleeping on Aug. 10 with friends after receiving his long-awaited new heart.”

‘In a matter of hours one of the neighbors offered her home to me. She opened up her home to me without a backwards glance, and she had never met me.’

— Jennifer Warren, a tenant in the Yuans’ home

from many of the neighbors that we do not know well or never met before. It is heart-warming and beyond our expectations.

“I have never been in a community like the one in Palo Alto,” Warren said. “I came from South Carolina, and I can’t imagine the people in the communities where I have lived being that generous that fast anywhere.”

“I am so thankful that this is the place I was to experience such an event,” she added. “I can’t imagine where I’d be without the community support. These are good people.”

Editorial Intern Megan Rawlinson can be emailed at mwrawlin@pawekly.com.

As of last Friday, Shawn was able to eat Jello — the first solid food he’d had since the surgery.

The boys’ bravery was recently honored by the U.S. Air Force in Afghanistan.

When people in the Air Force do exceptional things, we fly an American flag in one of our aircraft during a combat mission,” Col. Clifton D. Blanks, commander of the 455th Expeditionary Maintenance Group at Bagram Airfield, Afghanistan, wrote to the Stockwell family. “Then, we present the flag to them along with a special certificate signed by the pilot. I serve with many brave people in Afghanistan, but I don’t know of any braver than your son.”

The flag and certificate will be delivered to Shawn.

Blanks lived in Shawn’s hometown of Eagle River for three years and learned about him through the school Blanks’ daughters attended, he wrote.

Although the flag was flown for Shawn and the certificate bears his name, Blanks said they are for the entire family.

“As a parent, I can’t even imagine what you and your husband have had to endure to try to keep your family together physically, emotionally and financially,” he wrote to Trista Stockwell.

In one to two weeks, Shawn will be out of bed and able to walk and sit, Rosenthal said. It will take several months for him to recover his muscle tone and strength. He will also have to take anti-rejection medication for the rest of his life.

But Shawn can expect to do everything other kids his age can do. He will even be able to play his favorite sport: hockey.

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“I have been to way too many agonizing than to see the parents just nothing — nothing — more place some time soon... It could even be today for the child whose place some time soon.”

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Rosenthal said 93 percent of patients survive one year with a new heart; the five-year rate is 85 percent and 50 percent survive 15 years or longer.

Grateful for the life her son has been given, Trista Stockwell said the transplant is also bittersweet.

“I have to say that MY own heart is somewhere in Southern Calif., where a funeral will be taking place sometime soon. . . . It could even be today for the child whose heart now beats inside of Shawn,” she wrote on her blog.

“I have been to way too many children’s funerals, and there is just nothing — nothing — more agonizing than to see the parents and even imagine for a second what that loss and that pain is like. My heart just breaks for this family,” she wrote.

She asked that people pray for the family of the boy whose heart was donated to Shawn.

A Weekly article and multimedia slideshow on Shawn’s wait is posted at www.PaloAltoOnline.com by our Long Beach columnist, "A Brave Heart.” A website chronicling Shawn’s progress is posted at www.geocities.com/shawnsleftheart. . . .

Staff Writer Sue Dremann can be e-mailed at sdmann@pawekly.com.

Upfront

House fire

(continued from page 3)

Some residents in the Community Center neighborhood, which includes Melville, are hoping that the fire might be a catalyst to jump-start community-building.

“We’re not a really tight neighborhood,” Harrington said. “I have wanted to start a Neighborhood Watch list for years but didn’t know many people.”

“Everyone who is adjacent knows each other pretty well,” Stacey Olgado added, “but once you get out of the three-to-four-house range, relationships aren’t as strong.”

Rick Ferguson, president of the Community Center Neighbors’ Association, said that his area may not be as prepared for emergencies and disasters as some Palo Alto neighborhoods are. But he expressed hope that the silver lining of the fire might be a shift in that direction.

Yu — taking a break from dealing with insurance companies and putting her family’s life back together last week — agreed.

Despite their spontaneous actions, the Melville neighbors all insisted they are no different than others anywhere else. They only did what any neighbors would do.

Warren and the Yuans might quibble about that.

“I never could have imagined something as unexpected as this to happen,” Yu said, “but we received so much love, care and support from many of the neighbors that we do not know well or never met before. It is heart-warming and beyond our expectations.

“I have never been in a community like the one in Palo Alto,” Warren said. “I came from South Carolina, and I can’t imagine the people in the communities where I have lived being that generous that fast anywhere.”

“I am so thankful that this is the place I was to experience such an event,” she added. “I can’t imagine where I’d be without the community support. These are good people.”

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**Health**

Hospital puts produce at patients’ fingertips

Farmers’ market first in state at a veterans’ hospital

by Christine Karavas

At the Palo Alto Veterans Affairs Hospital on a recent Wednesday, doctors and patients shopped side-by-side for fresh-picked, California-grown produce.

A band of hospital employees played a mix of oldies and originals nearby. An information center offered recipes, and eight merchant booths displayed a variety of products, including orchids, olive oil, honey, beeswax candles, pluots, bell peppers and basil.

The occasion: The hospital’s weekly farmers’ market, which is the first in the state hosted by a VA hospital.

“Every week, it’s different,” said Camilla Coakley, coordinator of the VA’s MOVE! weight-management program. “And it’s just really fun. ... You’re shopping right next to your doctor. That’s kind of cool.”

The weekly market started in May and will continue through October. It’s run with the help of the Pacific Coast Farmers’ Market Association (PCFMA).

The hospital initiated the project for its Healthy Veterans program, according to Greg Zeroun, market manager for the association.

“We worked with them a lot and finally came up with the plan and put it in motion,” he said.

In response to Palo Alto’s launch, the San Francisco VA is also talking to the farmers’ market group about setting up one in the city, he said.

“About 250 people visit the market each week,” Zeroun said. Everyone is welcome, from doctors and patients to visitors and hospital employees.

The farmers’ market was established by the Palo Alto Healthier U.S. Veterans Committee, which Coakley chairs and which also covers employee wellness.

“In health care, you need to really take care of yourself, in order to take care of other people,” Coakley said. “Everything that we’re doing is kind of all about veterans, but also taking care of employees.”

The farmers’ market is a very visual example of that goal,” she said.

Besides offering the fruits and vegetables, the farmers’ market offers recipes, flowers, olive oil, honey and beeswax products. Producers and visitors come from as far away as Fresno, Zeroun said.

Staff members are finding the market convenient.

“It’s nice for people here at the hospital,” said Kerri Childress, communications officer and congressional liaison for the VA hospital. “It’s nice to be able to promote something that’s healthy and also benefits the community.”

The PCFMA is a nonprofit organization that aims to help farmers sell their products at certified farmers’ markets. Growers pay a fee to the PCFMA, which organizes and promotes the markets, according to Zeroun.

Having a selection of fresh produce on sale each week is going to pay off, Coakley said.

“Research has shown that even a 10 percent decrease in your weight can very much benefit your body,” she said.

“Things like this help people, so they don’t come back time after time for things that could be helped by healthier lifestyles. It helps them find a balance in their lives so we have healthier, happier patients and employees,” Coakley said.

“The hospital should be less of a place of disease and illness, and more of a place of wellness and restoration.”

In addition to the farmers’ market, the wellness committee is investigating yoga classes and other programs and clinics for both veterans and employees, according to Coakley. The Menlo Park VA hospital already offers yoga classes for veterans.

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**Land Use**

Whole Foods exec: We’re not coming to Menlo

Grocery store has no interest in the former Cadillac site on El Camino Real

by Rory Brown

News that Whole Foods may open a store at the abandoned Cadillac dealership at 1300 El Camino Real in Menlo Park had potential shoppers intrigued and local businesses concerned.

An anonymous flier even appeared around town in recent weeks urging residents to “protect the character of El Camino” and oppose plans for a Whole Foods store on the 3.45-acre site.

The flier stated the proposed project — which would require a rezoning to accommodate 40-foot-tall buildings (current zoning limits buildings to 30 feet) and fewer parking spaces (423 spaces as opposed to the currently required 661) than current commercial zoning rules require — would cause parking and traffic problems along El Camino Real.

But now it turns out the specialty grocery store’s chances of actually moving to Menlo Park are slim to none.

David Lannon, president of Whole Foods’ Northern California operation, said the specialty grocery-store chain has “no interest” in moving to El Camino Real in Menlo Park, and he’s unaware of any talks to open a store at the former Cadillac site.
EAST PALO ALTO SHOPPING GOING GANGBUSTERS ...

While much of the rest of the country is going through an economic downturn, East Palo Alto’s shopping district, Ravenswood 101 Retail Center, is about to go full throttle. It now looks like two retailers, Nordstrom Rack and Sports Authority, will occupy the 90,000-square-foot building, which has been vacant for more than three years when EXPO Design Center closed. Nordstrom Rack is the department store’s off-price division, which first opened in the basement of Nordstrom’s downtown Seattle store in 1975 as a clearance department. Sports Authority’s move into East Palo Alto will mark its 68th store in California. It is also about five miles away from its Mountain View store in the San Antonio Shopping Center. Also poised to start business in Ravenswood 101 is the Firehouse Grill. Already open three years in downtown Sunnyvale, the Firehouse Grill in East Palo Alto is expected to open in October, according to Richard Tanner, construction manager for the restaurant. The 4,000-square-foot eatery will seat 120 people in the plasma-TV-studded interior. “We’ll have ‘16 flat-panel televisions on the walls, both 50-inch and 62-inch,” Tanner said. He also noted the parking availability. “It’s one of the few restaurants around here that you can go to on a Friday or Saturday night and park in front of it. We’ve got a hundred spaces in this lot.” Firehouse Grill is located next to Jamba Juice, which opened in mid-May.

PALO ALTO WINE MAKES BIG SPLASH ... One of the best-selling wines at a Mountain View beverage store is called Palo Alto. Not only has it become a chic gift to give Palo Alto city officials, but its label includes what could almost pass for the city’s iconic tree. Nevermind that it comes from Chile. It’s a red wine that’s soft and fruity and has a blend of three different grapes, according to BevMo Wine Director John Ignowski, who says the wine is “rocketing out the door,” with a steady stream of phone calls from Palo Alto customers eager to snap up bottles as soon as they arrive. “In the beginning, people were buying Palo Alto as a lark, just because of the name, but after they try it, they realize it’s actually a very good wine for the price,” he said. Ignowski calls the wine a consistent best-seller, as well as a favorite of the Mountain View’s BevMo staff in the San Antonio Shopping Center. Although the wine sells well in all of BevMo’s stores, sales spike in the Mountain View location, according to Ignowski. “I try to always have four or five cases on hand, but when customers buy it by the case, it’s hard to keep it in stock,” he said. Palo Alto travel agent and part-time comedy writer Janice Hough discovered Palo Alto (the wine, not the city) about a year ago and often gives it as a gift. “It’s a lot of fun when you bring it to someone’s home, especially someone who is connected with the city. It always makes for interesting dinner conversation,” Hough said. Ironically, the wine might not actually be sold in Palo Alto. A quick, informal check of several Palo Alto stores revealed that not one carried the brand. Also, no word from Mountain View officials on whether they might be harvesting their own vintage soon — perhaps with a Google look-alike logo?

DOWNTOWN COMINGS AND GOINGS ... Taxi’s Hamburgers, 403 University Ave., quietly changed its name last week to Abbey’s. Same food, same prices, just new name. And the little Chinese restaurant, Windy’s, 168 University Ave., is gone. In its place is the Sprout Cafe, featuring “build your own salads.” MacArthur Park is having what it calls a “revival ribbon cutting” on Aug. 14 at 5:30 p.m. The restaurant, which opened in 1981, is celebrating a relaunch with its new chef, Faz, and one of the original owners, Chuck Frank. Champagne and assorted treats will be on hand.

Heard a rumor about your favorite store or business moving out, or in, down the block or across town? Daryl Savage will check it out. She can be e-mailed at shoptalk@paweekly.com.

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Yet for a number of reasons — some historical — south Palo Alto just hasn’t received its share of the city’s attention and resources, Schmid and Fineberg said. “You just have to look at the history,” Klein said. Most of the city’s facilities and parks were built when south Palo Alto was filled with orchards and fields, he said. The south was developed on a car-scale, with larger lots and gaps between stores and other amenities. The north has a tradition of local activism that just hasn’t ever been matched south of Oregon Expressway, Fineberg said. The lack of involvement stems at least in part from the south’s only recently disturbed stability, she said. “It’s been a quiet, sleepy place. There’s been nothing, no crises for people to rally around. People are comfortable,” Fineberg said.

In addition, houses turn over more frequently in the south and residents are less wealthy, Schmid said. Burt, Karen Holman, chair of the planning commission, and Curtis Williams, the city’s interim director of Planning and Community Environment, have a different explanation for the burst of new development in the south. Until recently, the city’s zoning code allowed housing to be constructed on commercial land with only minimal reviews. Following the dot-com bust, the market hungered for housing, making it profitable to replace offices and manufacturing facilities with condos, they said. Since then, the city has changed its zoning code, requiring developers to apply for a special permit to build housing on commercial land, Williams said. “I don’t think there’s been any thought or intention or oversight that’s caused the southern part of town to have developments that are possibly ill-advised,” Holman said. The marketplace goes much faster than (government). . . It is not likely the city could have made changes fast enough to prevent some of the projects that have happened.”

Burt said it isn’t accurate to conclude the south receives more or lower-quality development based on just the last five-or-so years. In north Palo Alto, acquiring Heritage Park and developing a blend of housing types, businesses and amenities such as child care in the South of Forest Area, for example, took a lot of work, Burt said. It wasn’t just given at our doorstep because we said, ‘We want this.’ It was a battle of 10 to 15 years with a whole bunch of people (involved),” he said.

He also pointed out the north has absorbed the city’s recent affordable-housing projects, such as the Opportunity Center, Alma Place and the Oak Court Apartments on Ramona Street.

The brunt of the massive expansions of the Stanford Medical Center and Shopping Center will also be felt in the north, Burt said. And although Schmid calculated that only 6 percent of city spending on buildings will go south of Oregon Expressway, another view of the city’s infrastructure projects is that 14 out of 38 projects listed on the 2008-2013 Infrastructure Management Plan are in the south. That includes new turf at the Cubberley playing fields, improved landscaping on Alma Street south of Charleston Road and a new restroom in Ramona Park.

Another 14 projects are in the north, and 10 in the Baylands, Foot hills or elsewhere.

Klein said he would oppose any proposal to finance infrastructure based on its location. “I would hate to have us get into the situation where if we’re spending $1 million in the north, therefore we have to fund $1 million in the south. I think it’s a far better policy for us to look at what’s needed the most,” Klein said.

Schmid admits that some inequity is inevitable. “Yet with such much new development, there has to be some kind of investment in the infrastructure to make it more amenable in a non-car environment.”

“I do not want to spend my council career talking about the past,” Schmid said. “I just want to make sure we are moving forward together.”

Staff Writer Becky Trout can be e-mailed at btrout@paweekly.com.
Palo Alto Medical Foundation and was a Resident from 1963-1964.

From 1964 until his retirement in 1990, Maurice practiced internal medicine and endocrinology at the Palo Alto Medical Foundation and was a Clinical Professor of Medicine at the Stanford University School of Medicine. He was one of the first endocrinologists to practice in this area and was a leader and innovator in the treatment of diabetes. He was a member of the Board of the Palo Alto Medical Foundation for 16 years and Director of their Clinical Laboratory from 1980-1990. During his professional career, he was a Vice President and a Regent of the American College of Physicians and a member of the Board of Governors of the American Board of Internal Medicine.

He is survived by his wife, Ellen, and their children: Susan (Frank) Soper of Dummerston, Vermont; Arthur (Frederico Farina) Fox of New York City; Maggie (Gibson) Bussey of Atlanta; Peggy (Eric) Sugar of San Francisco; and John (Gail) Thomason of Chicago. He is also survived by seven grandchildren: Sophia, Ian, Claire, Kate, Will, Clark and Carolina. In addition, he is survived by 5 brothers and sisters: Rena (Bud) Silverberg of Dallas; Alvin (Lauren) Fox of Nashville; Harry (Mary Ellen) Fox of Baltimore; Rochelle Levinson of Baltimore; and Howard (Michelle) Fox of Raleigh.

He lived a huge and fulfilling life amidst loving family, friends and colleagues. His family is indebted to all those who enriched his life. Private services were held at Congregation Kol Emeth in Palo Alto on August 3, 2008.

**PAID OBITUARY**
Deaths

Hollie Hill

Hollie Q. Hill, 44, a resident of Palo Alto, died of breast cancer July 14.
She was born and raised in the greater Santa Cruz and San Francisco Bay Areas.
She graduated from Harbor High School in 1981 and recently attended Mills College.

At Nokia INC she was an employee valued for her resourcefulness and friendliness.
She received the M.S. Society Mission Possible Award acknowledging her outstanding fundraising.

Loved ones recall her as genuine, playful, artistic, stylish and witty, with a magnetic inner beauty, and a joyful spirit.
Her hobbies included reading, sewing, book arts and collecting vintage ephemera.

She is survived by her parents, Frank and Carol Hill of Soquel, Calif.; siblings, Debra of San Francisco and Troy of Soquel; husband, Wayne Runyon of Palo Alto; and several aunts, uncles and cousins.
A memorial service was held Aug. 10 in Soquel.

In lieu of flowers donations may be made to Breast Cancer Connections, CAPE or a local SPA.

Joan Kaehler

Joan G. Kaehler, 88, a longtime Palo Alto resident, died July 27 at the Kaiser Permanente Hospital in Santa Clara after residing for two years in the Los Altos BridgePoint Retirement and Assisted Living in Los Altos.
She was born in San Francisco to Kitty and Melville Oppenheimer.
Her family later moved to Marin County, where she attended Ross Grammar School and Tamalpais High School.
She attended the College of Marin and then the University of California, Berkeley, where she received a bachelor’s degree in public health in 1941.
She worked as a lab technician for Berkeley and the federal government.
She worked at the Stanford University Linear Accelerator from 1965 to 1985.
She met her husband, Al Kaehler, while folk dancing in 1946.
“She had red hair and lots of pep,” Kaehler said.
They married Janu

y 31, 1948, in Ross, Calif.
In 1953 they moved to Palo Alto where they raised three children, all of whom graduated from Stanford University.

A nature enthusiast, she instilled in her children a deep appreciation of science, the natural world and conservation by taking them on frequent camping trips and outdoor excursions.
She was a lifelong member of the Sierra Club and was active in local conservation groups.

Over their long marriage, the Kaehlers enjoyed hiking in the Sierras, bird watching along the California Coast, and traveling in their restored antique cars and airplanes.
Her appreciation of classical music, impressionist painters, Eichler architecture and Danish modern furniture was evident in their home.

She is survived by her husband, Al; sons, Ted (and his wife Cynthia) and Charles; daughter, Sylvia; triplet grandchildren; sister, Nona Oppenheimer Kaufmann; and numerous nieces and nephews.
A memorial service will be held in October.
In lieu of flowers, donations may be made to Planned Parenthood, 1691 The Alameda, San Jose, CA 95126.

Isabel Merritt

Isabel “Lisa” Merritt, 85, a resident of Los Altos, died July 20 in San Jose from a stroke.
She was born in Huntington, NY.
She was married to the late Sylvester “Bill” Merritt.
She was a 30-year member of Foothill Christian Center in Los Altos.

She is survived by her sister, Maureen Tobin of Calif.; and several nieces and nephews.
A memorial service will be held Fri., Aug. 15, at 1 p.m. at Foothill Christian Center, 2420 N. Foothill Blvd., Los Altos.

David Yob

He was born in Fremont, Mich.
He attended St. Michael’s, St. Francis Assisi and Catholic Central High.
In 1972 he graduated as valedictorian of his class at Mona Shores High School in Muskegon, Mich.
He graduated from Stanford University with a bachelor’s degree in history, literature and modern thought.

He was a member of Stanford’s state championship college quiz bowl team and competed as a final

ist in the Washington, D.C., national competition.
Later, he qualified for “Jeopardy!” in Burbank, Calif.
He attended the Naval Post-Graduated Language Lab and served in the U.S. Air Force at Monterey, after which he joined World Savings Headquarters in Oakland.
He was later employed by Payne Weber in Palo Alto.
He is survived by his mother, Theresa H. Yob of New Cumberland, Penn.; as well as his four sisters, Mary Jo Griffin of Midland, Mich.; Susan M. Yob of Mich.; Paula J. Kerns of Santa Rosa, Calif.; Theresa A. Yob of Millbrae, Calif.; and Judith A. Yob of Palo Alto; and his three brothers, Joseph C. Yob Jr., Carl M.

Yob, Jonathan A. Yob, all of Tampa, Fla.
He is also survived by his eight nieces and nephews.

Masses were said at St. Catherine of Siena, Burlingame, as well as at St Bridg’s of Midland, Mich., Christ the King, Hesperia, Mich., and in Sparta, Mich.
Memorial services were held at Moss Landing, Calif., where he was buried at sea July 2.

William F. Craven

William F. Craven died on August 2, 2008, succumbing to cancer. He was at home with his family by his side.
He was born and raised in Richmond, California, and then attended UC Berkeley, where he earned BS and MS degrees in electrical engineering.

After college, Bill began a 37-year career at Hewlett-Packard. He started as an engineer, and prior to his retirement served as a Vice President of the company and General Manager of the Components business.

He enjoyed ten years of retirement, during which his favorite pursuits were fly fishing, duck hunting, sailing, skiing, genealogy, and spending time with his grandchildren.
He is survived by his loving wife of 49 years, Kay Craven; daughter Kendra Craven and her husband David Laitin; son Mark Craven and his wife Susan Goral; grandchildren Chloe and Will Laitin, and Owen and Kelly Craven; and sister Roy Monson.

Memorial contributions may be made to the UC Berkeley, Engineering Fund (208 McLaughlin Hall, #722, Berkeley, CA 94720) or the Menlo Park Presbyterian Church Ethiopian Initiative (900 Santa Cruz Ave., Menlo Park, CA 94025).

Anniversary

Victor and Norma Hesterman

Victor and Norma Hesterman of Los Altos Hills celebrated their 50th wedding anniversary July 6 at Trinity Lutheran Church in Palo Alto.
The event included a vesper service, a dinner and a program of original music, toasts and a slide show in their honor, planned and given by their children.
Out-of-state relatives included the name and telephone number of a person who might provide additional information about the deceased.
Photos are accepted and printed on a space-available basis.
The Weekly reserves the right to edit obituaries for space and format considerations.

Announcements of a local resident’s recent wedding, anniversary or birth are also a free editorial service.
Photographs are accepted for weddings and anniversaries.
These notices are published on Wednesdays as space is available.
Send announcements to the mailing, fax or e-mail addresses listed above.

John Graham IV

John Graham IV died Sunday, July 27th after battling esophageal cancer since 2006. He was 69.
Born in Pampa, Texas, he grew up in McLean, Texas and later moved to Lubbock, Texas.
He graduated from Monterrey High School and served 4 years in the US Navy.
Upon his return to Lubbock he began a 4 year apprenticeship program with Southwestern Public Service as a lineman.
He met his wife in Texas and they were married in 1963.
They lived 40 years in Palo Alto, Ca.
He was an electrician lineman for the City of Palo Alto for 11 years and the City of Santa Clara as a Foreman for Underground electricity until his retirement in April 1999.
In 2002 he and his wife moved to Cameron Park, California.
He is survived by his wife – Judy Graham, his daughter and husband – Georgiana and Walter Boss, and his son – Kristopher Sean Graham, his sisters – Jane Jones and Janice Graham, his brother – John Graham, and numerous nieces and nephews.
His ashes will be returned to McLean, Texas.
In lieu of flowers, the family requests donations be made to Ride & Shine, P.O. Box 1864, Shingle Springs, Ca. 95682 or to the charity of your choice.

Births

Cristina Rosas and Mark Abraham of Palo Alto, a son, June 30.

Arati and Henrik Gerdes of Palo Alto, a daughter, July 31.

Tara and Ryan Rossel of Menlo Park, a son, Aug. 1.

Transitions

Deaths, marriages and deaths

Births, marriages and deaths

Submissions Transitions announcements

The Palo Alto Weekly’s Transitions page is devoted to births, weddings, anniversaries and deaths of local residents.
Obituaries for local residents are a free editorial service.
Send information to Obituaries, Palo Alto Weekly, P.O. Box 1610, Palo Alto, CA 94302, or fax to 326-3928, or e-mail to editor@pawekly.com.
Please include the name and telephone number of a person who might provide additional information about the deceased.
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PAID OBITUARY

PAID OBITUARY

PAID OBITUARY

PAID OBITUARY
Police have right policy on 'property' pursuits

The danger to innocent persons, and officers, from a high-speed chase is extreme, and such pursuits should be reserved for the most-serious crimes.

This was brought home to the community last week when Palo Alto officers backed off from chasing two burglary suspects who fled after being spotted loading goods into their car from a home on Greer Road in south Palo Alto. But it could have been anywhere.

One suspect was later arrested after being traced by detectives following a crash in the East Bay (where he was chased) and the odds seem good that the second suspect will be identified. Plainclothes officers on a burglary-prevention assignment in south Palo Alto and an alert citizen both spotted the crime in progress.

The result was one more suspected burglar taken off the streets in addition to four earlier suspects nabbed within a couple of weeks. Good police work combined with reasonable policies of tracking suspects rather than dramatic high-speed chases for lesser crimes is the best response.
Some wise sage must have once said that yesterday’s crazy ideas become today’s mainstream ones. Keep that thought in mind as you consider my latest idea. I will let you decide whether it is crazy or ready for prime time.

With increasing civic engagement a current goal of our City Council and a perennial goal of our Human Relations Commission, how about giving people an incentive for volunteering for the city? Once you have people volunteering, most learn how much they like to volunteer — and when they realize the benefits they derive they will want to continue. At that point the incentive could be phased out.

The getting-started incentive I propose is to give a discount on the volunteer’s utility bill. The money lost in giving the discount could be more than made up for in hours dedicated to the city by our newly motivated volunteers. This discount could also be a way to help those residents in our community who are struggling to pay their utility bills on top of all our other expenses.

Could utility-bill discounts help foster civic engagement?

by Jeff Blum

Some may say my proposal smacks of social engineering a la the fiasco we had a few years ago when our council members attempted to set guidelines for proper behavior toward one another during meetings. Our community was ridiculed by many commentators for attempting to force our leaders to smile at one another as they conducted business. It was a failed attempt to be politically correct.

If this proposal is social engineering it is a different type because it does not attempt to be politically correct. It is directed toward improving our community rather than forcing us to be civil with each other.

We provide our children with incentives for volunteering: They learn that it looks good on college applications that they have been active in their community. Of course our children derive many other benefits from their volunteer work.

Another program offering incentives for people to volunteer is the “community service” sentencing program for some misdemeanor crimes, run by the courts.

If my plan is adopted other communities will be jealous when they observe our city running like a well-oiled machine, extra staffed by volunteers.

Some residents complain we already have more than enough people working in the city and we do not need volunteers interfering in city operations. I do not buy that. The city can always use more help. However, presuming it is true that we are so chock full of city employees that they are stepping on one another’s toes, we can put some of those extra employees to work in organizing and implementing this plan. They can, for example, register volunteers and assure the volunteers perform the services for which they volunteer.

My plan could work like the greenhouse-gas-emission credits/caps proposed in Congress by environmentalists and by others. This plan provides businesses with incentives to restrict greenhouse gases they emit into the atmosphere.

Could my proposal have the opposite effect of causing utility customers to use their utilities more knowing they will have a discount from volunteering? That’s a reasonable question to which I do not have the answer.

Someone has to run projections to see if my plan is viable. How many hours must a volunteer contribute for each $10 discount on the volunteer’s utility bill? Can we compensate volunteer tenants who have their utility expenses covered by their rent in some other fashion, such as by giving them a discount card at a local restaurant (thereby benefiting our local businesses)?

I do not underestimate the complexities involved in bringing this idea to fruition. I am not a numbers person, so I am not the best person to determine what is needed to make this plan economically and socially viable. However, since I like to volunteer I am willing to participate to make this plan happen — an appropriate discount on my utility bill will be so much frosting.

Palo Altan Jeff Blum, a family law attorney practicing in Palo Alto, is a former member of the Human Relations Commission and a member of the Board of Directors of the Palo Alto YMCA. He can be e-mailed at Blumovg@aol.com.

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Environmental Volunteers

Breaking Ground: Our EcoCenter Environmental Volunteers Sunday, Sept 14th, 1:00 pm at the Duck Pond Palo Alto Baylands Join the nonprofit Environmental Volunteers at the Palo Alto Baylands as we mark the start of restoration of the historic Sea Scout building into our EcoCenter, a community resource for environmental education. For more info, visit us at www.EVols.org

Programs
• Kids-in-Nature Classroom and Field Trip Program
• Summer Camp
• Palo Alto Baylands Weekend Educational Program
• Volunteer Docent Training

3921 E. Bayshore Road Palo Alto, CA 94303 Phone: 650.961-0545 Fax: 650-961-0548 South Bay:
4020 Moorpark Ave, Ste. 104 San Jose 95117 info@evols.org www.EVols.org

Learning Science Through Nature

Environmental Volunteers is an award-winning provider of hands-on science education for K-8 graders. With the dedication of nearly 200 volunteer docents, the EV shares the wonders of the natural world with children, sparking their interest in lifelong learning through discovery.

Founded more than 36 years ago, the EV has pioneered innovative teaching methods and now serves more than 10,000 children annually, assisting 350 teachers in 80 schools in the South Bay and Peninsula regions.

Volunteer docents receive university-accredited training as preparation to deliver environmental science education services in classrooms and on field trips. EV docents also staff the Nature Interpretive Center at the Palo Alto Baylands on behalf of the City of Palo Alto.

The EV also offers the community weekend nature programs in the Baylands, and summer science camps for elementary and middle school-age children.

Our Mission
To promote understanding of and responsibility for the environment through hands-on science education.

Board of Directors
Carol Broadbent Fields
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Sajjad Masud
Stan Mantell
Bob McIntyre
Shari Mullen
Bob Phillips
Sally Tomlinson
Allan Berkowitz, Executive Director

Sources of Funding
Environmental Volunteers is funded through donations from individuals, corporations and private foundations in addition to program fees.

Volunteer Opportunities
Requirements are simple—all you need is a love of children, nature and learning. You don’t need to be a science expert. All of our volunteers are trained in our San Jose State University accredited teaching program. Join us to help ensure that all local children will receive hands-on, innovative environmental education. Weekend and weekday volunteer opportunities available.
Letters
(continued from page 16)

It is a vision that doesn’t represent us. If you look over the poll results, it seems that many of the respondents might agree with us.

We would support a more modest library bond for the following: upgrading to more efficient energy usage (lighting, heating, water, electricity); developing/expanding the inter-library loan practice; improving bathroom facilities until the Teen Center as needed; a more modest expansion of Mitchell Park, Main and the downtown branches.

Rather than demolishing the past, why not connect with it and add wisdom from our current knowledge? As our 10-year-old son said, “No! Tell them that we’re all mad.”

Star Teachout
Whittall Avenue
Palo Alto

Hangar One has little value

Editor,

Your editorial of Aug. 6 advocates that the U.S. Navy restore Hangar One at a cost of $41 million because of its historic value and to maintain the sightlines for the residents of the Palo Alto foothills.

Even though there is no known use for the restored hangar, you advocate that the taxpayers preserve Hangar One and then a use will miraculously appear.

I would argue that Hangar One has very little historic value. The U.S. Navy investigated the utility of blimps in the 1930s and they were little used in World War II; better anti-submarine technologies such as radar-equipped patrol planes and escort carriers were used instead. Just because it has been there for 80 years does not mean it has to be maintained forever. Should we build doze the shopping malls and the R & D buildings and replant the prune orchards because they look better from the foothills?

A “Field of Dreams” this is not. What a waste of taxpayers money. Why decrease the members of “Save Hangar One” to a philanthropic source or their own fund-raising if they want to rebuild the hangar.

After the navy completes the removal of toxics, the site should be restored to what it was before the navy built Moffett Field. The Baylands and sloughs — until a better use comes along.

Mike McMahon
Grove Ave
Palo Alto

Bay to Ridge

Editor,

Thanks to Becky Trout for her July 30 cover article on the Bay-to-Ridge Trail. I found it so inspiring that I had to do it a few days later.

It took about 8 1/2 hours, plus an extra 3/4 hour for an extension I added (see below). It’s a delight — more varied ecosystems than any other hike I can remember.

Here are some tips: Be prepared and in good shape. 16 miles uphill (17.7 with the optional extension) is not your average walk in the park. If you’re not used to it, start smaller and build up.

Along with the City of Palo Alto’s main “Palo Alto Open Space” map, I also brought more detailed maps of the Baylands, Enid W. Pearson Arastadero Preserve and Foothills Park, plus the Mid-Peninsula Regional Open Space District’s Los Trancos and South Skyline Region maps. You can usually pick the latter up at the main entrance to Monte Bello but why not be safe — you’ll need it for the portion that doesn’t show on Palo Alto’s main map.

Arrange a car shuttle. Park one car at Skyline Ridge (or Russian Ridge, if you like the extension described below), then get dropped off at the Baylands Sailing Station. Embarrasser’s unignet, but it’s the first main street to your right. Take Faber Place straight into the wetlands and turn right. At the next junction, turn right out of the wetlands to arrive at East Bayshore. The bike/pedestrian overpass is across the street, very slightly to the right.

You can get by with just one water bottle and a snack for the first hour and a half. Arriving at Mollie Stone’s, California and Park, enjoy their salad bar/deli for your first meal; pack a second, plus water and snacks, for the rest of your trip.

At the end of Stanford Avenue turn left on Foothill, right on Page Mill through 280 and right on Arastadero to the Preserve entrance on your left. If you have an old Arastadero Preserve map, toss it — it’s the trail conditional. At the end of Arastadero Preserve, ignore the “No Entry into Foothills Park” signs — that changed last year. Entering Foothills Park, turn right at the “T” and head downhill to the main interpretive center to refill your water bottles and refresh yourself in the air-conditioned building. Continue on the main road, turning right into Orchard Glen picnic area, then left onto the road that takes you to the Fern Loop trail, on your right.

If I’m remembering right, it’s the Pony Tracks Fire Trail that takes you from Los Trancos Trail in Foothills Park to the Page Mill Trail in Los Trancos Open Space Preserve. Even with the more detailed Los Trancos map, I somehow missed the last portion of the Page Mill Trail and found myself on Francisca Loop. No biggie; same distance and ends up at the same place.

When you cross Page Mill Road into Monte Bello you have three choices, all about the same length (the first two show on the P.A. Open Space map): Canyon Trail to Indian Creek Trail, White Oak Trail or Stevens Creek Nature Trail. Finally, you arrive at Skyline Ridge.

It, however, you elected to park your car at Russian Ridge instead of Skyline, continue another 1.7 miles on the beautiful Bay Area Ridge Trail, enjoying fabulous sunsets down the other side of the ridge and out toward the ocean. That’s where this trail will lead, eventually.

My sincere thanks to all the great folks who made the Bay to Ridge a reality.

Dambara Begley
Monroe Drive
Mountain View

Clean volumes?

Editor,

Why all the continuing hoopla on building a state-of-the-art library?

The Oxford English Dictionary defines library in part as “a large organized collection of books for reading or reference for use by the public ... a building or room containing such a collection of books, films, records, music, etc.”

What good is a state-of-the-art library housing cooties books, volumes that should have been replaced decades ago? Many of these books are still in print/available.

Let’s spend some funds on “clean” volumes before we construct a brand new building only to re-shelve filthy materials.

Barbara Cleveland
2234 Kipling Street
Palo Alto

Plumbing Problems?

Looking for Green Tips?

Whether it’s finally fixing those nagging plumbing problems or getting ideas for better water conservation, the County Consumer Plumbing Service and Repair Group can help.

Count on us for all your plumbing service and repair needs. We are priced competitively. All services are performed by licensed, professional, plumbing service technicians.

1-800-378-DRIP : 24-hour service
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Nearly 400 Qing Dynasty courtyards await restoration in Pingyao, China. Courtesy of the Global Heritage Fund

Building a future on ancient sites

by Christine Karavas and Arden Pennell
When the Olympic torch passed through the Chinese province of Shanxi in June, only one foreigner carried the flame — Jeff Morgan, founder of the Palo Alto-based Global Heritage Fund.

“Everyone there is just very proud,” Morgan said. “This is a big deal. It’s a real honor for the whole country. There’s an amazing energy in China for this event.”

Morgan was chosen to bear the torch for his efforts to preserve and restore the ancient city of Pingyao, once a famous center of Chinese banking. Located 444 miles southwest of Beijing, the city of roughly half a million citizens has declined since the advent of communism, he said.

But its intact 14th-century city walls and historic architecture, recognized as a World Heritage site by the United Nations Educational, Scientific and Cultural Organization (UNESCO), provide a glimpse into five centuries of cultural, social, economic and religious development, according to the nonprofit.

A small tourism industry has grown up around the ancient city, but Morgan and the fund are working to further restore ancient structures and build more sustainable tourism.

By doing so in Pingyao and at dozens of other historic sites around the world, the Global Heritage Fund leaders are trying to ensure that economic prosperity will take hold in those communities, replacing poverty.

The Chinese government recognized Morgan’s efforts by inviting him to run with the torch through Pingyao on June 25, with a 50-yard dash along the top of the city’s historic wall.

“I think what was really nice was that the mayor placed my segment on top of the ancient wall, and then I came down the stairs,” Morgan said. “Having the chance to be on the wall and identify with the heritage and everything else was really nice.”

As he ran the torch, people cheered, “Beijing jiayou,” which Morgan said roughly translates to “Go for it!” In addition to Global Heritage Fund conservation members based in China, Morgan’s wife and three children were among the crowds of supporters.

“It couldn’t be better [than] to have your kids screaming and taking pictures,” Morgan said. “It was so fun to watch them. And they came back and one of the things they said was, ‘I can’t believe how lucky we are to live in the United States.’”

Running the torch came as a surprise, according to Morgan.

“I didn’t find out until they sent me a letter asking for my shoe size and shirt size,” he said. “And then the list was published on the Internet by each Olympic Committee. And that’s when I saw my name, and it was the only foreign name on there.”

The red-and-white torch now sits in Morgan’s office, a reminder of his participation.

“It just seems like a long time ago,” Morgan said. “I’m looking forward to watching the Olympics.”

Born and raised in Palo Alto, Morgan graduated from Palo Alto High School in 1980. The son of Jim Morgan, Applied Materials board chairman, and Becky Morgan, former California State senator, he attended Cornell University, where he got a degree in urban and regional planning. He then went to Stanford University and earned a master’s degree in management from the Graduate School of Business. Before the Global Heritage Fund, Morgan worked for Hewlett-Packard Co. and Sun Microsystems, as vice president of marketing and vice president of business development respectively. He now lives in Portola Valley.

organ began thinking about making the switch from business to the nonprofit world after spending a weekend at Catalina Island’s Santa Cruz Island Nature Conservancy Refuge with friend and then-director Steve McCormick.

McCormick encouraged him to pursue conservation, and Morgan felt a long-dormant interest awakening in cities and societies, first developed when he studied planning as an undergraduate.

Morgan then met Ian Hodder, the chairman of Stanford University’s archaeology department, and the idea for a nonprofit began to come together. Morgan was impressed with Hodder’s focus on long-term sustainability of archaeological sites. Together, they built an advisory board and wrote the charter for the new nonprofit — the Global Heritage Fund.

Located on Emerson Street, the group’s goal is to help Third World economies preserve their local, historical gems — while building responsible, thriving tourist industries, Morgan said.

Too often, heritage is thrown aside as modernity marches on, he said.

“These sites are being destroyed left and right, especially in Asia where there’s been a lot of growth, so they just wipe them out” to build cinderblock apartment complexes.

Or, villagers don’t know the gold mine along side them, he said. They take stones from an ancient, crumbling temple to build their homes — never realizing the potential in their back yards.

“A lot of them just don’t realize that their grandkids could be making thousands of dollars on this type of thing,” Morgan said.

Both development and ignorance lead to missed opportunities to uncover, preserve and enjoy the ancient past.

“A forest can grow back, but [historical] sites can’t. Once they’re gone, they’re gone forever. And we’re losing them on our watch right now.”

— Jeff Morgan, executive director, the Global Heritage Fund

Cover Story

When the Olympic torch passed through the Chinese province of Shanxi in June, only one foreigner carried the flame — Jeff Morgan, founder of the Palo Alto-based Global Heritage Fund.

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Jeff Morgan, founder of the Palo Alto-based Global Heritage Fund, runs the Olympic torch in Beijing, sites in China, Guatemala, India, Iraq, Libya, Pakistan, Peru, Russia, Turkey and Vietnam. The long-term goal is to invest $20 million over the next 10 years. Currently, the fund is at work at 12 sites, including Pingyao, where Morgan said he plans to invest $1.5 million in total.

"We try to set up a financial trust that's sustainable, and once money keeps going into it to keep things going," Morgan said.

For the 10th and 20th centuries, Pingyao was a major banking city along China's Silk Road. The ancient walled city — beyond which modern developments stretch to the Northeast — contains more than 4,050 Ming- and Qing-era courtyard buildings (some dating back nearly 700 years), as well as temples, towers, palaces, banks and ancestral theaters, according to Morgan.

"It's one of the poorest places in China," Morgan said.

The group is hoping to find some older citizens and construct small traditional rural villages near Pingyao, starting with one. "You can't always save it completely, but you can encourage the revival of artisan enclaves and traditional crafts," Morgan said. "We're trying to get the local business people to be the owners of the site...We're trying to get the local business people to own and maintain the sites and keep them going," Morgan said.

"It's very new. Nothing like this has happened before anywhere in the world, so it's pretty new," Morgan said.

The 14th-century city walls of Pingyao were well cared for until about a hundred years ago, according to the Global Heritage Fund's Jeff Morgan. At the end of the project, Pingyao residents would own and manage the sites. The fund would also support local artisans and pay for the upkeep of sites.

Tourists currently head to a few main spots in the city — beyond which modern developments stretch to the Northeast — contains more than 4,050 Ming- and Qing-era courtyard buildings (some dating back nearly 700 years), as well as temples, towers, palaces, banks and ancestral theaters, according to Morgan.

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We are a consumer assistance program
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(1 block north of Stanford Shopping Center & 2 blocks south of Downtown Menlo Park)
Firoozeh Dumas, an immigrant from Iran, is a Palo Alto author who wrote the popular memoir, “Funny in Farsi” several years ago. She’s done it again.

While her earlier memoir concentrated on the culture shock of coming to America, “Laughing Without an Accent” includes much more detail about growing up in Iran, the culture shock of moving from small Tehran to California, and the equally disturbing shocks of living first in Southern California and then being a college student in Berkeley.

Dumas relates a touching story of how, when she was a 6-year-old girl, she couldn’t help but listen to conversations of others on the telephone party line her family shared with other families in their Tehran apartment building.

Some of the other tenants became angry at her listening to their conversations while others grew used to it.

“I never took it personally,” Dumas wrote. “I had no TV, games, after-school activities or playmates. It was either the phone or playing with matches. Luckily for the other tenants, I was afraid of fire.”

While living with her family in Tehran, they had a unique evening pastime. They lived across the street from a police station and would gather on their balcony every evening to watch and listen to what was happening.

It was better than having a TV.

... every evening was a reality show,” she wrote. “This being Iran and not Norway, the people who came to the police department were expressive and loud. People fought and swore and insulted each other’s mothers. Really angry people used their hands so much that spoken language seemed like an unnecessary accessory.”

A tradition in Iran at the time was that members of a wedding party would honk their horns while driving through the city, which the police sometimes took exception to.

So Dumas and her family were startled when members of one wedding party were arrested for excessive honking.

“Seeing a bride and groom all dressed up and swearing was way more exciting than anything I remembered from Abadan (the small city where she first lived),” Dumas wrote. “I couldn’t understand why they had been arrested since all wedding parties honk, but my father explained that they were probably rich and the police officer probably just wanted a bribe.”

Her parents play a key role in her second memoir. In her first book, she wrote about how her father, an engineer, should never be left alone in her home with tools while she was gone.

She writes about her parents in a touching, loving way, accentuating the cultural shock of being in America. Indeed, at one point, her mother relates how her daughter may be taking notes.

Her time in Southern California was difficult and disquieting, since her reference points were a small town in Iran and Tehran.

But it was when Dumas became a student at the University of California, Berkeley and met her future husband (“the Frenchman”) that she truly had an ice-in-Wonderland experience.

“Many immigrants agree that at some point, we become permanent foreigners, belonging neither here nor there,” Dumas wrote. “Many times have been written trying to describe this feeling of floating between worlds but never fully landing ... The one and only time I felt like a complete foreigner was in college.”

The sharpened politics and counter-cultural flavor weren’t the disquieting parts for her.

“Almost all evening activities revolved around binge drinking,” she wrote. “My not drinking had nothing to do with being Muslim or Iranian.” It was a family trait.

Dumas tried, almost desperately, to find a group of students she could fit in with, who would share her sense of fun.

“For my first attempt at finding my niche, I joined a church social group, thinking they didn’t drink and might be fun,” she wrote. “They probably would have been fun if there had been more than six of them and if I had not mentioned that I was Muslim.”

But living off campus kept Dumas apart from the milieu of other students until she moved into the International House and met a guy from France, so it is a story that ends well and can be recalled with Dumas’ underpinning of coming to America, “Laughing Without an Accent” several years ago.
**Funny again** (continued from previous page) stated humor.

As a student, Dumas once vacationed in France. She did the usual tour of the museums, including a four-hour bus ride to Mont St. Michael, the site of a 10th century chapel.

But Dumas was embarrassed on the long bus ride because of the young, affectionate couple sitting in front of her.

“A few seconds later, she started nibbling on his earlobe; he kissed her neck,” Dumas wrote. “We were barely out of the parking lot. She licked his cheek; he chewed on her ear cartilage. They were either in love or very hungry.”

The story is noteworthy because she later met the woman in question and remembered the bus ride.

Her powers of observation, along with her humor, makes reading “Laughing Without An Accent” and the earlier “Funny in Farsi” so enjoyable.

I won’t give it away, but Dumas has two teen daughters and it’s hilarious to read her observations about the clothes that are popular with teen American girls when she goes shopping with them.

She tells about going on a cruise with her parents to celebrate her father’s birthday. It was a large family gathering and they, Iranians, sang “Happy Birthday” in English because “a large group of Middle Easterners these days scares people enough.

“And Dumas reflected on how news coverage skews our view of the world.

“I realized something that year,” she wrote. “Most people in America watch the evening news to learn about the world, but what they’re really seeing is the worst of every country. Only bad news is news. The worse it is, the more coverage it gets. There will never be headline news that says, ‘Decent Middle Eastern Family Found!’ Tune in at eleven for full coverage!”

Well, no.

But anyone who reads “Laughing Without An Accent” will know and appreciate that Senior Staff Writer Don Kazak can be e-mailed at dkazak@paweekly.com.

This month’s picks by Frank Sanchez, head book buyer at Kepler’s Books in Menlo Park, include a book about the modernization of Beijing, a memoir by novelist Larry McMurtry about his life as a bookseller, a tribute book to the late Robert F. Kennedy, and more.

“The Last Days of Old Beijing: Life in the Vanishing Backstreets of a City Transformed” by Michael Meyer is just in time for Summer Olympics. The author, a journalist, volunteer English teacher and long-time Beijing resident, reflects on the quickening pace of modernization. Meyer notes that a way of life and a sense of community is being lost as new buildings rise in old neighborhoods.

“Books: A Memoir” by Larry McMurtry is the author’s fond look back at a lifetime of book collecting and selling (he operates a large bookstore in his hometown of Archer City, Texas). McMurtry is the author of “The Last Picture Show,” the Pulitzer-Prize-winning novel “Lonesome Dove,” and many other works of fiction. He tells how books have affected his life as a reader and a writer.

“RFK” by Paul Fusco is a tribute book to Robert F. Kennedy, one of several that are commemorating his assassination 40 years ago. Fusco was a staff photographer for Life magazine in 1968 when he was commissioned to photograph all the events of RFK’s funeral, including the dramatic train ride when thousands of Americans lined the tracks to pay homage to the funeral train.

“Names on the Land: A Historical Account of Place-Naming in the United States” by George R. Stewart is the republication of a classic work first printed in 1945 by the co-founder of the American Name Society. How some places are named is well-researched and fascinating. It’s also a beautifully illustrated book. There are, by the way, Palo Altos in seven states.

“A Romance On Three Legs: Glenn Gould’s Obsessive Quest for the Perfect Piano” by Katie Hafner is the story of the eccentric and acclaimed pianist’s continual dissatisfaction with the pianos he played and his search for one that would meet his exacting standards. The author is a New York Times correspondent.

“What I Talk About When I Talk About Running” by Haruki Murakami is a memoir by a Japanese writer who decided decades ago to keep fit by long-distance running. The book is mainly a memoir of his four-month preparation for the 2005 New York City Marathon but is also about his life as a writer and his love for jazz music.

“Physics for Future Presidents” by Richard A. Muller covers a range of technology and other issues of great concern, including the possibility of nuclear terrorists, viable alternatives to fossil fuels, nuclear power, global warming, and more. The book is written in non-technical language and amply illustrated.

“The Flight of the Hummingbird” by Michael Yahgulanaas is a slim book written as a parable of a hummingbird trying to stop a great forest fire. The parable is based on the Quechan people of South America and the Haida of the Pacific Northwest.

— Don Kazak
Expectant Caregivers …
The 5th Annual Caregiver Conference at Avenidas will feature What to Expect When You’re a Caregiver. The interactive conference takes place on Aug. 16 from 8:30 a.m. to 3:15 p.m. and includes a continental breakfast, lunch, ice-cream social, reference materials and prizes at sponsor booths. The keynote speaker will be from the Institute on Aging. Tickets are $45. The conference takes place at Avenidas Rose Kleiner Senior Day Health Center, 270 Escuela Ave., Mountain View. Register by calling 650-289-5445 or online at www.avenidas.org.

Healthy Communities …
A conference hosted by San Mateo Councilwoman Rose Jacobs Gibson called Community Solutions to Homelessness — nVision Regional Forum will take place on Aug. 14 from 7 to 10 p.m. at the Menlo Park City Council Chambers, 701 Laurel St., Menlo Park. Panelists include Dr. Don Barr and Dr. Lars Osterberg of the Opportunity Center, Kathy Espinosa-Howard of Palo Alto Community Services and Dr. Keith Harris of the Veteran’s Administration Homeless Programs. Youth at Risk panelists include Dr. David Chernis, juvenile mediation program manager of San Mateo Superior Court; Peter Fortenbaugh, executive director of Boys and Girls Club; Dr. Sophia Yen, Lucile Packard Children’s Hospital Teen and Youth Health Clinic; Menlo Park Police Cmdr. Lacey Burt, and Sgt. Eric Cowans and Alejandro Vichez, Peninsula Conflict Resolution Center mediator/facilitator. Free.

Hot Flashes or Global Warming? … Palo Alto Medical Foundation will host a lecture by Dr. Meg Durbin on menopause, Is It Me or Global Warming? on Sept. 9 from 7 to 8:30 p.m. at the Palo Alto Clinic, 795 El Camino Real, Level 3, Hearst Center for Education, Palo Alto. Free. Call 650-853-2960 to register.

Teen Talk … Seminars for parents and preteens to discuss growing up take place at Lucile Packard Children’s Hospital this September. Heart to Heart, A Seminar on Growing Up for Boys takes place Sept. 12 and 19 at 6:30 p.m.; the class for girls takes place Sept. 23 and 30 at 2:30 p.m. Call 650-723-4600 for more information.

Mending a Broken Heart …
Dr. Natalie Raigdon will discuss How to Mend a Broken Heart: Depression and Cardiovascular Health at the Stanford Women’s Health Center Littlefield Lecture Series on Sept. 17. The lectures are free. Lectures are held at Arrillaga Alumni Center, 325 Galvez St., Stanford. To RSVP, call Janice Fowler at 650-725-0455.

Health & Fitness
A monthly section on recreation and health, edited by Sue Dremann

Mind over matter
‘Virtual’ self can help dieting, exercise
by Sue Dremann

Dieting by proxy — it’s a tantalizing fantasy. But the way people see themselves behaving on screen can affect real health changes, Stanford researchers have found.

Stanford University’s Virtual Human Interaction Lab researchers have been studying how an avatar — a cartoonish representation of the self found in virtual-reality games and in the virtual world Second Life — changes real-world behavior.

Now, there’s evidence that what one’s avatar does can have real-life health implications, according to researcher and lab manager Jesse Fox.

Place people in front of a screen and have them watch a virtual self get fat, and they’ll decide to forgo that Snickers at snack time, she said.

Fox is a social scientist who studies exercise and fitness. She grew up in Kentucky, where 60 to 70 percent of adults are obese, she said. Given a choice between watching one’s own avatar exercise, seeing someone else’s avatar exercise or seeing another person doing nothing, Fox discovered that after only five minutes of seeing the virtual self on a treadmill, 60 subjects were inspired to exercise for one hour longer within 24 hours than were the other groups.

Another study attempted to inspire people to work out. Given hand weights, subjects viewed a computer screen with the image of their avatars while exercising. People saw their avatar slim down while exercising but grow in girth when they stood still.

“When it came time to stop exercising, people were likely to stay in the virtual world and were motivated to exercise,” she said. There were no differences between the sexes, she added.

Likewise, people who saw their avatars slim down as opposed to remaining unchanged were more likely to continue exercising in the short term after the session, she said.

“People got horrified when they saw themselves gain weight,” she said.

Virtual technology could have far-reaching applications if it could be integrated into a long-term weight-loss program, according to Fox.

“Another thing that keeps people motivated is seeing themselves change,” she said.

The virtual world is so powerful because the human brain isn’t wired to differentiate between the real and the virtual, according to Jeremy Bailenson, the lab’s director. That failure to distinguish can create many complex feelings and reactions. Wearing a head-mounted display, subjects who view an avatar crossing a pit experience a real sense of vertigo. Dodging virtual cars on a busy virtual street, subjects have a real sense of danger. The experience is not unlike the suspension of disbelief that drives the ability to empathize with fictional characters, he said.

Fox had subjects watch their virtual selves make food choices. The avatar chose between eating from a bowl of virtual carrot sticks and a bowl of Reese’s peanut-butter cups. The numbers are not yet in on that study.

But watching all of that food being consumed had an impact on the researchers. Fox’s grocery bill doubled. And Maria Jabon, the lab’s lead software and systems engineer, couldn’t stay away from chocolate. Frazzledly aware of her diet, Jabon ate it three times one week when she ran the study, she said.

“It’s so real — it’s so there. In some cases the avatars kept scooping into the Reese’s bowl. I had to blame it on the study and I refused to run that study anymore,” she said.

Sue Dremann can be e-mailed at sdremann@paweekly.com.
**City of Palo Alto Recreation Presents**

**24th Annual Palo Alto Weekly Moonlight Run & Walk**

**Friday, September 12, 2008**

**TIME & PLACE**
- Please note times: 5K walk 7:15pm, 10K run 8:15pm, 5K run 8:45pm.
- Race-night registration 6:15 to 8:00pm at City of Palo Alto Baylands Athletic Center, Embarcadero & Geng Roads (just east of the Embarcadero Exit off Highway 101).
- Parking — go to PaloAltoOnline.com to check for specific parking locations.

**Course**
- 5K and 10K loop courses over Palo Alto Baylands levee, through the marshlands by the light of the Harvest Moon! Course is flat, USAT&F certified (10K run only) on levee and paved roads. Water at all stops. (Course map available at www.PaloAltoOnline.com)

**Registrations & Entry Fee**
- Pre-registration fee is $20 per entrant (postmarked by September 5, 2008) and includes a long-sleeve t-shirt. Late/race-night registration is $25 and includes a shirt only while supplies last. A scantron card must be filled out at race-night registration.
- Family package: Children 12 and under run free with a registered parent. A completed entry form for each child must be submitted with adult registration. Please indicate on form and include $10 for an adult small t-shirt. No confirmation of mail-in registration available. Registration also available online at www.PaloAltoOnline.com. Refunds will not be issued for no-show registrations (and t-shirts will not be held).

**Sports Team/Clubs**
- Pre-registration opportunity for organizations of 10 or more runners; contact Amy at (650) 326-8210 ext. 285.
- Minors: If not pre-registered Minors under 18 MUST bring signed parental/waiver form (below) on race night to participate. In addition scantron card must be completely filled out at race-night registration.

**Divisions**
- Age divisions: 9 & under; 10-12; 13-19; 20-29; 30-39; 40-49; 50-59; 60-69, and 70 & over with separate divisions for male and female runners in each age group. Race timing provided for 5K and 10K runs only; not 5K walk.

**Computerized Results by A Change of Pace**
- Race results will be posted on the Internet at www.PaloAltoOnline.com 10am on 9/15. Registration forms must be filled out completely and correctly for results to be accurate. Race organizers are not responsible for incorrect results caused by incomplete or incorrect registration forms.

**Awards/Prizes/Entertainment**
- Top three finishers in each division. Prize giveaways and refreshments. DJ, Efren Ayala. Pre-race warmup by Sports and Spinal Injury Specialist K. Skinner, R.N., D.C.

**Beneficiary**
- Palo Alto Weekly Holiday Fund. A holiday-giving fund to benefit Palo Alto area non-profits and charitable organizations. In April 2008, 37 organizations received a total of $240,000 (from the 2007-2008 Holiday Fund.)

**More Information**
- Call (650) 463-4920, (650) 326-8210, email MoonlightRun@paweekly.com. or go to www.PaloAltoOnline.com.
- For safety reasons, no dogs allowed on course for the 5K and 10K runs. They are welcome on the 5K walk only. No retractable leashes! Please bring your own clean-up bag. Jogging strollers welcome in the 5K walk or at the back of either run.

**Flashlights/Head lights recommended.**
- First aid service and chiropractic evaluations provided by K. Skinner, R.N., D.C.
- Sports and Spinal Injury Specialist

Register online at www.PaloAltoOnline.com

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**ONE ENTRY FORM PER PERSON**

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**Signature of Registrant (parent or guardian if under 18 years of age)**
- Must have this on Race Night

**Date**

**Amount**

**Visa/Mastercard**
- Name on card
- Exp. date
- Amount

**Signatures**
- Please print

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**Waiver**
- In consideration of your accepting my entry, intending to be legally bound do hereby for myself, my heirs, executors and administrators, waive, and release any and all rights and claims that I may have against the persons and organizations affiliated with the run and sponsoring agencies, and the assignees for any and all injuries suffered by me while traveling to and from, and while participating in the Moonlight Run, or associated activities September 13, 2008. I further attest that I am physically fit and sufficiently trained for participation in this event.

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**Register online at www.PaloAltoOnline.com**
N oel Pino flexed his arms, saying how he likes to work up a sweat mulching because it makes him feel big and strong.

The overall health benefits of gardening may be a given, but for people with developmental disabilities, the garden is also an adventure into the realm of face-to-face relationships.

Wheelchairs wend around the accessible plants beds at Abilities United, their occupants fussing over flowers and vegetables, watering and harvesting carefully tended crops.

Gardener Maria Elena Arreola took over her usual spot at the flowerbed picking flowers and carefully arranging them into a bouquet, which she later gives away.

Nearly in the tactile bed, participants use their senses, with fingers reaching for different textures such as the soft, wooly lamb's ears. Noses burrow into foliage, taking in the scent of rosemary and geranium; eyes close in pleasure at the taste of fresh, ripe strawberries and blueberries. The ambient soundscape includes the whirring of garden-ornament pinwheels and the cheeping of visiting birds.

The therapy garden at Abilities United provides fresh fruits and vegetables and the sustenance of soul that nature offers, but also enhances the cognitive, social, psychological and physical needs of its clients, according to Dana Gibbs, a founder of the garden with Suzanne Redell.

In the garden, clients learn to work independently, follow increasingly complex directions and improve attention spans and memory, remembering past projects and ties in the garden, Gibbs said.

And better social skills develop when the gardeners interact with and teach each other.

“They use teamwork. One person fills the watering can while the other waters the plants,” Phupps said.

Clients also benefit from exercise, which many of them may not get otherwise, Kuehnl said. Gibbs added that in the garden, clients are out in the fresh air, using their bodies and adapting to physical changes in a non-threatening environment.

Overall, gardening gives a sense of purpose and accomplishment, according to Kuehnl.

“They have received so much nurture in their lives and this lets them nurture something else,” she said.

Gibbs and the other therapists also teach the gardeners the qualities and value of eating the food they grow.

The gardeners also share their extra produce with the community. The community benefits from the garden in other ways, too, such as the garden parties Abilities United holds.

A recent $3,000 grant from the Garden Club of Palo Alto for the garden and Milestones Preschool will allow Abilities United to purchase a garden cart for the Adult Services program. According to Gibbs, the cart will be easier to use than a traditional wheelbarrow. A child-sized teak bench has already been purchased for the Milestones preschool, she said. Garden Club members Laurie Jarrett and Mary Doten nominated the two services for the grant.

“Watching our gardeners proudly enjoy their organic home-grown strawberries, let-tuce and tomatoes makes it all worthwhile for us,” Gibbs said.

**Editorial Intern Monica Guzman can be reached at mguzman@paweekly.com.**

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**Autoimmune disease: The most common source of disability in women**

F or most of us, the immune system is our friend. It protects us against disease and infection. But when an autoimmune disease develops, that defense mechanism fails. For unknown reasons, the immune system detects danger and attacks itself, creating debilitating illness in 5 to 8 percent of Americans — more than 80 percent of them women.

As prevalent as cancer and heart disease, there are more than 60 known autoimmune diseases affecting every organ and body system, including skin, muscles and connective tissue, nerves, glands and blood. Among the most common are rheumatoid arthritis, lupus, multiple sclerosis, psoriasis, Graves’ disease and Crohn’s disease. While some diseases are more debilitating than others, all those affected face a degree of challenge and disability for life.

Autoimmune diseases are chronic illnesses. They are the most common source of disability for women in this country. While there may be periods of control and even remission, autoimmune disorders cannot be cured. Since the disease, how to build a support team and how to cope with associated emotions.

The real-life stories of women who live with chronic illness provide inspiration to those challenged with autoimmune disease.

Renowned rheumatologist Dr. Robert Lahita, author of the seminal clinical works, “The Textbook of Autoimmunity” and “Systemic Lupus Erythematosus,” has also authored a terrific book for the lay community, “Women and Autoimmune Disease” (Regan Books, 2004) focuses on the mysterious ways that women are affected by autoimmune disease and the ways they are treated.

Dr. Lahita does a commendable job of translating his extensive professional expertise into text that is easily understood by the average reader. He carefully explains the existence of autoimmune diseases in general, including 15 of the most common. The last section of the book is dedicated to treatment, including a discussion of alternative and complementary therapies.

These books, along with many more resources, are available from the Stanford Health Library. Research assistance and information packets on medical diagnoses and treatment are prepared free of charge.


Visit http://healthlibrary.stanford.edu/resources/inter-net/bodysystems/immune_auto.html to learn more.

The Stanford Health Library is in three locations: the Stanford Shopping Center near Blossomdale’s; on the third floor of Stanford Hospital or on the main level of Stanford’s new Cancer Center. Call the Health Library at 650-725-8400, e-mail healthlibrary@stanfordmed.org.
Weekend Preview

Thursday

“My Strange Nation,” a new musical revue featuring songs by folk singer Susan Werner, previews on Thursday and Friday and opens Saturday at 8 p.m. Presented by Theatre Q (and conceived by theatre Q managing director Dale Albright), the show is at the Dragon Theatre at 535 Alma St. in Palo Alto, Thursday through Sunday through Sept. 7. Tickets are $10 for previews, $30 for Saturday, and thereafter $25 general and $18 for seniors, youth and Theatre Bay Area members. Go to www.theatreq.org or call 415-433-1255.

“Connect Through Art,” an exhibit of art by program participants of the Palo Alto-based Abilities United (formerly called C.A.R.), is at the Main Street Cafe at 134 Main St. in Los Altos and Allegro Framing at 3130 Alpine Road in Portola Valley through Aug. 31. A reception and free painting class by Judy Gitselsohn are set for Aug. 24 from noon to 4 p.m. at Allegro. Go to www.abilitiesunited.org or call 650-618-3319.

Stanford Summer Theater wraps up its run of Irish playwright Brian Friel’s “Faith Healer” this weekend at the Pigott Theater, 651 Sierra Mall on campus. The play centers on Frank Hardy, a man who uses prayer to cure people of illnesses, and his struggles with love, belief and deception. Performances are Thursday through Sunday at 8 p.m. with a matinee at 2 p.m. Sunday. Evening shows are $20 general, $15 for seniors and Stanford affiliates, and $10 for Stanford students. Go to summertheater.stanford.edu or call 650-725-5838.

“Beauty and the Beast,” an exhibition of 31 artists’ take on animals and the human form, runs through Aug. 24 at Gallery 9, 149 Main St. in Los Altos. Artists display their visions in paintings, sculptures, ceramics, prints, photographs, collages and jewelry. Go to www.gallery9losaltos.com or call 650-941-7969.

A jazz combo of Stanford Jazz Workshop alumni plays from 8 to 11 p.m. Thursday and from 6 to 9 p.m. Sunday at Mantra restaurant, 632 Emerson St., Palo Alto. On Saturday, flamenco and Bollywood guitarist Rupinder Singh is set to play from 8 to 11 p.m. Go to www.mantrapaloalto.com or call 650-322-3500.

“Abstract,” a collection of work by students, instructors and members of the Pacific Art League, continues through Aug. 29 at the League’s main gallery, 688 Ramona St. in Palo Alto. The free exhibit features media including acrylic, monograph, encaustic wax and sculpture. Go to www.pacificartleague.org or call 650-292-3891.

Photographer Vlasta Diamant displays her photography at Stevenson House, a senior community at 456 E. Charleston Road in Palo Alto, through Aug. 31. She shot her series, “Right Before Our Eyes,” in the Stevenson House garden to remind viewers of the beauty they sometimes forget exists all around them. Go to web.mac.com/ondine8 or call 650-393-1478.

The Joe Sharino Band stops by the Civic Center Plaza in downtown Mountain View as part of the city’s 2008 Summer Concert Series. The band covers six decades of hit songs from many genres, including pop, rock, Motown and R&B in a free concert starting at 6 p.m. Call 650-903-6331.

Friday

Esther’s Muse plays jazz starting at 8 p.m. at Red Rock Coffee at 201 Castro St. in Mountain View. Musicians are: pianist Kirk Tamura, bass player Jim Larios, drummer Michael Medwid and alto saxophonist Esther Hartwell. Go to www.redrockcoffeecom.org or call 650-967-4473.

The Blue Chalk Cafe at 630 Ramona St. in Palo Alto hosts a party for single professionals in their late 20s to early 40s at 8 p.m. Activities include a mixer game and dancing. Admission is $10 at the door. Go to www.the-partyhotline.com or call 650-327-4645.

Saturday

East West Bookstore at 324 Castro St. in Mountain View hosts a drum circle led by Dave DiLullo, a member of the San Francisco Renegades Drum & Bugle Corps, at 8 p.m. DiLullo guides participants through a basic lesson, demonstrating the methods that some say can lead to deeper states of awareness. Tickets are $12 in advance and $15 at the door. Go to www.eastwest.com or call 800-909-6161 to reserve tickets.

The Peninsula Symphonic Band gives a summer concert featuring music by Tchaikovsky, Sibelius, Wagner and other composers from 3 to 5 p.m. at Spangenberg Theatre, 780 Arastradero Road, Palo Alto. The concert is free. Call 650-873-0671 or go to www.geocities.com/amayada.pab.

The Silicon Valley Jewish Film Festival, which has screenings in Palo Alto for the first time this year, shows the Oded Davidsf feature “Someone to Run With” at 7 p.m. in Cubberley Community Theater, 4000 Middlefield Road, Palo Alto. Based on the David Grossman novel, the Hebrew-language film is about a teenage girl who falls into the clutches of a Fagin-like character. Admission is $8 in advance ($7 for seniors and students) and $10/$9 at the door. Go to www.svjff.org or call 408-833-9226.

More arts and food news is at A&E editor Rebecca Wallace’s blog: Think frosting shots, Red Hots and Emily Dickinson rocks (sort of). Go to www.PaloAltoOnline.com and click on Ad Libs.

COMING UP IN FRIDAY’S WEEKEND EDITION

Music
Two high-tech musicians live in accordion-playing bliss in Palo Alto, running a blog called “Let’s Polka.”

Photos
Pete Zivkov’s photography series of the Santa Cruz Beach Boardwalk provides a vividly colorful last look at summer.

Movies
Reviews of “Tropic Thunder” and “Star Wars: The Clone Wars.”
**Movies**

Movie reviews by Jeanne Aufmuth, Tyler Hanley, and Susan Tavernetti

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**STANFORD THEATRE**

The Stanford Theatre is at 221 University Ave. in Palo Alto. Go to www.stanfordtheatre.org.

**CHARLENE Chan on the Opera (1936)**

An amnesiac escapes from a mental hospital and returns to the opera house to take revenge on those who tried to murder him seven years earlier. Wed. & Thu. at 7:30 p.m.

**HORSE FEATHERS (1932)**

A Marx Brothers comedy featuring Groucho as the leader of a small college engaged in a football rivalry with a nearby school. Wed. & Thu. at 6:10 and 8:50 p.m.

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**NOW PLAYING**

The following is a sampling of movies recently reviewed in the Weekly.

**American Teen (PG-13)**

(Aquarius) In this look at life in the red-state town of Warsaw, Indiana, Nanette Burstein, who filmed daily for 10 months at the local high school, features both the principal (Meghan Kizhamian) and the heartthrob (Mitchell Kaplan). But she’s given each person room to breathe as an individual, with both the kids’ motivations and the ways they come into focus only through their disparate cross-overing relationship with Bailey. "American Teen" is the teen’s fantasies and fears to life. The technical execution is seamless and the film is emotionally matic. And some of the teens’ statements feel rehearsed, as though they are always aware of the cameras. But maybe the problem is that we can’t avoidable in these reality TV days. Scenes both painful and deeply moving, human. Rated: PG-13 for some strong lanaguage, sexual material, and smoking. 1 hour, 35 minutes. — R.W. (Reviewed Aug. 4, 2009)

**Bottle Shock (PG-13)**

(Chan) Strip off the chestnuts and an insipid love triangle and you’ve got yourself a feel-good drama about people who love wine. What do they do — in this case dabbling in the venture action and some scary moments. 1 hour, 35 minutes. — J.A. (Reviewed July 2, 2008)

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**THEATER ADDRESSES**

Aquarius: 430 Erosson St., Palo Alto (266-9260)
Century Cinema 16: 1501 N. Shoreline Blvd., Mountain View (800-326-5565)
Century Park 12: 557 E. Bayshore Blvd., Redwood City (900-326-2364)
Century 20 Downtown: 825 Midfield Road, Redwood City (800-326-2364)
CinéArts at Palo Alto Square: 3000 El Camino Real, Palo Alto (493-3456)
Guild: 949 El Camino Real, Menlo Park (266-9260)

Internet address: For show times, plot synopses, trailers and more information about films playing, go to Palo Alto Online at http://www.PaloAltoOnline.com/
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The Palo Alto Weekly, an award-winning community newspaper, is looking for energetic, driven, sales representatives to sell print and online advertising to local regional businesses.

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No calls please.

(continued from previous page)

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- New service to Midtown area and Louis Road

Line 89: Palo Alto Veterans Hospital - California Avenue Caltrain Station

For more information and trip planning assistance call (408) 321-2300, TDD (408)-321-2330 or visit www.vta.org.
**Sports Shorts**

**USA MASTERS . . .** Los Altos Hills resident Joy Upshaw-Marguerum, the reigning world outdoor women’s 45-49 age-group long jump champion, set the American record in that event on Saturday with a leap of 17-7 1/2 at the USA Masters Track and Field Championships at Spokane Falls Community College in Spokane, WA. The wife of Stanford grad and former NFL player Ken Marguerum, and the sister of Olympian Grace Upshaw, won the 100 hurdles in an American age-group record 12.07, and captured the 100 national title in 13.17. Menlo Park’s Lawrence Lettieri finished third in the Men’s-60 100 in 12.86 and fifth in the 200 in 27.16. Palo Alto resident Ashley Grosse ran 20:54.988 to sixth in the Women’s-40 5,000 and Portola Valley’s William Kaspari was seventh in the Men’s-70 200 in 31.40 and ninth in the 100 in 15.19.

**AISHAA’S FAST FINISH . . .** After a grueling process just to qualify, East Palo Alto resident Aishaa Ahmad ran a blazing 29.87 to win the 9-10 girls 200 race at the Hershey National Track and Field championships in Pennsylvania last weekend. Aishaa’s winning time would have placed her third in the 9-10 boys race and fifth in the 11-12 girls race. She runs for the EPA Greyhounds and is coached by Gunn High grad Brian Carson.

**ON THE AIR**

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<td>Wednesday</td>
<td><strong>Olympics:</strong> Tennis, 6 p.m., Oxygen&lt;br&gt;Beach volleyball, swimming, 8 p.m., NBC&lt;br&gt;Swimming, men’s water polo, 1:30 p.m., NBC&lt;br&gt;Beach volleyball, swimming, diving, 10 a.m., NBC&lt;br&gt;Men’s: Tennis, 6 p.m., Oxygen&lt;br&gt;Women’s: Beach volleyball, men’s volleyball, swimming, 6 p.m., NBC&lt;br&gt;USA softball, 9 p.m., CNBC&lt;br&gt;USA baseball, 11 p.m., USA</td>
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<td>Thursday</td>
<td><strong>Olympics:</strong> Swimming, men’s water polo, 1:30 p.m., NBC&lt;br&gt;Beach volleyball, swimming, diving, 10 a.m., NBC&lt;br&gt;Men’s: Tennis, 6 p.m., Oxygen&lt;br&gt;Women’s: Beach volleyball, men’s volleyball, swimming, 6 p.m., NBC&lt;br&gt;USA softball, 9 p.m., CNBC&lt;br&gt;USA baseball, 11 p.m., USA</td>
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<tr>
<td>Friday</td>
<td><strong>Olympics:</strong> Beach volleyball, women’s soccer, 1 a.m., USA&lt;br&gt;Women’s water polo, 5 a.m., MSNBC&lt;br&gt;Tennis, 7 a.m., USA&lt;br&gt;Swimming, 10 a.m., NBC&lt;br&gt;Women’s water polo, noon, NBC&lt;br&gt;Tennis, 7 p.m., Olympug</td>
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**SPORTS ONLINE**

For expanded daily coverage of college and prep sports, please see our new site at www.PAloAloSportsOnline.com

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**OLYMPIC GAMES**

**He’s ready to complete comeback**

Stanford grad Wildman-Tobriner overcomes injury to reach Beijing

**by Keith Peters**

B en Wildman-Tobriner spends his time these days at the Water Cube, the National Aquatics Center of the Beijing Olympics. Talk about good timing. He could be home in San Francisco watching the 2008 Summer Games on television. Wildman-Tobriner tore his left pectoral muscle weightlifting last December and underwent surgery a few days later. Had he suffered the injury in January, his dreams of competing in the Olympics would have been gone.

Thus began one of the more remarkable comeback stories of these Olympic Games, one that saw Wildman-Tobriner work himself back into shape, finish second in the men’s 50-meter freestyle at the U.S. swim trials and make his first Olympic team.

He will be forever linked to the Americans’ amazing world record performance in the 400 free relay on Monday, in which Jason Lezak swam the fastest split ever (46.06) on the final leg of the 3:08.24 finish. He swam the event during the preliminaries, so his name will be added to the relay and he’s awarded a gold medal.

Wildman-Tobriner hopes to put the finishing touches on his comeback when the men’s 50 free finals are held Friday.

“Winning medals is always a dream, as an Olympian,” Wildman-Tobriner said. “It’s a potential dream that started out as a nightmare for the 2007 Stanford graduate.

“It’s definitely been an interesting journey, the weeks leading up to the Trials,” Wildman-Tobriner said.

Wildman-Tobriner remembers the day he was injured and the first night after it happened.

“I was sitting on the couch in my apartment,” he recalled. “I was upset. I had just graduated in the spring. That first night I felt sorry for myself for about 10 minutes, then moved on. I had an MRI that day and knew it was torn. It turned out, of course, as the worst possible situation. I couldn’t have designed it any worse.

“I knew I was going to have surgery a few days later. If things didn’t work out, I was going to retire right there.”

Wildman-Tobriner woke up the following morning and moved ahead with his Olympic plans. He conferred with Rick Eagleston, who for the past 23 years has provided rehabilitation consulting and meet preparation services (with cooperation from the Stanford Sports Medicine Clinic) to the Stanford men’s swim team. The two, along with Stanford head coach Skip Kenney, set up a timeline for Wildman-Tobriner’s comeback.

“Every athlete is given the gift of knowing their

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**PASA swimmers pass an endurance test to win junior title**

Jensen sets a junior national meet record in the 50 free: The Hinshaw brothers excel in several events

**by Rick Eymr**

A s a senior in high school, her collegiate future secured, Palo Alto’s Liv Jensen could have taken things a bit easy during her final semester.

Then again, how many athletes are good enough to dream of reaching the Olympics? In a year like no other, Jensen hasn’t had a chance to slow down. In fact, she’s speeding things up. The California-bound swimmer set a 50 free junior national record over the weekend in the Speedo Junior National Championships at the University of Minnesota Aquatics Center in Minneapolis and helped Palo Alto Stanford Aquatics win the national title. PASA finished second in each of the boys (167) and girls (169), turning that into a combined 336 points, nearly 100 points better than second-place Brophy East (258).

“This is a first for our team,” PASA coach Tony Batis said. “Basically we are the 18-under national champions.”

It’s only fitting that in an Olympic year, PASA swimmers like Jensen, Peter Davis, Ben Hinshaw, Megan Fischer-Colbrie andColeen Fotsch not only competed for their respective schools all season, but swam in major events like the Stanford International Grand Prix, the Olympic trials, the U.S. Open

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(continued on page 37)

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—The New York Times, 4/15/08

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Boys’ 18 Singles
Finals: Matthew Roberts (San Jose) d. Raymond Worley (San Mateo), 6-4, 1-6, 7-6 (8-6).
Third place: Ian Clark (Sunnyvale) d. Antony Bogodist (San Francisco), withdrew (injury).
Semifinals: Roberts d. Bogodist, 4-6, 6-3, 6-3; Worley d. Clark, 6-3, 6-4.
Quarterfinals: Bogodist d. Andrew Maltsizak (Woodside), 6-2, 6-1; Clark d. Nico Lunardi (Los Gatos), 6-2, 6-1; Roberts d. Stephen Yu (Fremont), 3-6, 6-1, 7-6 (7-5); Worley d. George Horowitz (Atherton), 6-3, 6-3.
Boys 16 Singles
Finals: Justin Chan (Sunnyvale) d. Patrick Chase (Portola Valley), 6-1, 3-6, 7-6 (7-5).
Third place: Richard Pham (San Jose) d. Steven Chung (San Jose), withdrew (injury).
Semifinals: Chan d. Pham, 6-3, 6-3; Chase d. Chung, 6-1, 6-1.
Quarterfinals: Chung d. Ivan Kravcheko (Sunnyvale), 6-1, 6-2; Chase d. Alex Kao (Sunnyvale), 6-1, 6-2; Chan d. Michael Chang (Milpitas), 6-0, 7-5; Pham d. Trevor James (San Jose), 6-4, 6-4.
Boys 14 Singles
Finals: Kunal Wadhani (San Jose) d. William Boyd (Millbrae), 6-2, 6-2.
Third place: Citron Wolak (Palo Alto) d. Victor Pham (San Jose), 6-1, 6-0.
Semifinals: Wadhani d. Neel Bedekar (San Antonio), 6-0, 6-1; Pham d. Joey Simpson (San Carlos), 6-3, 6-0; Wolak d. Pierre Germa (Palo Alto), 6-4, 6-2; Boyd d. Antony Bialle (Mountain View), 6-3, 6-3.
Boys 12 Singles
Finals: Maxim Babin (San Jose) d. Jeremy Liu (Cupertino), 6-0, 6-1.
Third place: Jonathan Li (Cupertino) d. Yuta Ara (Sunnyvale), 7-5, 2-6, 6-0.
Semifinals: Babin d. Ara, 6-2, 7-0; Li d. Li, 6-2, 6-3.
Quarterfinals: Li d. Samier Rai (Los Altos), 6-1, 6-0; Babin d. Justin Foster (Burlingame), 6-1, 6-1; Ara d. Reed Fratt (Atherton), 6-1, 6-3; Li d. Andy Zhou (Palo Alto), 6-1, 6-1.
Boys 10 Singles
Finals: Conrad Russell (Los Altos Hills) d. Andrew Tong (Milpitas), 6-0, 6-0.
Third place: Jason Yong (San Francisco) d. Enrique Verdugo (East Palo Alto), 6-1, 6-0.
Semifinals: Tong d. Verdugo, 6-0, 6-0; Russell d. Fung, 6-2, 6-2.
Quarterfinals: Tong d. Kallas Shekar (Cupertino), 6-2, 6-3; Verdugo d. Ryan Quinn (Portola Valley), 6-3, 6-4; Russell d. Hall Tuttle (Woodside), 6-0, 6-0; Fung d. Jonathan Chung (San Jose), 6-1, 6-1.
Girls’ 18 Singles
Finals: Mariela Tuineieta (Menlo Park) d. Catherine Nguyen (Saratoga), 6-3, 6-2.
Third place: Stephanie Ton (Milpitas) d. Angela Hong (Saratoga), withdrew (injury).
Semifinals: Tuineieta d. Ton, 6-2, 2-6, 7-6 (7-2); Nguyen d. Hong, 6-0, 6-3.
Quarterfinals: Tuineieta d. Annalisa Choy (Saratoga), 6-3, 6-4; Ton d. Katherine McCracken (San Francisco), 7-6 (7-3), 6-2; Nguyen d. Erin Trebedson (Portola Valley), 6-3, 6-1; Hong d. Hsiu Fukumoto (Los Gatos), 6-1, 6-0.
Girls’ 16 Singles
Finals: Natsumu Takayanagi (Fremont) d. Emma Marti (Palo Alto), 6-4, 6-2.
Third place: Megan Tang (Clayton) d. Jamie Eng (Los Altos), 6-2, 6-1.
Quarterfinals: Takayanagi d. Tang, 6-1, 6-1; Marti d. Eng, 6-1, 6-0.
Semifinals: Takayanagi d. Anjali Ranadive (Atherton), 6-2, 6-4; Tang d. Cynthia Chu (San Jose), 6-1, 6-2; Takayanagi d. Samantha Huang ( Foster City), 6-0, 6-0; Marti d. Joyce Chen (Sunnyvale), 6-1, 6-2.
Girls’ 14 Singles
Finals: Mary Closs (Menlo Park) d. Jenny Chen (Fremont), 6-1, 6-1.
Third place: Niharika Bedekar (San Antonio) d. Pauline Laut (Palo Alto), 6-3, 6-3, 6-2.
Semifinals: Closs d. Bedekar, 6-4, 7-5; Chen d. Wolak, 4-6, 6-2, 6-2.
Quarterfinals: Wolak d. Najah Simmons (San Jose), 6-4, 6-0; Closs d. Sadie Folti, 6-0, 6-1; Chen d. Emma Citter (Mountain View), 6-4, 6-4.
Semifinals: Closs-Marti d. Bedekar, 6-1, 6-0; Takayanagi-Tang d. Joyce Chen-Cynthia Chu, 6-1, 6-2; Closs-Marti d. Sophie Batter-Grace Dulk, 6-0, 6-0.
Boys’ 12 Doubles
Round robin: Vrinda Khandra-Mira Khanna d. Jennifer Hsu-Suzanne Young, 6-4, 6-3, 6-3.
Girls’ 16 Doubles
Finals: Mary Closs-Emma Marti d. Natasha Takayanagi-Megan Tang, 6-1, 6-3.
Semifinals: Takayanagi-Tang d. Joyce Chen-Cynthia Chu, 6-1, 6-2; Closs-Marti d. Sophie Batter-Grace Dulk, 6-0, 6-0.
Girls’ 12 Doubles
Boys’ 10 Doubles
Finals: Matthew Roberts-Michael Toodikova d. Andrew Toodikova-Wang, 6-0, 6-1.
Quarterfinals: Mathematics d. Sabrina On (San Francisco), 6-2, 6-1; Wang d. Caroline Casper (Santa Cruz), 4-6, 6-1; Toodikova d. Kacey Inceri (Los Altos), 6-4, 6-4; Jorgensen d. Shima Sabada (Saratoga), 6-1, 6-1.
Boys’ 18 Doubles
Finals: Iain Clark-Francisca Nicholas d. Patrick Chase-Samel Wong, 6-3, 6-3.
Quarterfinals: Iain Clark-Francisca Nicholas d. Patrick Chase-Samel Wong, 6-3, 6-3.
Semifinals: Chaise-Wong d. Hu-David Plotkin, 6-2, 7-4; Clark-Francisca d. Rohit Jayakar-Rohan Mehra, 6-2, 6-1.
Boys’ 16 Doubles
Finals: Justin Chan-Richard Pham d. Mark Foti-Andrew Maltsizak, 7-6 (7-5), 6-7 (5-7), 6-4.
Quarterfinals: Chan-Richard Pham of Michael Chang-Jack Schoebel, 6-0, 6-2; Foti-Maltsizak of Keviin Bu-Wil Strober, 6-2, 6-0.
Boys’ 14 Doubles
Semifinals: Nishimura-Tao d. Matthew Giordano-Polly Sarwal, 6-0, 6-1; Brown Simpson d. Anthony Bello-Pierre Germa, 6-3, 6-3.
Boys’ 12 Doubles
Finals: Nick Fratt-Reed Fratt d. Scott Evans-Reuben Sarawel, 6-1, 6-2.
Girls’ 18 Doubles
Round robin: Vrinda Knana-Mira Khan d. Jennifer Hsu-Suzanne Young, 6-4, 6-3, 6-3.
Girls’ 16 Doubles
Finals: Mary Closs-Emma Marti d. Natasha Takayanagi-Megan Tang, 6-1, 6-3.
Quarterfinals: Takayanagi-Tang d. Joyce Chen-Cynthia Chu, 6-1, 6-2; Closs-Marti d. Sophie Batter-Grace Dulk, 6-0, 6-0.
Girls’ 12 Doubles
Boys’ 10 Doubles
Round robin final: Mary Closs of Menlo Park followed up her singles title in Girls’ 14 with a doubles crown in Girls’ 16.
PASA
(continued from page 33)
and the Junior National Championships.

By the time PASA swimmers reached Minnesota they were seasoned veterans.

Jensen went 25.85 to set her record, out-touching Betsy Webb by .05 seconds. That could be a developing rivalry since Webb will be a freshman at Stanford this fall.

Jensen also helped the women's 800 free relay team finish second in a crucial race. The team also included Fischer-Colbrie, Casey Barnes-Watchus and incoming Palo Alto freshman Jasmine Tosky.

To win a national title, every member of the team has to rise to the occasion, and even then, it takes something special.

“Two of the biggest surprises were Jasmine and Adam Hinshaw (both 14),” PASA coach Scott Shea said. “Jasmine has a good shot at making the national junior team from her results. Adam set four Pacific records in his age group.”

The younger Hinshaw established the marks in the 200 free, 400 free, 800 free and 1,500 free.

The elder Hinshaw led the men's 800 free relay team to a national title. He was joined by Nick Trowbridge, Mark Higgins and Matt Murray. Hinshaw took part of five individual or team events which scored crucial points.

“A big third day helped us get out to a lead,” Shea said. “The 800 free relays really let the kids know that they had a shot.”

Fotsch finished third in the 100 fly and was a member of the women's 400 medley relay team which finished third. Sarah Liang, Fischer-Colbrie and Jensen were also on the team.

Other team members who helped the team score points were Mark Liu, Haley Read and Ryan Garcia.

In addition to Webb, several other future Stanford swimmers were in attendance. Ron Andrews won the 200 free in a meet record 1:51.49 and Trevor Scheid was second in 1:51.73. Scheid was also second in the 400 free in 3:56.31.

Geoffrey Cheah swam in the 'B' finals of the 100 back and 50 free. “The week before the Junior Nationals, our top swimmers competed at the US Open,” Shea said.

After two weeks of competition, Palo Alto Stanford Aquatics not only won the Junior National Title in Minnesota but also brought home a handful of medals, a meet record and plenty of memories. The Junior National Meet completed a long, grueling summer swimming season.

PASA's boys 800 free relay team (left to right) Ben Hinshaw, Nick Trowbridge, Matt Murray and Adam Hinshaw won their event to boost the teams confidence of winning a title. The girls finished second in the 800 free relay.
You can call them Olympians

Fourteen Stanford athletes are representing other nations at Beijing Games

by Keith Peters

T he Stanford presence at the Summer Olympics in Beijing is considerable. Counting two alternates, there are 48 athletes who at one time or another competed for, or coached at, the university.

That number represents a veritable country when compared to many of the nations competing during the 2 1/2 weeks in China.

Fourteen athletes are not wearing the red, white and blue of the USA. Those athletes, by virtue of where they or their parents were born, are competing for other nations. Five of them are swimmers.

Austria’s Markus Rogan is the best of them. Jason and David Dunford were born in Kenya, Phillip Morrison of Brazil and Tobias Orivel of Canada are also competing in Beijing and carry the title of Olympian now and forever.

Jason (a senior) and brother David Dunford (a junior) are the entire Kenyan swim team.

“In two previous Olympics, only two Kenyan swimmers competed, but they were wild cards,” Jason explained. “We’re the first Kenyan swimmers to qualify legitimately for the Olympic Games.”

Both were born in Nairobi and, in fact, are fourth generation Kenyans. Their father is Kenyan and their mother is a British national.

Jason qualified for the Summer Games at the 2007 World Championships. He actually qualified in the 100 free (49.98), 100 fly (an African record of 51.85), 200 free (a national record of 1:50.30) and 50 free. He’ll swim only the 100 free and 100 fly in Beijing.

David didn’t make the team until a Grand Prix meet at Stanford this spring. He made it in the 50 free (22.76) and 100 free (50.89).

Neither was surprised when they made the team.

“But, I was running out of time,” added David. “It was more of a relief when I made it . . . Once I swim at NCAAs, I was on form.”

The Dunfords moved to the United Kingdom when Jason was 13 and attended Marborough College, a boarding school for grades 8-12.

Both got started swimming at an early age.

“At a young age, we were cleaning up in the age groups,” said David, “but Olympic dreams were very far-fetched.”

“We never saw ourselves as pursuing the Olympics,” added Jason. “It was the complete opposite.”

So, for many years they pursued other sports until Marborough got a new swim coach from the University of Georgia and he changed the Dunford’s lives.

“We would swim decent times, so he sat us down and said, ‘you want to pursue this seriously?’” Jason recalled. They did.

Since their mother wasn’t born in England, the Dunfords weren’t eligible for British citizenship. But since they were getting support from Kenya (from the public and media), they decided to represent their heritage.

Usually, people just think of track athletes when they think of Kenya,” Jason said. “It’s natural to think of black athletes being from Africa. But, we speak Swahili.”

Had the Dunford’s tried to make the U.S. Olympic swim team, Jason would have come the closest. His 100 fly time from the 2007 World Championships would have gotten him third at the U.S. Trials.

David would not have made it.

Nonetheless, they worked hard to achieve the qualifying standards.

“Obviously, we’ve benefited from being at Stanford,” said Jason, who ranks No. 2 in Stanford history in the 100-yard free (42.79) and No. 4 in the 100-yard fly (46.07). David also ranks among the top 10 in school history in various events.

Kenya, by the way, has only three 50-meter pools in the country and all are in Nairobi. All are outdoor and none of them are heated.

“When we were kids, we would swim for only one-third of the year,” David said.

Both, however, overcame the lack of facilities and went on to star in a country not known for its swimming.

Jason won eight medals at the All-African Games in 2007 and later became the first Kenyan swimmer in history to make a final at the World Championships. He later was named his country’s Sportsman of the Year — beating out more-heralded track and field athletes.

Both were walking with those same track athletes last Friday at the Opening Ceremonies in Beijing.

Both are just hoping to enjoy the experience of being an Olympian.

“I’m hoping to make the finals of the 100 fly,” said Jason. “I did that at the World Championships. David just hopes to swim his fastest times ever in the 50 free.

“If I do that, I’ll be pleased,” David said.

Phillip Morrison is just happy being on the Brazilian Olympic swim team. He had a different path to travel: he had to swim at the Brazilian trials in Rio. It was his final chance to qualify.

Morrison was born and raised in Sao Luis, Brazil and later moved to Louisiana with an older brother.

Some 2 1/2 years later, Phillip and younger brother Edward arrived in Palo Alto — Phillip attending Stanford and Edward going to Palo Alto High.

Phillip swam Olympic qualifying times in the 100, 200 and 400 free-styled during a Grand Prix meet at Stanford in April. Somehow, however, his club coach in Brazil didn’t get those times turned in to the Brazilian swimming organization.

“They called later and there’s a problem with your times,” Morrison said. “I wasn’t registered. The coach thought I was.”

So Morrison entered his final qualifying meet with no proper qualifying time. Because of that, he could swim only in the prelims and not the finals. And, there was the possibility that he wouldn’t be allowed to swim at all.

Once in at the meet in Rio, Morrison drew Heat 1, Lane 8 in the 200-meter freestyle. He qualified third in the prelims, but had to wait until the finals were held the next morning.

Morrison wound up fifth overall with a 1:50.32 clocking.

Still, he had no idea about his chances of making the team until the final day.

Stanford graduate Ben Wildman-Tobriner suffered a torn pectoral muscle last December, but recovered in time to compete in the U.S. Olympic trials.

He got into a race,” he said. “I made it through, relatively unscathed. I knew I was least going to have a shot (at the Olympics).”

The fact Wildman-Tobriner was forced to practice when he couldn’t swim made him that much stronger.

“I had some practices where I did things that I had never done before,” he said, in terms of time.

“Every day I had was an advantage for me. I worked so hard outside of the pool.”

While he said the injury nearly ended his career, it proved to be almost a blessing. He worked so hard to get back that he often collapsed in exhaustion on the pool deck after a workout.

By the time the U.S. Trials arrived in late June, Wildman-Tobriner knew he could race.

“I knew I would be in the mix for (continued on next page)
The last day of the meet they announced all those who were going (to the Olympics),” Morrison said. “My coach told me to go down to the pool deck because they wanted to take my picture. He goes, “I think you made the team.”

Morrison went to the pool deck, but no one knew anything about photos. So he waited.

“When the meet was over, they announced every one on the team, and they announced my name,” he said. “Then, I knew I was on the relay. I couldn’t stop smiling for a week. “It was a bumpy road, but it turned out OK.”

Morrison hopes to get a chance of swimming on Brazil’s 800 free relay in Beijing. If not, he’s still an Olympian and still hopes to enjoy his time in China.

“This doesn’t happen very often,” he said. “You might as well make the best of it. Having the experience of just being in the Games . . . it’s a chance of a lifetime.”

And a dream come true?

“For sure,” Morrison said. “For sure.”
Stanford athletes have a chance to add to its medal count

Swimmers claim a gold and silver; Men’s volleyball, beach volleyball teams win twice

Stanford grad Kevin Hansen (far right) hopes to be standing on the medal stand at the end of the men’s volleyball competition.

by Rick Eymer

Stanford grad Ben Wildman-Tobriner and Cardinal junior Julia Smit each earned an Olympic medal, and each will have a chance to add another medal as Olympic swimming heads into its final weekend in Beijing.

Stanford junior Elaine Breeden and Cardinal grad Marcus Rogan each missed an opportunity to medal and each gets a second chance. Stanford grad Tobias Orsow, seniors Philip Morrison and Jason Dunford and junior David Dunford also get a chance to medal.

Stanford grad Jamie Schroeder and Adam Kreek each remain in the medal hunt in rowing, along with Stanford sophomores Elle Logan and Lindsay Meyer.

Baseball and softball begin the final year of Olympic competition this week and track and field begins to rev up this weekend.

The U.S. softball team downed Venezuela, 11-0, in its first game on Tuesday as Stanford grad Jessica Smit was part of the U.S. 400 medley relay that went with it.

Still gets the gold and a cool $25,000 world record during the preliminary round with two victories: a 25-18, 25-18, 22-25, 22-25, 15-10 victory over Venezuela on Sunday and a 24-26, 25-22, 25-21, 25-21 victory over Italy in pool play.

Logan Tom

Women’s water polo

Stanford grad Brenda Villa scored a goal as the U.S. Olympic women’s water polo team edged host China, 12-11, in the first round of pool play on Monday.

Men’s soccer

The Americans have a chance to add to its medal count

Stanford grad Brenda Villa scored a goal as the U.S. Olympic women’s water polo team edged host China, 12-11, in the first round of pool play on Monday.

The Americans meet Italy on Wednesday.

Rowing

Krecek, participating in men’s eight boat, helped Canada win its heat in 5:27.69 on Monday.

Schroeder’s men’s four boat finished third in its heat in 5:45.77. Logan was part of the U.S. women’s eight boat which won in a repechage heat to claim a spot in the finals.

Meyer, with the U.S. women’s quad, helped her boat finish third in their heat in 6:19.89.

Stanford grad David Banks, participating in the men’s fours, helped his boat finish third in the heat in 5:46.61.

Women’s gymnastics

Lenika de Simone, who will be a freshman at Stanford this fall, recorded an all-around score of 55.600 while competing for Spain.

Women’s basketball

Stanford senior Jillian Harmon grabbed the opening tip and scored the first two points of the Beijing Olympics for New Zealand on Friday night.

The hard-working forward scored 12 points and grabbed a team-high eight rebounds to help the Tall Ferns beat Mali, 70-72, in the first game of pool play.

Stanford grad Clare Bodensteiner had a rebound in just over a minute of playing time.

Women’s water polo

Stanford grad Ryan Nelsen, who returned to Blackburn, and forward Jeremy Brockie, who picked up his second yellow card of the tournament.

Stanford grad Kevin Hansen愿望 to be standing on the medal stand at the end of the men’s volleyball competition.

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### MOUNTAIN VIEW

**HOME + INCOME IN MT. VIEW**  
$2,100,000  
3 BR 2 BA Remodelable new SFR vacant, six 1bd/1ba unit w/mtn views, hwd flrs,FP/new custom tile baths  
Tim Tyler 650.325.6161

**MOUNTAIN VIEW TOWNHOUSE**

**RENOVED WITH A WOW!**  
$399,000  
2 BR 1.5 BA “Short Sale” Make your best offer and bank might accept it! Opportunity of a lifetime!  
Hossein Jalali 650.323.7751

**NEW CONSTRUCTION!**  
$5,850,000  
4 BR 4 BA Brand New, Contemporary style home w/ 3 levels. Designed: Stephen Pogue; Built: J5 Homes  
5 BR 4 BA Approx 4,700 SF of living space spread over 3 levels. Designed: Stephen Pogue; Built: J5 Homes  
Hanna Shacham 650.324.4456

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### PALO ALTO

**EXQUISITE ELEGANCE**  
$7,750,000  
4 BR 4.5 BA Historic Crestwell Ph. Exceptional wood detail, magnificent staircase, grand recep. hall  
Linda Fahn 650.325.6161

**NEW CONSTRUCTION!**  
$5,850,000  
4 BR 4 BA Accessible 4,700 SF of living space spread over 3 levels. Approx 8,079 SF lot in Los Altos Manor.  
Hanna Shacham 650.324.4456

**HOMES ON I LOT**  
$3,995,000  
2 BR 2.5 BA Must see contemp. 2br,2ba home & 3br,2.5ba bungalow  
Ginny & Joe Kavanaugh 650.851.1961

**NEAR OASIS IN OLD PA**  
$3,899,000  
4 BR 4.5 BA Charming Craftsman by J5 Homes. Open flr pln, 3 bedrooms, 3.5 baths.  
Fabiola Prieto 650.325.6161

**NEW CONSTRUCTION IN OLD PA**  
$3,600,000  
4 BR 4.5 BA This amazing 4,899 sq ft of the-art, newly new home is thoughtfully designed.  
Hanna Shacham 650.324.4456

**RENOVATED ENGLISH COUNTRY**  
$3,650,000  
4 BR 4 BA High end amenities. Charming arbor gated entry. Spacious floor plan spanning 3 levels.  
Alan & Nicki Loveless 650.325.6161

**NEW SPANISH VILLA**  
$3,499,000  
5 BR 4.5 BA ~3600 sq of living space, open flr pln, 3 levels. Designed Stephen Pogue; Built: J5 Homes  
Mananda Nejad 650.325.6161

**COME HOME TO LUXURY IN PA**  
$2,995,000  
6 BR 5.5 BA Brand New. Contemporary style home w/ flexible Design to meet a multitude of hm buying needs  
Jennifer Pollock 650.323.7751

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### SAN JOSE

**CUL-DE-SAC NEAR DOWNTOWN**

**FABULOUS 5 yr hm in Blossom Valley Plantation shutters, angle storage, walk-in closets.  
Cesar Cervantes 650.325.6161

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### SAN CARLOS

**SERENE & TRANQUIL LIVING**  
$525,000  
2 BR 2 BA A stunning highly desirable, bright & relaxing Brittan Heights street level condo.  
Jon Anderson 650.325.6161

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### WOODSIDE

**LAMARDESTAK**  
$14,500,000  
7 BR 6.5 BA Aprx. 9,9 level ac of park-like grounds. Plus 2-fly 3bd/2ba guesth, lg barn & tennis court.  
Tom Dallas & Steven Lessard 650.851.2666

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### RESIDENTIAL BROKERAGE

**MENLO PARK . EL CAMINO**  
650.324.4456

**MENLO PARK . SANTA CRUZ**  
650.323.7771

**PALO ALTO . LYTON**  
650.325.6161

**PALO ALTO . MIDDLEFIELD**  
650.328.5211

**PORTOLA VALLEY**  
650.851.2666

**WOODSIDE**  
650.851.2666

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MORTGAGE SERVICES 800.558.4443

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