New restrictions imposed as Covid-19 cases surge

Page 5

LOST & FOUND
How their Valentine’s hike turned into a journey of survival

Page 5

Read up-to-the-minute news on PaloAltoOnline.com

- **Upfront** Residents challenge open access to Foothills Park  
  - **Arts** Artists prepare virtual holiday concerts, plays  
  - **Living Well** Nonprofits serve up meals and cheer
It is as important as ever to get the care you need. Stanford Health Care is taking every precaution to keep you safe.

To protect your health, we are:

- Sanitizing exam rooms after every patient
- Testing patients for COVID-19 before most procedures
- Screening everyone for COVID-19 risk before entry
- Providing and requiring masks for patients and staff
- Monitoring employee health, including regular COVID-19 testing

Don’t delay your care. Appointments are available at our locations across the Bay Area and remotely by video visit.

To learn more, visit: stanfordhealthcare.org/resumingcare
Dear Sellers:

Before you sign a listing agreement, interview Juliana Lee, the most veteran, experienced bilingual realtor and the one who achieves the most desirable result. She will promote your home to 35,000 buyers instantly.

Listing Commission As Low As 0.0% (Almost Free) COVID-19 SPECIAL

The Highest Sales Price Isn’t Always The Best Price
- The more you spend on improvements, the higher your sales price.
- When you look into remodeling, most remodeling companies will estimate by how much the improvements will increase your home value. The increase is almost always less than the cost of the remodeling.
- While your home is being remodeled, you are still paying for it even if you aren’t living in it.
- Different people want different things. You can’t get everyone to value your improvements as much as you do or your agent does.
- A higher sales price always makes your listing agent look better but the cost of getting it also often makes your own bottom line worse.

Do you really want to remodel your home to be the best home, no matter the cost, just so your agent can sell it? (People don’t work for free, you are paying for the remodeling)

Advertisements
- My team’s digital expertise enables me to put a vanity property website up with a few hours of time and a $10 registration fee, but why advertise on a website that hasn’t had any visitors? (full disclosure note: I have over 500 custom websites created by my team, most of which have been constantly expanded and updated for years... and they are helping promote my listings)
- JulianaLee.com already ranks on the first page of Google search results for roughly 170 targeted key words and ranks for thousands of organic key words.
- 3rd party digital real estate portals are constantly trying to separate buyers from real estate agents. My team is constantly optimizing existing strategies and creating new ones to maximize your homes exposure.
- How long has it been since you searched through a newspaper to find what you are looking for? I advertise in newspapers but most buyers are looking online.
- I don’t want to separate buyers from their own buyer agents. I encourage all 10,000 plus local agents to bring their own buyers.

Selling A Home That Is Loved
- Reduce uncertainty!
- Fix problems that prevent buyers from seeing your home’s value.
- Fix problems that prevent buyers from getting a mortgage.
- Make it easy for a buyer to proudly call your home their own home.
- Experience, expertise, and passion for selling homes.

Marketing Your Home
- Advertise your home where buyers are already looking.
- Advertise to agents who are helping buyers find their new home.
- Work with buyer agents who really want to get their clients a new home.
- Even before Covid-19 most buyers wanted to get help from their own agent. There are no open houses now. Buyer agents are extremely important.

Presenting Your Home To Buyers
- I know what attracts buyers. I don’t want to own and manage furniture. I manage professional service providers. I make certain you get an effective presentation of your home.
- My team includes an avid photographer with 30+ years of experience, a CPA, a former banking professional, and others. My team uses their expertise and connections to evaluate, manage, and when necessary to step in and provide results. My team above all else sells real estate.

Negotiations And Closing Escrow
- The best professor of solving escrow issues is experience. My 30+ years of experience, my passion for real estate sales, and my tightly knit team working together are I believe unmatched in Silicon Valley.
- Negotiations... are as much a search for solutions as for anything else. The more “solutions” I offer to a prospective buyer, the better his offer will be. A former client who was an ivy league college graduate with a strong interest in negotiations told me that she couldn’t match me in the real estate field.

Juliana Lee
MBA/LLB
Certified Residential Specialist
DRE# 00851314
650-857-1000
homes@julianalee.com
julianalee.com

李文房地產做的最好
Call Juliana Lee for free market analysis
Serving Palo Alto
Buyers & Sellers
for Almost
20 Years

887 E. MEADOW DR.
5 bedrooms, 3 bathrooms
1,928 SF, Lot 6,895 SF
Sold for $2,900,000 on 7/28/20
Represented Sellers

788 FOREST AVE.
3 bedrooms, 2 bathrooms
2,041 SF, Lot 7,500 SF
Sold for $3,200,000 on 10/1/20
Represented Buyers

795 CEREZA DR.
1 bedroom
1,092 SF, Lot 8,250 SF
Sold for $2,625,000 on 10/30/20
Represented Buyers

Linda Xu
650-862-7078
linda@lindaxu.com
www.LindaXu.com
DRE# 01425342

PARC AGENCY IS
THE AREA’S PREMIER
REAL ESTATE BROKERAGE

707 MENLO AVE SUITE100 MENLO PARK, CALIFORNIA 94025
hello@parc-agency.com www.parc-agency.com DRE#02081836
Cities slam VTA plan to divert funds to BART

Palo Alto, Mountain View council members among critics of new 10-year scenario
by Gennady Sheyner

When the Santa Clara Valley Transportation Authority asked voters in 2016 to approve a sales tax increase, the agency promised to use the funds to repair streets, expand the BART system to San Jose and support the efforts of Mountain View, Palo Alto and Sunnyvale to redesign their rail corridors, among other projects. Now, staff of the transit agency are pitching an abrupt change of direction: spending all revenue from Measure B over the next decade on the BART extension and allocating no funding at all for Caltrain improvements, road paving or highway upgrades.

While the VTA’s board of directors has not taken action on the proposed scenario, the tentative plan is already angering city leaders throughout Santa Clara County, who are characterizing the abrupt shift as nothing short of a betrayal of public trust by the agency.

Critics of the new proposal have plenty of history to point to. The VTA’s prior tax measures, which were approved in 2000 and 2008, were used primarily to fund BART projects, despite promises to fund transportation projects in other parts of the county. An analysis conducted by the Santa Clara County Department of Roads and Airports estimated that about 80% of the proceeds from those two measures were directed to BART.

To ensure that this didn’t happen again, city and county elected officials included language in Measure B that explicitly caps expenditures on BART Phase II — the 6-mile extension of the system to downtown San Jose and Santa Clara — at 25% of the measure’s total revenues. The rest would be divvied up for transportation projects throughout the entire county, including congestion relief along

(continued on page 11)

Rising cases, new limits
State to go into more serious regional stay-in-place order in next days
by Sue Dremann, Elena Kadvany and Kevin Forestieri

In an attempt to prevent a crisis in hospitals and intensive care units in the coming weeks due to ballooning cases of COVID-19, California Gov. Gavin Newsom on Thursday announced a regional stay-at-home order for most areas of the state, including in Santa Clara and San Mateo counties.

The state’s regional stay-at-home order, which could begin in days or weeks depending on the region, affects areas where the intensive-care unit capacity in hospitals is below 15%. The state is projecting five regions that will be below that level by mid to late December. The first could reach that level in the next day or two, he said. Overall, the order would affect an estimated 40 million people.

Currently, hospital beds statewide are at 86% of capacity and ICU beds are at 67% of capacity, he said. Greater Sacramento, northern California, San Joaquin Valley and southern California regions are projected to drop below that level by mid to late December. The first region is projected to reach that level by mid- to late December, Newsom said.

The state’s regional stay-at-home order for most areas of Santa Clara County’s COVID-19 dashboard states that the seven-day rolling average of ICU beds with COVID-19 patients is only 22%. The overall occupancy of ICU beds, when including all patients, is 84% in the non-southern part of the county and is even more limited in the southern part, including in Morgan Hill, Gilroy and eastern San Jose, according to health officials.

(continued on page 14)

Twelve days in the wilderness
Before the COVID-19 shutdown, a Palo Alto couple went missing in Marin. Now they’re telling their story.

by Sue Dremann

The late afternoon hike from their vacation cottage wasn’t supposed to take more than 15 minutes. For Palo Altans Carol Kiparsky and Ian Irwin, the idyllic sunset walk along a narrow Marin County trail instead became a nine-day walkabout and a fight for their very survival.

Their disappearance on Feb. 14 set off a massive search-and-rescue mission, which took helicopters and ground teams over and through the rough terrain near Seahaven/Inverness. Given their ages — she, 77, and he, 72 — the length of time of their absence and weather conditions, authorities at one point declared that the rescue had turned into a recovery mission and started searching Tomales Bay for their remains.

But Kiparsky and Irwin did survive, living off fiddlehead tops of ferns and a few seeps, or puddles, containing muddy water. They were found safe by a search-and-rescue team on Feb. 22. Now recovered but still processing their journey, they agreed to talk to the Palo Alto Weekly on Nov. 25, their first interview since their rescue.

Their story of survival, but don’t call what they went through an “ordeal,” they said. Their experiences amounted to much more than that, with deeper insights into the importance of love and companionship, universal human experience and of never giving up.

Irwin and Kiparsky weren’t novice hikers the day they disappeared. The couple has hiked many places over the years, and they were acquainted with the area around their vacation retreat in Seahaven/Inverness, they said.

Irwin was an experienced backpacker, spending weeks at a time in the Sierra Nevada. Having arrived earlier in the The state’s regional stay-at-home order for most areas of Santa Clara County’s COVID-19 dashboard states that the seven-day rolling average of ICU beds with COVID-19 patients is only 22%. The overall occupancy of ICU beds, when including all patients, is 84% in the non-southern part of the county and is even more limited in the southern part, including in Morgan Hill, Gilroy and eastern San Jose, according to health officials.

(continued on page 14)

www.PaloAltoOnline.com • Palo Alto Weekly • December 4, 2020 • Page 5
To all heirs, beneficiaries, creditors, and persons who may be interested in this matter appear before this court at the hearing indicated below to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING: January 5, 2021, 8:45 a.m.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action. The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 6, 2021 at 9:01 a.m. in Dept.: 13 of the Superior Court of California, County of Santa Clara, located at 191 N. First St., San Jose, CA 95113. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by attorney.

If you are a creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the latter of (1) four months from the date of first publication of a notice to general representatives, as defined in section 11000(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California probate and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California probate law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Shirley Tam

The Palo Alto Weekly: 2020-11-17 is published every Friday by Embarcadero Media, 450 Cambridge Ave, Palo Alto, CA 94306. Published twice weekly in the City of Palo Alto, CA, and to multiple online editions. It is distributed without charge by Embarcadero Media through regular distribution. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

The Palo Alto Weekly is delivered to homes in Palo Alto, Menlo Park, Atherton, Los Altos Hills and Los Altos, as well as select staff households in the Stanford campus and to the following hotels: Four Seasons, InterContinental, Hyatt Regency and 5C on the Stanford campus. If you have moved or changed your email since October 23, 2020, please update your information by visiting palatoweekly.com/contact

Or subscribe to the Palo Alto Weekly by providing your email address at palatoweekly.com/subscribe

The Palo Alto Weekly is an independent, nonprofit news organization. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

The Palo Alto Weekly is distributed without charge by Embarcadero Media through regular distribution. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

OFFICE OF THE CONSULTANT MIDWAY Communications The Palo Alto Weekly is delivered to homes in Palo Alto, Menlo Park, Atherton, Los Altos Hills and Los Altos, as well as select staff households in the Stanford campus and to the following hotels: Four Seasons, InterContinental, Hyatt Regency and 5C on the Stanford campus. If you have moved or changed your email since October 23, 2020, please update your information by visiting palatoweekly.com/contact

Or subscribe to the Palo Alto Weekly by providing your email address at palatoweekly.com/subscribe

The Palo Alto Weekly is an independent, nonprofit news organization. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

The Palo Alto Weekly is distributed without charge by Embarcadero Media through regular distribution. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

OFFICE OF THE CONSULTANT MIDWAY Communications The Palo Alto Weekly is delivered to homes in Palo Alto, Menlo Park, Atherton, Los Altos Hills and Los Altos, as well as select staff households in the Stanford campus and to the following hotels: Four Seasons, InterContinental, Hyatt Regency and 5C on the Stanford campus. If you have moved or changed your email since October 23, 2020, please update your information by visiting palatoweekly.com/contact

Or subscribe to the Palo Alto Weekly by providing your email address at palatoweekly.com/subscribe

The Palo Alto Weekly is an independent, nonprofit news organization. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.

The Palo Alto Weekly is distributed without charge by Embarcadero Media through regular distribution. Information published is correct to the best of our knowledge, but we cannot be held responsible for errors. Use of this publication implies acceptance of the terms of service on palatoweekly.com.
HOLIDAY FUND

Making child care work during a pandemic

New challenges, including financial, face programs serving the community’s youngest

by Elena Kadavany

A couple has since started delivering financial help on NextDoor after how urgent it is to get the virus sis. The mother personally knows the precautions of the health crisis said everyone carefully followed Saturday.

Saturday, Hernandez learned that the child care programs would have had to close during several days of poor air quality this fall.

“They were critical to our ability to operate safely this year,” she said of the air purifiers. PACCC is currently serving about 300 children — compared to the usual 900 across 19 sites — in stable cohorts of 12 with two staff members each. When the nonprofit first reopened this summer, Palo Alto Unified elementary schools were still closed, so PACCC staff became students’ distance-learning guides, overseeing 12 children’s different schedules, programs and internet needs.

While revenues decreased with fewer students enrolled, the nonprofit’s costs went up to be able to staff smaller cohorts of children and to cover additional cleaning, personal protective equipment (PPE) and new health protocols, Rock said. PACCC had to raise prices as a result. Starting on Jan. 1, PACCC will charge families a new “COVID fee” — $100 for school-age children and $300 for younger age groups. (Even pre-pandemic, the infant toddler programs were financially tight given the more costly, lower children-to-staff ratios the state requires for young children, Rock said.)

Children are now attending PACCC’s programs for full days two to three days a week and half days two to three days a week based on when they’re going to school in person. Students older than 2 years old must wear face coverings, as do staff, have their temperatures checked and wash their hands before entering the sites.

“When children return to school and child care, it will feel very different than it did when they left,” PACCC’s COVID-19 plan states. “There will be times when children forget the new ‘rules’ and there will be times when children feel distressed by social distancing, missing their parents or maybe they will just need a hug. In these moments we will respond with caring and kindness and make decisions in each moment that put the needs of the child front and center.”

(continued on page 11)
Residents launch referendum petition to keep ban at Foothills Park

Appeal would force city to hold public vote on access, restore 1965 policy at nature preserve in the interim

by Gennady Sheyner

Palo Alto’s recent decision to expand access to Foothills Park by welcoming nonresidents to the exclusive nature preserve is facing a challenge from a group of residents who are hoping to reverse it through a referendum. If the referendum effort succeeds, the City Council would have to cancel its plan to open Foothills Park to nonresidents on Dec. 17. It would also likely revive the lawsuit against the city by a coalition that includes the American Civil Liberties Union, the NAACP and residents from Palo Alto and neighboring cities over the exclusive nature of the 1,400-acre preserve where admission is currently limited to Palo Alto residents and their guests.

In challenging the 1965 law that restricts Foothills Park access, the plaintiff coalition has argued that it violates several fundamental rights of nonresidents, including the right to travel, the right to free speech and their right to free assembly. On Sept. 15, lawsuit also argues that the law “traces its roots to an era when racial discrimination in and around the city was open and notorious,” citing the prevalence of blockbusting, redlining and racially restrictive covenants in home deeds.

“The ordinance perpetuates this historic exclusion and violates the constitutional rights of individuals who are not Palo Alto residents,” the lawsuit states. “It bars non-residents from entering a public park that occupies nearly 10% of the land in Palo Alto. And it transforms this vast space into a preserve for the fortunate few: for people who were not systematically denied the right to reside in the city during the era of outright racial exclusion, and people who are wealthy enough to afford to move into the city today, as it has become one of the five most expensive places to live in the United States.”

The council was preparing to expand access to the preserve even before the lawsuit, though council members were planning to do it on a more limited and gradual basis. In August, the council approved a pilot program that would allow nonresidents to buy up to 50 permits per day to visit Foothills Park. The council also specified at that time that it intended to send the issue of nonresident access to the voters in November 2022.

But faced with the lawsuit, the council voted 5-2 on Nov. 2 to follow the advice of City Manager Ed Shikada and City Attorney Molly Stump and strike the ban on nonresidents from the municipal code. The council also agreed to limit park access to 750 visitors at any one time for the first 90 days (after that, the limit would revert to the current level of 1,000 visitors). Council members Lydia Kou and Greg Tanaka both dissented, with Kou arguing that the lawsuit “circumvents the democratic process.”

Now, Kou is supporting a citizen effort to overturn the action of the council majority. On Nov. 26, she sent out a mass email informing her supporters of the referendum drive and urging them to get involved.

Much like Kou had argued at the Nov. 2 meeting, supporters of the referendum are alleging that because the council made its decision to settle in a closed session, the council should suspend the policy change until a public vote. Irina Beylin, who is gathering signatures for the referendum, said the Palo Alto Weekly that she does not oppose opening Foothills Park to nonresidents — she just wants to see it done through a transparent public process.

She said she supported the council’s initial proposal for a one-year pilot program with limited nonresident permits and careful evaluation of impacts on the nature preserve.

She strongly objected, however, to the council’s Nov. 2 decision to scrap the provision based on a lawsuit. This, she said, creates a “slippery slope” in which outside groups can pressure the city with lawsuits to overturn policies favored by the public.

She noted that even if the signature-gathering effort succeeds, it doesn’t mean that the city will have to wait until November 2022 to welcome nonresidents. The council, she said, can simply reverse the pilot program that the council had initially approved through a public process.

“We have to do it openly and transparently. Nothing behind closed doors,” Beylin said.

The referendum petition similarly frames the issue as one of transparency.

“The democratic process should be followed,” the referendum petition states. “The current changes to Foothills Park Ordinance were approved by City Council behind closed doors without input from the public. The measure to open Foothills Park to the general public should be put on the ballot, and details should be openly discussed with constituents.”

As of Monday afternoon, proponents of the referendum have already gathered a “few hundred” signatures, Beylin said. They need to get more than 2,500 by the Dec. 16 deadline to force a referendum. With the pandemic raging across the nation and Santa Clara County recently adding new restrictions to contain the recent increase in COVID-19 cases, Beylin knows the signature-gathering effort remains an uphill climb, particularly since local law requires all signatures to be gathered by hand. But she believes that if the council rescinds its Nov. 2 policy and instead moves ahead with a more gradual pilot program, it will have the added benefit of securing buy-in from more residents.

“When people see that the pilot program works, I’m positive that it would be overwhelmingly supported by Palo Alto residents to open the park, with certain conditions,” Beylin said.

Staff Writer Gennady Sheyner can be emailed at gsheyner@paweekly.com.

City Council (Nov. 30)

Economy: The council held a study session to discuss economic recovery from the COVID-19 pandemic. Action: None

Commission: The council approved the new handbook for local boards, commissions and committees. Yes: Unanimous

233 University Ave.: The council affirmed the planning director’s decision to allow a proposed development at 233 University Ave. to receive density bonus for demolishing an existing unreinforced masonry building and replacing it. The council also directed staff to return with a text amendment specifying that demolition of unreinforced masonry buildings in the downtown area qualifies as “rehabilitation” for the purpose of receiving density bonuses. Yes: Cormack, Dubois, Filehne, Pirie, Kou, Tanaka No: Kries

Council Finance Committee (Dec. 1)


Budget: The council recommended approving various budget amendments proposed by staff. Yes: Dubois, Kries No: Tanaka

Energy: The committee supported moving ahead with a base resource power supply contract with the Western Area Power Administration. Yes: Unanimous

Utilities Advisory Commission (Dec. 2)

Water: The council discussed a comparison of water rates among the various cities supplied by the San Francisco Public Utilities Commission. Action: None

Forecast: The commission discussed the fiscal year 2022 utilities financial forecast and rate projections. Action: None

Architectural Review Board (Dec. 3)

3585 El Camino Real: The board approved a proposed mixed-use development at 3585 El Camino that includes 2,400 square feet of office space and three residential units. Yes: Baltay, Hirsch, Loe, Lew Absent: Thompson

For daily updates, visit www.PaloAltoOnline.com
City to grant incentives for demolishing, replacing seismically shaky buildings

Council agrees to revert to incentivizing reconstruction, not just rehabilitation

by Gennady Sheyner

I t's easy for a reasonable person to conclude that rehabilitation and demolition are not the same thing. One preserves a building; the other knocks it down. But things get murky in the world of zoning.

City Council generally reserves the debate centered on whether structures. Even more broadly, rather than refurbishing — old how the city treats future propositions, which houses Mills Florist, the Tap Room and Hookah Nites Lounge. It would also influence how the city treats future proposals that involve demolishing — rather than refurbishing older structures. Even more broadly, the debate centered on whether city planners should be creating a new policy, a function that the City Council generally reserves for itself.

The hearing was triggered by an appeal from three former council members — Karen Holman, Pat Burt and Greg Schmidt — who all felt that planning staff had overstretched its boundary in allowing the demolition of the unreinforced masonry building at 233 University Ave, owned by the Mills family, which is looking to demolish and replace rather than rehabilitate the structure.

But the council also agreed with the three appellants that the broader decision on whether demolition should count as rehabilitation for the purpose of the bonus program is a policy change. As such, it should be an issue that is settled by the council, not through an interpretation of a specific development application by city staff. By a 6-1 vote, with Council member Liz Kniss dissenting, the council voted to support a motion from Vice Mayor Tom DuBois that allows Lait’s current interpretation to stand for up to a year and that also directs staff to return to the council with a zoning amendment. The amendment would specify that demolition qualifies as rehabilitation when applied to downtown’s unreinforced masonry buildings, provided the applicant provides all the necessary technical data showing that rehabilitation is not feasible.

Mayor Adrian Fine proposed simply rejecting the appeal and letting Lait’s interpretation stand as the new law of the land. That...
Support our Kids
with a gift to the Holiday Fund

Each year the Palo Alto Weekly Holiday Fund raises money to support programs serving families and children in the Palo Alto area. Since the Weekly and the Silicon Valley Community Foundation cover all the administrative costs, every dollar raised goes directly to support community programs through grants to non-profit organizations.

With the generous support of matching grants from local foundations, including the Packard, Hewlett, Peery and Arrillaga foundations, your tax-deductible gift will be doubled in size. A donation of $100 turns into $200 with the foundation matching gifts.

Whether as an individual, a business or in honor of someone else, help us reach our goal of $400,000 by making a generous contribution to the Holiday Fund.

With your generosity, we can give a major boost to the programs in our community helping kids and families.

Give to the Palo Alto Weekly Holiday Fund and your donation is doubled. You give to non-profit groups that work right here in our community. It’s a great way to ensure that your charitable donations are working at home.

As of December 1, 144 donors have contributed $102,265 to the Palo Alto Weekly Holiday Fund.

Please consider donating online, which enables your gift to be processed immediately. The secure website is: siliconvalleycf.org/paw-holiday-fund

Enclosed is a check for $______

Name __________________________________________________________

Business Name __________________________________________________

Address ________________________________________________________

City/State/Zip ___________________________________________________

Email __________________________________________________________

Phone __________________________________________________________

I wish to designate my contribution as follows: (select one)

☐ In my name as shown above

☐ In the name of business above

OR:  ☐ In honor of:  ☐ In memory of:  ☐ As a gift for:

_____ (Name of person)

Non-profits: Grant application & guidelines at PaloAltoOnline.com/holiday_fund

Application deadline: January 11, 2021

Last Year's Grant Recipients

<table>
<thead>
<tr>
<th>Non-profit Organization</th>
<th>Grant Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>41ers Academy</td>
<td>$20,000</td>
</tr>
<tr>
<td>Aide Works</td>
<td>$5,000</td>
</tr>
<tr>
<td>Adams-Broadway Alliance (Dede Elsas)</td>
<td>$5,000</td>
</tr>
<tr>
<td>Alda’s Café</td>
<td>$5,000</td>
</tr>
<tr>
<td>Adolescent Counseling Services</td>
<td>$7,500</td>
</tr>
<tr>
<td>All Students Matter</td>
<td>$10,000</td>
</tr>
<tr>
<td>Art in Action</td>
<td>$5,000</td>
</tr>
<tr>
<td>Art of Yoga</td>
<td>$5,000</td>
</tr>
<tr>
<td>Bayshore Christian Ministries</td>
<td>$5,000</td>
</tr>
<tr>
<td>Big Brothers Big Sisters</td>
<td>$5,000</td>
</tr>
<tr>
<td>Buena Vista Homework Club (Caritas)</td>
<td>$10,000</td>
</tr>
<tr>
<td>CASA of San Mateo County</td>
<td>$5,000</td>
</tr>
<tr>
<td>CASHY</td>
<td>$10,000</td>
</tr>
<tr>
<td>DreamCathers</td>
<td>$20,000</td>
</tr>
<tr>
<td>East Palo Alto Academy Foundation</td>
<td>$7,500</td>
</tr>
<tr>
<td>East Palo Alto Kids Foundation</td>
<td>$10,000</td>
</tr>
<tr>
<td>East Palo Alto Library (formerly Quest)</td>
<td>$3,000</td>
</tr>
<tr>
<td>East Palo Alto Tennis &amp; Training</td>
<td>$10,000</td>
</tr>
<tr>
<td>Esquimalt Hunger Program</td>
<td>$10,000</td>
</tr>
<tr>
<td>Environmental Volunteers</td>
<td>$5,000</td>
</tr>
<tr>
<td>Family Connections</td>
<td>$5,000</td>
</tr>
<tr>
<td>Fit Kids Foundation</td>
<td>$5,000</td>
</tr>
<tr>
<td>Foundation for a College Education</td>
<td>$7,500</td>
</tr>
<tr>
<td>Friends of Junior Museum &amp; Zoo</td>
<td>$5,000</td>
</tr>
<tr>
<td>Health Connected</td>
<td>$5,000</td>
</tr>
<tr>
<td>Heart and Home Collaborative</td>
<td>$10,000</td>
</tr>
<tr>
<td>Hidden Villa</td>
<td>$5,000</td>
</tr>
<tr>
<td>Jasper Ridge Farm</td>
<td>$3,000</td>
</tr>
<tr>
<td>TARA</td>
<td>$11,000</td>
</tr>
<tr>
<td>Live in Peace</td>
<td>$5,000</td>
</tr>
<tr>
<td>Marine Science Institute</td>
<td>$5,000</td>
</tr>
<tr>
<td>Music in the Schools Foundation</td>
<td>$5,000</td>
</tr>
<tr>
<td>MusiCares</td>
<td>$5,000</td>
</tr>
<tr>
<td>New Horizons for Youth (Social Good Fund)</td>
<td>$3,000</td>
</tr>
<tr>
<td>Oursesta Casita</td>
<td>$7,500</td>
</tr>
<tr>
<td>Palo Alto Art Center Foundation</td>
<td>$5,000</td>
</tr>
<tr>
<td>Palo Alto Housing</td>
<td>$5,000</td>
</tr>
<tr>
<td>Palo Alto Music Connection</td>
<td>$5,000</td>
</tr>
<tr>
<td>Peninsula Bridge Program</td>
<td>$5,000</td>
</tr>
<tr>
<td>Peninsula College Fund</td>
<td>$5,000</td>
</tr>
<tr>
<td>Peninsula Volunteers</td>
<td>$5,000</td>
</tr>
<tr>
<td>Ravenswood Education Foundation</td>
<td>$7,500</td>
</tr>
<tr>
<td>Rich May Foundation</td>
<td>$5,000</td>
</tr>
<tr>
<td>Rise Together Education</td>
<td>$10,000</td>
</tr>
<tr>
<td>Robotics for All</td>
<td>$3,600</td>
</tr>
<tr>
<td>Silicon Valley Bicycle Exchange</td>
<td>$5,000</td>
</tr>
<tr>
<td>Silicon Valley Urban Debate League</td>
<td>$5,000</td>
</tr>
<tr>
<td>St. Francis of Assisi Youth Club</td>
<td>$5,000</td>
</tr>
<tr>
<td>TheatreWorks</td>
<td>$5,000</td>
</tr>
<tr>
<td>Vista Center for Blind &amp; Visually Impaired</td>
<td>$5,000</td>
</tr>
<tr>
<td>Wildlife</td>
<td>$15,000</td>
</tr>
<tr>
<td>YMCA - EPA</td>
<td>$10,000</td>
</tr>
<tr>
<td>YMCA - PA Family</td>
<td>$5,000</td>
</tr>
<tr>
<td>Youth Community Service</td>
<td>$20,000</td>
</tr>
<tr>
<td>Youth Speaks Out</td>
<td>$10,000</td>
</tr>
</tbody>
</table>

Child Care Facility Improvement Grants

<table>
<thead>
<tr>
<th>Non-profit Organization</th>
<th>Grant Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gatepath (Ability United)</td>
<td>$5,000</td>
</tr>
<tr>
<td>All Five</td>
<td>$10,000</td>
</tr>
<tr>
<td>Grace Lutheran Preschool</td>
<td>$3,000</td>
</tr>
<tr>
<td>The Learning Center</td>
<td>$5,000</td>
</tr>
<tr>
<td>Palo Alto Community Child Care</td>
<td>$6,000</td>
</tr>
<tr>
<td>Palo Alto Friends Nursery School</td>
<td>$5,000</td>
</tr>
</tbody>
</table>

High school scholarships: $8,000

New Donors

<table>
<thead>
<tr>
<th>Name</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jane Mader</td>
<td>125</td>
</tr>
<tr>
<td>Teas &amp; Eric Byler</td>
<td>75</td>
</tr>
<tr>
<td>Robyn H. Crutch</td>
<td>*</td>
</tr>
<tr>
<td>Stephanie Klein &amp; Larry Baer</td>
<td>*</td>
</tr>
<tr>
<td>Sue Kemp</td>
<td>250</td>
</tr>
<tr>
<td>Judy Kramer</td>
<td>150</td>
</tr>
<tr>
<td>Barbara Klein</td>
<td></td>
</tr>
<tr>
<td>Tobye Kaye</td>
<td>250</td>
</tr>
<tr>
<td>Michael Kieschnick</td>
<td>500</td>
</tr>
<tr>
<td>Bruce Campbell</td>
<td></td>
</tr>
<tr>
<td>Cathy Kromynd</td>
<td>250</td>
</tr>
<tr>
<td>Werner Graf</td>
<td>250</td>
</tr>
<tr>
<td>Dorothy Deininger</td>
<td>250</td>
</tr>
<tr>
<td>Amy Crowe</td>
<td>500</td>
</tr>
<tr>
<td>Gary &amp; Karen Fy</td>
<td>250</td>
</tr>
<tr>
<td>Bill Reiter</td>
<td></td>
</tr>
<tr>
<td>Jody Maman</td>
<td></td>
</tr>
<tr>
<td>Martha Shirk</td>
<td>1,000</td>
</tr>
<tr>
<td>Jim &amp; Karen Lewis</td>
<td>*</td>
</tr>
<tr>
<td>Judith Appley</td>
<td>250</td>
</tr>
</tbody>
</table>

11 Anonymous: $3,835

10 Vic Bellica | 100 |
| Ted & Ginny Chu | * |
| Penny & Greg Gallo | 500 |
| Bridg Barton | 5,000 |
| Bridg & Rob Robinson | 200 |
| Karen & John Antoun | 2,000 |
| Harry Hartzell | 250 |
| Susan & Doug Woodman | * |
| Peggy & Royce Nute | * |
| Roy & Carol Blitzer | * |
| Gerald & Donna Silkerberg | 100 |
| Jan & Freddy Gabra | 250 |
| Hall & Iris Kord | * |
| Sally Hendert | 3,000 |
| Arthur Koller | 500 |
| Bruce & Jane Gee | 250 |
| Denise Sasse and Darrell Duffie | * |
| Loreto Porco de Leon | 100 |
| Thomas Shiloh | 500 |
| Ron Wolf | 250 |
| Andrea Smith | 100 |
| Bonnie Packer | 100 |
| Michael & Gwen Haven | 5,000 |
| Jan and Scott Kliner | 500 |
| Daniel Cox | 200 |

As of December 1, 144 donors have contributed $102,265 to the Palo Alto Weekly Holiday Fund.
Patrick Burt ........................................ 500
Joelchen Dong .................................... 100
Carolyn Brennan ................................. *
Tom & Patricia Sanders ....................... *
Page & Farrel Sanders ......................... 100
Delay Peck ........................................ 200
Diana Diamond .................................. 300
Dorothy Sae ....................................... 100
Joanne & Leonard Ware ..................... 100
Richard A. Baumgartner & Elizabeth M. Saber .........................*
* Jenny & Bob Stenger .........................* 
* Linda & Steve Bowler .......................* 
* Nancy & Joe Huber ..........................* 
* Steven Ferbeng ............................... 5,000 
* Jean Vu ......................................... 1,000 
* Marc Tyler & Jennifer Cray ................ 200
* Ann & Don Rothblatt ....................... 500
* Marisa & Michael Katz ..................... 150
* Diane Moore ................................. 100
* Armando & Deborah Padilla .......... 250
* Pat & Perry Padilla .......................... 100
* Robert & Barbara Simpson .........* 
* Julie & Jon Jerome .........................* 
* Lutf & Sharon Erickson ................. 500 
* Edward Kanawaza ......................... 200
* Scott Carlson & Katharine Miller ...... 10,000
* Stephen & Nancy Levy .................. 150 
* Mike & Ian Couch .......................... 250
* Karen & Steve Ross ........................ 500
* Katherine & Jeffrey Bass ............. 500 
* Lani Freeman & Stephen Monsmith .. 100
* Harriet & Gerry Bernt ...................... 500
* Sally & Craig Antworth ................. 250
* Christine Min Wotkis & Anthony Landis .. 100 
* John Galen ....................................* 
* Julie & Jon Jerome .........................* 
* Aliza & Robert Eberhart ............... 200 
* Antonio ....................................... 100 
* Foundation .................................... 5,000 
In Honor Of
Ray Barcherts .................................... 200 
* Norman L. Cope ........................... 100 
* Sandy Sloan .................................. 100 
* Lee Dorrin ....................................... 50
* Millie Fuchs ................................. 200
* David W. Mitchell .......................... 100 
* Rudy Schubert ............................... 200 
* Maria & Scott Brown ..................... 200 
* The Zschokke Family ..................... 100 
* Alissa Ripper Picker ...................... 200 
* Sertha Kalyan .............................. 200 
* Lyng & Yen-Chen Yen ...................... 250 
* Mrs. Else Yang ...................... 200 
* Ernesto J. Moss ................................ 100
* Tracy & Alice ............................... 200 
* Pam Grady ..................................... 500 
* Lily & Phillip Gohderrie .................. 200
* Bob Skokned ..................... 2,500 
* Our Loving Parents Albert & Beverly Pelizzi ....... 250 
* Floyd Paulson Jr. ...................... 3,000 
* Edward & Elizabeth Buena ..* 
In Memory Of
Farmeraive Principal Ins Wong ................. 220
* Joe Simon .................................. 220
Businesses & Organizations
Alta Mesa Cemetery & Funeral Home ............... 2,000 
Delmas Ellmissão, DDS ......................... 200
Hayes Group Architects ..................... 5,000
Sponsors of Moonlight Run: Stanford Health Care .......... 10,000
Wilson Sonsini Goodrich & Rosati Foundation .................................. 200
Sutter Health/Palo Alto Medical Foundation .... 5,000 
Palo Alto Arts ......................... 5,000 
Facebook ........................................ 5,000
Wealth Architects ......................... 5,000
Chun Zuckerberg Initiative ............ 5,000
Bank of the West ................................ 1,500
A Runner’s Mind ................................. 1,000

** Holiday Fund (continued from page 7)

Parents must fill out daily health check forms, sign-in and -out requirements. Par- ents are no longer allowed to visit their children’s classrooms — a major change from the nonprofit’s longtime open-door policy, Rock said.

The nonprofit has lost about 20% of its donations. Other than that, there wasn’t enough work for them, they moved out of the area or they didn’t feel comfortable returning to work in person, Rock said. To keep the cohorts stable, there’s also no possibility for substitutes or vacations for staff.

“When we reopened, staff and kids and families were rea- sonably excited, and I think our staff really recognized just how important the services are that they’re providing. On the other hand, it’s a hard environment for them to work in. You’re really focused on cleaning protocols and daily intake protocols — taking every child’s tempera- ture and the litany of health and safety questions you go through before they can even walk through the door every day — and not being able to see a real light at the end of the tunnel,” Rock said. “We’ve been trying to focus more on the emotional well-being of our staff, to help them continue to do this work because the families that need us really need us.”

As PACC continues to operate at a loss, the nonprofit’s leadership is looking for other funding opportunities and ways to rebuild reserves to prepare for the next crisis, whatever it may be. Rock, meanwhile, is looking around at other local child care programs, some of which have not reopened and at least one of which closed permanently.

“Child care has always oper- ated on thin margins. Even if you were set up last for a while, like we were, you’re not going to last

www.PaloAltoOnline.com • Palo Alto Weekly • December 4, 2020 • Page 11
week, they set out on a narrow trail near their cottage to find a commanding view of their surroundings, including Tomales Bay. “We thought it would be lovely to see the sunset and come back and have dinner,” Irwin recalled.

As the sun descended in the sky, they worked their way back toward the cottage. Seemingly in an instant, the beauty and grace of the setting sun fell away into a black, moonless void. Coastal mist enveloped them.

They became disoriented. They were walking the trail “by Braille,” Irwin said. They were the first of many without much backing up, for as long as they could. They had blood dripping down his face, and his shirt, corduroy pants, a favorite sweatshirt with a jacket on top, a hat and comfortable shoes; Irwin had a light down sweater jacket, funnel shirt, corduroy pants with a small tear in one leg and hiking boots. Alone in the cold and darkness, they pried up ferns on which to rest their heads. That night would be the first of many without much sleep. With temperatures in the low- to mid-30s, the nights were “bone-chilling,” Irwin said. They huddled as best as they could to keep each other warm.

“We would take turns to warm each other up,” Irwin added. As they tossed and turned through the night, they alternated holding the other’s back for warmth.

“I could see Tomales Bay in the distance. The trails are narrow here and tend to come and go, so we wandered most of that morning. We thought if you can navigate downhill you would get to Tomales Bay and to civilization. It was really hard going. We were beating through dense, dense underbrush,” Irwin said.

He threw himself backward over the dense vegetation to flatten it under his pad and you are in the middle of it,” Kiparsky said. “It’s kind of hard to find your way through. And in any direction you go, there’s more Brillo.”

In many places, they would fall through the vegetation, which had grown over a creek about five or six feet beneath, soaking their feet and legs. But they could not drink the water; it smelled of sewage. They decided they wouldn’t take a chance. Getting sick on top of being lost was unthinkable, Irwin said.

Hope came in the form of a few distant summer homes, but these were closed up, uninhabited for the winter, they soon realized, with no one inside to see or hear them. “By day two we did a lot of screaming,” Irwin said, trying to attract attention.

At first, they weren’t frightened. The couple has done much background. They felt comfortable in the woods, Kiparsky said. Kiparsky remembered hunting for fiddleheads, the spiral, young fronds of Ostrich ferns not yet unfurled that people would pick and eat on the East Coast where she grew up. The tops would usually be sauteed in olive oil and garlic. The couple sustained themselves on uncooked fiddleheads and a few other recognizable edible plants, she said. The fiddleheads are low in calories — only 34 calories per about 100 grams — but they are high in antioxidants, vitamins A and C and essential fatty acids. But they had nothing to drink.

By day four, they became delusional from the lack of water. “We would take turns to warm each other up,” Irwin added. As they tossed and turned through the night, they alternated holding the other’s back for warmth.

“I could see Tomales Bay in the distance. The trails are narrow here and tend to come and go, so we wandered most of that morning. We thought if you can navigate downhill you would get to Tomales Bay and to civilization. It was really hard going. We were beating through dense, dense underbrush,” Irwin said.

He threw himself backward over the dense vegetation to flatten it under his pad and you are in the middle of it,” Kiparsky said. “It’s kind of hard to find your way through. And in any direction you go, there’s more Brillo.”

In many places, they would fall through the vegetation, which had grown over a creek about five or six feet beneath, soaking their feet and legs. But they could not drink the water; it smelled of sewage. They decided they wouldn’t take a chance. Getting sick on top of being lost was unthinkable, Irwin said.

Hope came in the form of a few distant summer homes, but these were closed up, uninhabited for the winter, they soon realized, with no one inside to see or hear them. “By day two we did a lot of screaming,” Irwin said, trying to attract attention.

At first, they weren’t frightened. The couple has done much background. They felt comfortable in the woods, Kiparsky said. Kiparsky remembered hunting for fiddleheads, the spiral, young fronds of Ostrich ferns not yet unfurled that people would pick and eat on the East Coast where she grew up. The tops would usually be sauteed in olive oil and garlic. The couple sustained themselves on uncooked fiddleheads and a few other recognizable edible plants, she said. The fiddleheads are low in calories — only 34 calories per about 100 grams — but they are high in antioxidants, vitamins A and C and essential fatty acids. But they had nothing to drink.

By day four, they became delusional from the lack of water. “We saw imaginary people. At one point Carol thought we were in the bedroom. All we had to do was go to the closet and get a blanket to keep warm,” Irwin said.

Her delusions became treacherous at times. She didn’t recognize her own jacket and took it off, thinking it belonged to someone else; she left a shoe behind that came off in the mud, then saw no need to keep the other.

“One saving grace. As the couple drifted in and out of confused states of mind, at least they did it at separate times, they said.

“There was always someone with an ounce of sanity,” Kiparsky said.

Irwin said that, just like the spots one sees floating in one’s field of vision, thoughts of people he knew passed by, and being alone for so long gave him the chance to remember them more deeply.

“It was an opportunity to think of everyone I’ve ever known,” he said. “I wondered if something did happen to us if they would find out about it and how that would affect them.”

“There were all kinds of moments in the day,” Kiparsky said. “Definitely, we thought we might die. We thought about grandchil- dren and children and other people and my cat and I thought, ‘There’s no way I’m ready to leave these beings. So I’m sorry, I’m not dying.’”

Thoughts of death didn’t consume them, though, Irwin said. Their goal was to keep moving and not to give up. And they knew the key was having each other.

“Being close was indispensable,” Kiparsky said. “I think I would’ve never gotten out of there if I had been there by myself.”

Because Irwin was injured, at one point she tore pieces of a silk scarf and tied them onto trees so that Irwin could follow her to the next clearing, but even at 20 feet away they couldn’t see each other. Although she lost her shoes, Kiparsky’s feet were in better shape than Irwin’s. Irwin, with boots, is more likely to find foot problems from the lack of circula- tion — sort of like trench foot that soldiers developed during World War I, he said. He was afraid to take his shoes off to look at blisters.

When end-of-life thoughts did cross their minds, they managed them with humor at times.

“At one point we were talking about planning our estate and things like who would get what instead of ... being incarcerated or buried — that we would want to be com- post. And we were sitting there amid piles of vegetation and ev- erything, and he says, ‘You know about that compost burial? We might be accomplishing it right now,’” Kiparsky said.

After the fourth day without wa- ter, they resolved they had to drink whatever they could. If not, they knew they would die. They found small seeps — puddles created by water oozing up through the ground — and places where a deer might have put their hoof print. The water there didn’t smell like a septic system. They tried to absorb the water with a sock, squeezing handfuls into their mouths. Some- times, they laid down and sipped from the small puddles, they said.

The water seeps contained bio- minessent fungi. At night, sticks around the water margins would glow in the dark, Irwin said.

They always had the expectation they would be rescued. At nights, a helicopter flew overhead. Irwin could see its green and red lights. He took off his shirt, hoping his skin would give off a heat signa- ture detectable by infrared sensors.

“It flew right over us. We waved and screamed constantly,” he said. Sometimes they sang songs to lift their spirits. Old favorites turned into ballads about their
circumstances, such as songs about drinking muddy water, they said. By Day 9, however, they were beginning to feel they might truly die. The couple was hesitant to leave the water holes. “We were pretty spent” by then, Irwin said.

But on the morning of Feb. 22, their ninth day in the wilderness, they heard faint voices. The couple called out. “It seemed to be a call and response,” Irwin said.

“Definitely, we thought we might die. We thought about our children and our grandchildren, and I thought, ‘There’s no way I’m ready to leave these beings.’”

—Carol Kiparsky

On the other end were Marin Search and Rescue volunteer Quincy Webster, California Rescue Dog Association volunteer Rich Cassens and Groot, a golden retriever. Kiparsky and Irwin had been found, about 4 miles from the cottage where they’d started their sunset hike. Cassens said they would send the dog down to the couple. The brush was too dense to get through. “I asked, ‘Is that a cadaver dog or a person dog?’” Irwin recalled. “He said, ‘He does both.’”

The friendly, 3-year-old Groot made his way to them, but it took another 40 minutes for Quincy and Cassens to reach them after cutting through the thick vegetation. They had fresh water, Gatorade and warm clothing.

A helicopter arrived with a litter on which to carry Kiparsky and Irwin out. Irwin broke into song as he was hoisted into the sky, singing “Swing Low, Sweet Chariot,” he said, “before, it was a fleeting, ‘Oh, we’ve got birds. Isn’t that nice?’”

Now, “There’s so much more capacity to know who’s who and how many different kinds they are and their behaviors and seeing them from different angles,” she said.

There are flashbacks. During a visit to a garden store in Redwood City, Irwin came across benches made out of twisted willow branches. It brought back unpleasant memories of the thicket of brambles, he said.

“I asked, ‘Is that a cadaver dog or a person dog?’” He said, “He does both.”

—Ian Irwin

The couple had been doing much writing about their experiences since returning home. “We’ve been processing,” Kiparsky said of their time in the wilderness, which is still vivid to her. “I feel there’s a lot to be learned from it. … When I stop and think about it, things come up.”

They also hadn’t shied from revisiting the place where they became lost. In August, they went back to those woods to find where they had started. They were accompanied by two of their rescuers, and they shared all of the events, including what was involved in their rescue.

About 1,400 or 1,500 people get lost in national parks each year, Irwin said he has heard. Looking back on their experience, Irwin said when taking even a short walk in the wilderness now, he will take a cell phone, as much as he dislikes mobile devices.

Kiparsky said that what stands out to her most is a new perspective: “You are just more aware of being alive. Alive.”

Staff Writer Sue Dremann can be emailed at sdremann@pawweekly.com.

About the cover: Sitting in the backyard of their Palo Alto home, Ian Irwin and Carol Kiparsky look back on the nine days in February when they went missing in the wilderness. Photo by Magali Gauthier. Design by Douglas Young.

California Rescue Dog Association volunteer Rich Cassens, far left, and Groot, his 3-year-old golden retriever, and Marin County Search and Rescue volunteer Quincy Webster, center, found Palo Alto residents Carol Kiparsky and Ian Irwin in Marin County on Feb. 22.
The order temporarily closes bars, wineries, personal service establishments, and indoor and outdoor unessential travel. Schools already with waivers and nonessential travel. Critical infrastructure such as grocery stores and pharmacies will remain open. Retail will be limited to 20% of capacity to reduce exposure, and restaurants will be limited to takeout and deliveries. Once triggered, the order would be in place for at least three weeks, he said. The order also limits all nonessential travel.

“If we do this now, the hospital system will be overwhelmed,” Newsom said, adding that “this is not a permanent state” but that the nation is in the final surge in the pandemic. With vaccines, the state is a few months away from seeing some control over the virus, he said.

But in the meantime, California residents must prevent as many deaths as possible and help keep hospitals and their essential workers from being overwhelmed. The number of COVID-19 deaths, for example, has increased eight-fold in the last two months. The state recorded 1,130 deaths on Nov. 2 to 113 on Dec. 2, he noted.

State officials are also taking additional measures to ensure there are enough hospital beds. For the last 72 hours, they have been discussing with hospitals ways to proactively suspend elective surgeries to free up beds. The state also has 11 facilities in “warm status” with 1,503 additional beds to meet the surge. One facility, at the San Mateo County Convention Center, has the capacity for 250 beds.

Newsom urged people to comply with the regional order and to have patience. He estimated the next month or two would be significantly challenging.

“This is the light at the end of the tunnel. This is not a marathon any longer; this is a sprint,” he said.

County adds new restrictions
Newsom’s Thursday announcement came just days after Santa Clara County instituted its own additional restrictions to address an expected surge in hospitalization.

Santa Clara County Health Officer Dr. Sara Cody announced mandatory limitations that took effect on Nov. 30. These include capacity limits for stores and other indoor facilities, which would have to limit capacity to 10% (for grocery stores and pharmacies, the limit would be 25%); a temporary ban on all professional, collegiate and youth sports and involve physical contact or close proximity, and a requirement that people who travel more than 150 miles in 72 hours, they have been discussing.

As of Dec. 2, Santa Clara County had 35,945 COVID-19 cases, 486 deaths and a seven-day rolling average of 498 new cases per day — from 347 a day the week prior. In addition, 287 people were hospitalized with the virus on Dec. 1, a jump of 74 people in one week. Of these, 83 were in intensive care units and 185 out of 715 ventilators were in use. While COVID-19 patients are using only 22% (the seven day rolling average) of the ICU beds, health leaders said on Dec. 2 that the overall occupancy of ICU beds when other patients are included is more than 84%.

Plan for vaccine distribution
State and county health officials are also in the midst of formulating plans for distributing vaccines once they become available.

California expects to receive the first 327,000 vaccine doses from pharmaceutical company Pfizer by Dec. 15 to 15. Since two doses must be administered about a month apart, that means only half that number of people would actually be vaccinated, he noted. The state is also expecting to receive doses from Moderna and details are currently being worked out, he said.

County health department staff also released new details on Dec. 2 about the COVID-19 vaccine, including a specific plan to manage and distribute doses when they become available. The county will receive an allocation of the vaccine by the state of California and is required to follow a federally mandated prioritization for distribution. Doses will initially be available for those who are at highest risk, Dr. Jennifer Tong said during a press conference, including those working in the health care environment and other front-line workers with heightened risk of exposure to the virus.

“Let me emphasize that we all must continue to do our part to stay safe while we wait,” Tong said. “It might take many months before everyone who is interested in getting a vaccine is able to get one.”

Bay City News Service contributed to this report. Staff Writer Sue Dremann can be emailed at sdremann@paweekly.com.

Family
(continued from page 7)

this week again turned to NextDoor to seek help. That’s when Becky Chan, a new Palo Alto resident and total stranger to Hernandez, stepped in to help Hernandez and total stranger to Hernandez.

Since Sunday, the fundraiser has collected $10,500 out of the $261,347 goal — enough to pay for several months of rent and groceries. Other local residents have also stepped up to deliver household supplies and food to Hernandez’s doorsteps.

For Hernandez, she has only the now all-too-familiar message to share: “Please wear your masks; don’t go outside much; and don’t bring outside family and friends to the house.”

For those who wish to access Santa Clara County’s Isolation & Quarantine Support Services, call 408-808-7770 seven days a week, 8 a.m. to 5 p.m., or go to sccgov.org/coronavirus and click on “Home isolation and quarantine guidance.”

Editorial Assistant Lloyd Lee can be emailed at llee@paweekly.com.

Buildings
(continued from page 9)

Burt noted that when the council decided in 2014 to follow a strict interpretation of the seismic program, the intent was to have staff re-evaluate the program and return with revisions that would make it more effective. Development Services staff began the work under former department Director Peter Pinnejad, but the revision was never completed.

Staff had determined that it would require additional consultant services. Given the city’s ongoing budget challenges, staff deferred completing the work.

Burt, who served on the council along with Holman and Schmid when these discussions were taking place, said that the council’s goal at the time was to have a report that would allow them to design a new program through a combination of mandates and incentives for seismic rehabilita-

Staff Writer Gennydry Sheyner can be emailed at gsheyner@paweekly.com.

COVID-19
(continued from page 5)

The order temporarily closes bars, wineries, personal services, bars and other social spots. Schools already with waivers and critical infrastructure such as grocery stores and pharmacies will remain open. Retail will be limited to 20% of capacity to reduce exposure, and restaurants will be limited to takeout and deliveries. Once triggered, the order would be in place for at least three weeks, he said. The order also limits all nonessential travel.

“If we do this now, the hospital system will be overwhelmed,” Newsom said, adding that “this is not a permanent state” but that the nation is in the final surge in the pandemic. With vaccines, the state is a few months away from seeing some control over the virus, he said.

But in the meantime, California residents must prevent as many deaths as possible and help keep hospitals and their essential workers from being overwhelmed. The number of COVID-19 deaths, for example, has increased eight-fold in the last two months. The state recorded 1,130 deaths on Nov. 2 to 113 on Dec. 2, he noted.

State officials are also taking additional measures to ensure there are enough hospital beds. For the last 72 hours, they have been discussing with hospitals ways to proactively suspend elective surgeries to free up beds. The state also has 11 facilities in “warm status” with 1,503 additional beds to meet the surge. One facility, at the San Mateo County Convention Center, has the capacity for 250 beds.

Newsom urged people to comply with the regional order and to have patience. He estimated the next month or two would be significantly challenging.

“This is the light at the end of the tunnel. This is not a marathon any longer; this is a sprint,” he said.

County adds new restrictions
Newsom’s Thursday announcement came just days after Santa Clara County instituted its own additional restrictions to address an expected surge in hospitalization.

Santa Clara County Health Officer Dr. Sara Cody announced mandatory limitations that took effect on Nov. 30. These include capacity limits for stores and other indoor facilities, which would have to limit capacity to 10% (for grocery stores and pharmacies, the limit would be 25%); a temporary ban on all professional, collegiate and youth sports and involve physical contact or close proximity, and a requirement that people who travel more than 150 miles in 72 hours, they have been discussing.

As of Dec. 2, Santa Clara County had 35,945 COVID-19 cases, 486 deaths and a seven-day rolling average of 498 new cases per day — from 347 a day the week prior. In addition, 287 people were hospitalized with the virus on Dec. 1, a jump of 74 people in one week. Of these, 83 were in intensive care units and 185 out of 715 ventilators were in use. While COVID-19 patients are using only 22% (the seven day rolling average) of the ICU beds, health leaders said on Dec. 2 that the overall occupancy of ICU beds when other patients are included is more than 84%.

Plan for vaccine distribution
State and county health officials are also in the midst of formulating plans for distributing vaccines once they become available.

California expects to receive the first 327,000 vaccine doses from pharmaceutical company Pfizer by Dec. 15 to 15. Since two doses must be administered about a month apart, that means only half that number of people would actually be vaccinated, he noted. The state is also expecting to receive doses from Moderna and details are currently being worked out, he said.

County health department staff also released new details on Dec. 2 about the COVID-19 vaccine, including a specific plan to manage and distribute doses when they become available. The county will receive an allocation of the vaccine by the state of California and is required to follow a federally mandated prioritization for distribution. Doses will initially be available for those who are at highest risk, Dr. Jennifer Tong said during a press conference, including those working in the health care environment and other front-line workers with heightened risk of exposure to the virus.

“Let me emphasize that we all must continue to do our part to stay safe while we wait,” Tong said. “It might take many months before everyone who is interested in getting a vaccine is able to get one.”

Bay City News Service contributed to this report. Staff Writer Sue Dremann can be emailed at sdremann@paweekly.com.

Family
(continued from page 7)

this week again turned to NextDoor to seek help. That’s when Becky Chan, a new Palo Alto resident and total stranger to Hernandez, stepped in to help Hernandez and total stranger to Hernandez.

Since Sunday, the fundraiser has collected $10,500 out of the $261,347 goal — enough to pay for several months of rent and groceries. Other local residents have also stepped up to deliver household supplies and food to Hernandez’s doorsteps.

For Hernandez, she has only the now all-too-familiar message to share: “Please wear your masks; don’t go outside much; and don’t bring outside family and friends to the house.”

For those who wish to access Santa Clara County’s Isolation & Quarantine Support Services, call 408-808-7770 seven days a week, 8 a.m. to 5 p.m., or go to sccgov.org/coronavirus and click on “Home isolation and quarantine guidance.”

Editorial Assistant Lloyd Lee can be emailed at llee@paweekly.com.

Buildings
(continued from page 9)

Burt noted that when the council decided in 2014 to follow a strict interpretation of the seismic program, the intent was to have staff re-evaluate the program and return with revisions that would make it more effective. Development Services staff began the work under former department Director Peter Pinnejad, but the revision was never completed.

Staff had determined that it would require additional consultant services. Given the city’s ongoing budget challenges, staff deferred completing the work.

Burt, who served on the council along with Holman and Schmid when these discussions were taking place, said that the council’s goal at the time was to have a report that would allow them to design a new program through a combination of mandates and incentives for seismic rehabilita-

Staff Writer Gennydry Sheyner can be emailed at gsheyner@paweekly.com.
**PULSE**

**A weekly compendium of vital statistics**

**POLICE CALLS**

**City:** Palo Alto

**Nov. 19-Dec. 2**

- **Violence related**
  - El Camino Real, 11/16, 7:16 p.m.; simple battery.
  - El Camino Real, 11/17, 12:16 p.m.; strong arm robbery.
  - Cowper Street, 11/17, 1:07 p.m.; sexual assault/rape.
  - El Camino Real, 11/18, 1:29 a.m.; sex crime.
  - University Avenue, 11/18, 12:35 p.m.; strong arm robbery.
  - Pasteur Drive, 11/18, 9:16 p.m.; battery/peace officer.
  - Bryant Street, 11/19, 8:41 a.m.; arson/mis.
  - El Camino Real, 11/20, 11:56 a.m.; strong arm robbery.
  - Bryant Street, 11/21, 10:33 p.m.; domestic violence/battery.
  - Chrylmaus Drive, 11/22, 5:56 p.m.; domestic violence/battery.
  - Forest Avenue, 11/23, 4:05 p.m.; sexual assault/rape.
  - El Camino Real, 11/27, 1:54 p.m.; strong arm robbery.
  - El Camino Real, 11/27, 10:41 p.m.; sex crime/mis.
  - Cowper Street, 11/29, 8:36 p.m.; domestic violence/battery.
  - Encina Ave., 11/30, 12 p.m.; simple battery.
  - Alma Village Circle, 11/30, 9:40 p.m.; domestic violence/battery.

- **Theft related**
  - Checks forgery.
  - Commercial burglaries.

- **Vehicle related**
  - Abandoned bicycle.
  - Auto recovery.
  - Auto theft.
  - Bicycle theft.
  - Driving w/ suspended license.
  - Hit and run.
  - Lost/stolen plates.
  - Misc. traffic.
  - Stolen catalytic converter.
  - Theft from auto.
  - Theft from auto attempt.
  - Vehicle accident/mis.
  - Vehicle accident/minor injury.
  - Vehicle tampering.
  - Vehicle tow.

- **Miscellaneous**
  - Id theft.
  - Checks forgery.
  - Theft related.
  - Commercial burglaries.

**OBITUARIES**

A list of local residents who died recently:

**Jerry Tinklenberg**, 80, professor of psychiatry and behavioral sciences at Stanford University and Palo Alto resident, died on Nov. 18. Patricia “Pat” Birkel, 89, former Palo Alto resident of 45 years, died on Nov. 28.

To read full obituaries, leave remembrances and post photos, go to PaloAltoOnline.com/obituaries.
COMMITTED TO TRANSPARENCY
2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

170 CENTRE STREET, MOUNTAIN VIEW

Spacious, Stylish, and a Great Location
Just moments from the excitement of downtown Mountain View, this beautiful home of nearly 1,600 square feet offers 3 bedrooms, 2.5 bathrooms, and a modern floor plan. An inviting front porch welcomes you, while inside, high ceilings, crown molding, and hardwood floors create a stylish ambiance. Entertain guests in the expansive living room, craft delicious meals in the granite-appointed kitchen, and spend relaxing evenings by the fireplace in the family room. Three bedrooms provide the accommodations, including the large master suite, and one bedroom that easily converts into an office to meet all work-from-home needs. The peaceful backyard offers great space for outdoor enjoyment with a patio and colorful plantings. Adding the finishing touch, this location is close to top tech companies, major commute routes, and is served by excellent Mountain View schools (buyer to verify eligibility).

For more information, video tour & more photos, please visit:
www.170Centre.com
Offered at $1,798,000

Easy access for potential buyers and Realtors®
Easy appointment via www.170Centre.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties
Data from BrokerMetrics® based on MLS sales from January 1, 2009, to December 31, 2009, in Santa Clara and San Mateo counties combined, residential properties, with no off MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01933274 電話: 650.785.5822 我們還通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
Spacious Townhome in the Heart of Silicon Valley

Boasting a great location close to top tech companies and major commute routes, this stylish 2-bedroom, 2.5-bathroom townhome offers more than 1,400 square feet of inviting living space. Highlights include the living room centered by a fireplace, the kitchen with an island and stainless steel appliances, flexible space perfect for office use, and the dining room that opens to a private balcony for al fresco enjoyment. Two spacious en suite bedrooms provide the accommodations, including one with its own private outside entrance. This lovely community features numerous amenities including a pool, playground, and barbecue/picnic areas. Plus, you will find yourself mere moments to companies including Apple, LinkedIn, Mozilla, and Coursera, and you will enjoy easy access to Route 237, which puts US 101, Highway 85, and Interstate 280 within easy reach for Bay Area commuting.

For more information, video tour & more photos, please visit: www.226OKeefe.com
Offered at $998,000

Easy access for potential buyers and Realtors®
Easy appointment via www.226OKeefe.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties

Data from BrokerMetrics® based on MLS sales from January 1, 2009, to December 31, 2009, in Santa Clara and San Mateo counties combined, residential properties, with no off MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01933274 電話: 650.785.5822 我們會通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
Guest Opinion

Holiday Fund: A future of hope and resilience
by Nicole Taylor

T here is no denying that 2020 has been a difficult year. Families in our communities have faced health challenges and even the deaths of loved ones from COVID-19, and the pandemic has devastated the economy. The West Coast has confronted a record-breaking fire season. The killing of George Floyd in May started a nationwide reckoning regarding racial injustice. And we have just come through a contentious election, showing us just how deeply divided our country is. On top of all that, our region still faces ongoing challenges: affordable housing, food insecurity and equity in education, to name a few.

Yet, the Bay Area has long been known for its innovative spirit, its problem-solving ability and its resilience. We take care of our neighbors—generously and through the power of community who need it most. That’s why once again this year, SVCF is proud to partner with the Palo Alto Weekly on the annual Holiday Fund campaign — a great way to help those in need locally. Your generosity and support can make a difference in the lives of those who need housing assistance. We have worked with community partners and donors to respond to several challenges this past year.

As the COVID-19 pandemic caused enormous health and economic hardship throughout our region, SVCF channeled donor support to more than 370 nonprofit organizations working on the front lines. SVCF’s fundraising helped provide food assistance to more than 626,000 residents in 10 Bay Area counties, as well as housing support to more than 31,000 households. SVCF has also worked to elevate the voices of community leaders of color in the wake of George Floyd’s slaying. We created a giving guide that supports Black-led organizations in San Mateo and Santa Clara counties, as well as community health and cultural programs for the Black community — organizations that have received more than $3 million from our donors in recent months.

And after the CZU, SCU and other fires affected our region, SVCF set up a Wildfire Relief Fund to provide emergency grants to local nonprofits that are helping those affected. Our community members once again stepped up with funds and allowed us to provide grants to programs providing immediate relief: search and rescue, shelters, and financial assistance for victims. Other grants focused on the recovery phase, helping with issues such as rehousing, mental health services, and legal services. Still others went to groups looking to the long term, helping rebuild homes, workplaces and infrastructure — as well as planning for resilience and preparedness for when the next wildfire season strikes.

That’s what SVCF does: provide an avenue for generous donors to give back to the community. And that’s what Silicon Valley community members do — put together both large and small gifts to help their neighbors get through tough times.

You may be wondering how you can help. One way is to support local nonprofits, who are doing critical work in our community. Many nonprofits are seeing the number of volunteers decrease due to the pandemic. As long as they need help the most. Volunteering, if you are able, is a great way to give back. Another option is to make a financial donation. Your gift will support their efforts year-round, and the Holiday Fund is a great way to support multiple good causes.

As we look to next year with hope and optimism, know that together, we can make a difference, addressing our local and regional challenges and building a stronger, more equitable, and more inclusive community.

Nicole Taylor is president and CEO of Silicon Valley Community Foundation. To learn more, visit www.siliconvalleycf.org.

Spectrum

Editorials, letters and opinions

More water, less housing

Editor

Shouldn’t the question be: “What do you think about the mandate to increase Palo Alto’s population by 25,000 people, and where will the water come from?” We’ve reached the peak where no amount of water conservation can prevent the next multi-year drought without repeating the painful sacrifices made during the previous ones. Since droughts are becoming more severe due to global warming, more demand will result in less water distributed to each user — a disaster situation. Instead, we should do everything we can to limit our local and state populations to what our sustainable resources can support in the long-term future. Perhaps the Association of Bay Area Governments plans to make up the difference by importing melting glaciers from the Arctic?

Irv Brenner
Byron Street, Palo Alto

Kudos to Castilleja

Editor

I appreciate your recent article about the Planning and Transportation Commission’s decision to allow Castilleja’s project to move forward. I live across the street from the school, and I want to see this proposal approved by the city council. I am gratified to learn through the Planning and Transportation Commission’s decision to allow Castilleja’s project to move forward. I live across the street from the school, and I want to see this proposal approved by the city council. I am gratified to learn through the hearings and your reporting that city leaders are newly aware of the widespread support of this project among direct neighbors. We do not feel that traffic and events from the school are a burden at all. Quite the opposite, we see the school as a conscientious neighbor, and its “events” — as many small meetings are called according to the conditional use permit guidelines — come and go without making an impact.

I’d like to remind the commissioners who are able to fulfill their duties by relying on facts and data to vote in support of the application for a FAR variance and for an increase in enrollment to 540 students. The commissioners who supported the city staff recommendations saw beyond politics and voted based on detailed analyses in the Final Environmental Impact Report, close study of city code and recognition that the school is required to mitigate any impact on the neighborhood. I hope that as this proposal moves forward into review by the city council, the traffic analysts, environmental engineers, tree specialists, and city staff and legal counsel will be relied upon for what they are — trusted experts in their fields who have worked hard to study this project in order to deliver unbiased findings. I appreciate that Castilleja has listened to feedback, made changes and succeeded in creating a proposal that enhances the neighborhood. I can’t wait to look out my windows and see the new building.

Theresa Grew
Kellogg Avenue, Palo Alto

The long commute

Editor

Palo Alto employers, includ- ing Stanford University, benefit greatly from the skilled labor who commute from surrounding areas. The lack of local, practi- cal housing options in Palo Alto is a serious disincentive to them, and I believe it can and should be corrected. Many in Palo Alto believe “Black Lives Matter,” and we can stand behind that by adapting our city’s housing landscape to provide housing for those who support our economy. Quite often, they are members of the Black community.

My own experience includes hiring professional staff and managing construction contractors in Palo Alto/Stanford. With very limited options for local housing, workers face extreme commute times and we face increased costs and reduced worker efficiency. I would like to urge local leaders to take all reasonable steps to alleviate the housing shortage to ensure the long-term of the local economy.

The state’s mandate, seen from this perspective, is a practical, responsible ask.

Marc Ross
El Verano Avenue, Palo Alto

WHAT DO YOU THINK?

The Palo Alto Weekly encourages comments on our coverage or on issues of local interest.

What do you think about the referendum to keep Foothills Park closed to nonresidents?

Submit letters to the editor of up to 300 words to letters@paweekly.com. Submit guest opinions of 1,000 words to editor@paweekly.com. Include your name, address and daytime phone number so we can reach you.

We reserve the right to edit contributions for length, objectionable content, libel and factual errors known to us. Anonymous letters will generally not be accepted. Submitting a letter to the editor or guest opinion constitutes a granting of permission to the Palo Alto Weekly and Embarrascadero Media to publish it online, including in our online archives and as a post on Town Square.

For more information, contact Editorial Assistant Lloyd Lee at llee@paweekly.com or 650-223-8328 or Editor Jocelyn Dong at editor@paweekly.com.

I know a guy who was born with a sideburn.

Most everyone was put off by him.

I know a guy who was afraid of fire.

The girl couldn’t get the guy.

I know a guy who was afraid of boys.

You couldn’t get a guy out of the way.

I know a guy who was afraid of water.

She couldn’t get the guy wet.

I know a guy who was afraid of girls.

They couldn’t get to first base.

I know a guy who was afraid of knives.

She couldn’t cut it with him.

I know a guy who was afraid of dogs.

You couldn’t get him to wag his tail.

I know a guy who was afraid of cats.

She couldn’t get him to purr.

I know a guy who was afraid of books.

She couldn’t get him to read it.

I know a guy who was afraid of blood.

She couldn’t get him to give it.

I know a guy who was afraid of sand.

She couldn’t get him to build a sand castle.

I know a guy who was afraid of snow.

She couldn’t get him to make a snowman.

I know a guy who was afraid of watermelon.

She couldn’t get him to bite a slice.

I know a guy who was afraid of waves.

She couldn’t get him to come to the ocean.

I know a guy who was afraid of birds.

She couldn’t get him to build a birdhouse.

I know a guy who was afraid of December, 2020 • Palo Alto Weekly • www.PaloAltoOnline.com

Page 18 • December 4, 2020 • Palo Alto Weekly • www.PaloAltoOnline.com
An important message to kids: ‘Go out and play’

by Mona Luke-Zeitoun, M.D.

If exercise could be packaged in a pill, it would be the single most prescribed and beneficial medicine in the nation.

Robert Butler, M.D., the founder of the National Institute on Aging, made this statement in the 1980s, and it is as true today as it was then. For decades and even centuries, no single treatment has exceeded the benefits of exercise on immune function, mental health and cardiopulmonary health. Exercise is also a key component in the prevention and management of chronic disease.

Physical inactivity has been a growing problem for decades and is known to lead to loss of muscular and cardiorespiratory fitness, weight gain, psychosocial problems and poor academic achievement. This crisis has been accelerated by the COVID-19 pandemic and will unfortunately persist long after the pandemic has passed. The potential impact of natural disasters on physical activity was demonstrated after the 2011 earthquake and tsunami in East Japan, which led to a significant decrease in children’s physical activity over three years following the disaster.

Surveys done on U.S. and Canadian children in the years leading up to the COVID-19 pandemic have found rates as high as 80%–90% not meeting physical activity recommendations. Shelter in place, social distancing and remote learning have led to increased sedentary behaviors and social isolation, which are clearly negatively impacting our children’s mental and physical health.

I am heartbroken by the loss of joy, hope and creativity I encounter in my patients onAxes—inaccurately affected by the physical constraints and daunting gravity of this pandemic but also by the challenges of screen time. We have seen a considerable increase in leisurely screen time during this pandemic.

As much as the internet may have helped us as a society maintain productivity and connection, it cannot replace direct human interaction. Recent research has shown that adolescents who spend more than seven hours a day on screens are twice as likely as those spending one hour to have been diagnosed with anxiety or depression.

Could the COVID-19 pandemic present an opportunity for us to make better and healthier choices for our community, our children and future generations?

Nature-based recreation has been shown to potentiate the beneficial effects of exercise on overall well-being, resilience and cognition. Connection and engagement with nature are known to lead to pro-environmental attitudes and sustainable human behavior, such as conservation of energy and water, anticonsumerism, and financial support for environmental organizations. The amount of time spent in nature as a 6-year-old is related to environmental attitudes and behavior as a young adult.

Unfortunately, technology and globalization have led to reduced interactions with nature and widespread psychological and physical disconnection from nature. Now more than ever, we need a society that is not only physically active but also in tune with nature and our environment.

We can overcome social isolation and associated mental and physical health problems by safely connecting with others outdoors, even using masks, so we may also slow global warming.

Palo Alto is recognized as a national model for providing its community with a strong Safe Routes to School program and active transportation choices for families. These efforts have been extremely successful in promoting healthy, active and sustainable lifestyles. In 2019, more than 88% of Palo Alto’s school children either walked or rode their bikes to school every day, compared to 13% nationally. With schools now virtual, our children risk losing these hard-earned habits, and it is in our hands to not let this happen.

This is the time to make a difference and take advantage of our exceptional infrastructural opportunity and open spaces, which took our community decades to develop. We can turn around this concerning trend by reframing our mindset and opening our eyes to the unique opportunities to safely connect while maintaining a healthy exercise routine.

Practice your walking or biking to school with your children and make it fun by having a contest or incorporating a scavenger hunt (look for different colors, shapes, animals) along the way. Play “Active Transportation Bingo” or set up a “Neighborhood Rainbow Hunt.” Discover or re-discover the phenomenal Palo Alto self-guided historic preservation tour, the self-guided Stanford walking tour or the Palo Alto self-guided public art tour. (See the city of Palo Alto’s Walk and Bike Route page for planning maps and links, at tinyurl.com/PAlawalkbike.)

As the days get shorter, branch out into your backyard after school. Practice sport-specific drills and help your young athletes advance their skills. Build an obstacle course, play hide and seek, badminton or basketball. Engage in martial arts or have a dance party. And most importantly, exercise as a family. Children who regularly exercise together with family members are much more likely to make exercise a lifelong habit.

Masks and 6-feet social distancing will continue to be necessary throughout the COVID-19 pandemic, even outdoors. However, they should not represent barriers. It is safe and extremely important for families to continue to exercise.

The U.S. Department of Health and Human Services recommends one hour a day of moderate to vigorous intensity exercise for children above 6 years, three hours a day for children between 3 and 5 years. This is most easily and effectively achieved through outdoor activities.

Let’s look beyond COVID-19 and remind ourselves of the importance of exercise and the dire consequences of physical inactivity and social isolation, which have the potential to weaken the immune response and thereby increase our vulnerability to COVID-19 as well as any future pandemics. Let’s find connection with our loved ones and nature by maintaining healthy habits, and let’s together instill hope and compassion in our children and future generation.

Mona Luke-Zeitoun, M.D., is a Pediatric Pulmonary and Exercise Medicine physician practicing in Palo Alto and San Carlos. She can be contacted at mLuke2020@gmail.com.

Guest Opinion

In response to ‘Policy, politics clash as Palo Alto looks to appoint commission members’

Posted Nov. 24 at 4:57 p.m. by Paul Brophy, a resident of Professorville:

“Given the centrality of land-use policy in our last election, having a lame duck council decide they will appoint the planning commissioners early rather than allow the new council to make their choices early next year as scheduled is precisely the sort of act that needlessly creates division and resentment. And for what possible purpose? Any decision of consequence facing the Planning Commission will be advisory only, with the City Council making the final decision. What can possibly be gained by engaging in a last-minute activity like this when at the very least the council majority can override any council recommendation, and at worst, to look at any work the Planning Commission does with a chip on their collective shoulders.”

Having spent seven years on the Cupertino Planning Commission prior to moving to Palo Alto in 2015, I would say all of our council members that instead of looking for candidates who you think most agree with you that you focus on candidates who bring thoughtfulness and a willingness to listen to and to attempt to understand all those who come before them, regardless of what their initial thoughts on an upcoming matter are.”

In response to ‘Sobrato pitches townhome project at former site of Fry’s Electronics’

Posted Nov. 27 at 11:52 a.m. by Lucy Berman, a resident of Crescent Park:

“We have a huge need for larger single-story condos for people wanting to downsize from large homes. Sobrato should be encouraged to make some of these units one level. This location is very walkable to Cal Ave. and would be highly desirable for our aging population who want to free up their homes for younger families but have nowhere to go now. It’s a win for the city and school coffers as well, as the property tax base increases when the larger homes are sold.”

In response to ‘Downtown Streets Team declines to divulge investigation into sexual harassment by top executives’

Posted Nov. 28 at 11:28 a.m. by Michele Landis Dauber, a resident of Barron Park:

“What can possibly be gained by engaging in a last-minute activity like this when at the very least the council majority can override any council recommendation, and at worst, to look at any work the Planning Commission does with a chip on their collective shoulders.”

As to the substance of the issue, no one is at this time even asking to cancel Downtown Street Team’s contract. All that has been requested is transparency into the outcome of the investigation. Instead of the transparency requested by the City Council, the organization engaged in victim blaming, accusing victims of ‘greatly exaggerating’ the extent of their harassment despite the fact that we already know that at least one state agency found the allegations credible. This is gaslighting.

Women deserve better than this. Taxpayers deserve better than this. If there is nothing to hide, release the report.”

This week on Town Square

Town Square is an online discussion forum at PaloAltoOnline.com/square

Check out Town Square!

Hundreds of local topics are being discussed by local residents on Town Square, a reader forum sponsored by PaloAltoOnline.com/square. Post your own comments, ask questions or just stay up on what people are talking about around town!”

In response to ‘Professorville: Having spent seven years on the Cupertino Planning Commission prior to moving to Palo Alto in 2015, I would say all of our council members that instead of looking for candidates who you think most agree with you that you focus on candidates who bring thoughtfulness and a willingness to listen to and to attempt to understand all those who come before them, regardless of what their initial thoughts on an upcoming matter are.”

In response to ‘Sobrato pitches townhome project at former site of Fry’s Electronics’

Posted Nov. 27 at 11:52 a.m. by Lucy Berman, a resident of Crescent Park:

“We have a huge need for larger single-story condos for people wanting to downsize from large homes. Sobrato should be encouraged to make some of these units one level. This location is very walkable to Cal Ave. and would be highly desirable for our aging population who want to free up their homes for younger families but have nowhere to go now. It’s a win for the city and school coffers as well, as the property tax base increases when the larger homes are sold.”

In response to ‘Downtown Streets Team declines to divulge investigation into sexual harassment by top executives’

Posted Nov. 28 at 11:28 a.m. by Michele Landis Dauber, a resident of Barron Park:

“What can possibly be gained by engaging in a last-minute activity like this when at the very least the council majority can override any council recommendation, and at worst, to look at any work the Planning Commission does with a chip on their collective shoulders.”

As to the substance of the issue, no one is at this time even asking to cancel Downtown Street Team’s contract. All that has been requested is transparency into the outcome of the investigation. Instead of the transparency requested by the City Council, the organization engaged in victim blaming, accusing victims of ‘greatly exaggerating’ the extent of their harassment despite the fact that we already know that at least one state agency found the allegations credible. This is gaslighting.

Women deserve better than this. Taxpayers deserve better than this. If there is nothing to hide, release the report.”
COMMITTED TO TRANSPARENCY
2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

711 LACEWING LANE, REDWOOD CITY

Bright, Spacious, and a Great Neighborhood
Located on a private lane in the beautiful Redwood Shores neighborhood, this 5-bedroom, 3-bathroom home offers over 2,700 square feet of bright and inviting living space. Modern Craftsman style gives this home outstanding curb appeal, while inside, high ceilings and excellent use of glass craft a light, airy ambiance. Hardwood floors extend throughout most of the home’s gathering areas, including the spacious living room, the kitchen with stainless-steel appliances, and the family room centered by a fireplace. Find comfort in the master suite with its spa-like bathroom, and enjoy the outdoors in the backyard with a patio and lawn. This wonderful neighborhood features numerous parks, bodies of water, and walking trails that wind their way through the serene Redwood Shores setting. Plus, children may attend acclaimed schools including Redwood Shores Elementary, Ralston Intermediate, and Carlmont High (buyer to verify eligibility).

For more information, video tour & more photos, please visit:
www.711Lacewing.com
Offered at $2,198,000

Easy access for potential buyers and Realtors®
Easy appointment via www.711Lacewing.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties
Data from BrokerMetrics® based on MLS sales from January 1, 2009, to December 31, 2019, in Santa Clara and San Mateo counties combined, residential properties, with no off MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01933274 電話: 650.785.5822 我們精通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
COMMITTED TO TRANSPARENCY
2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

7 WILLIAMS COURT, MENLO PARK

Over 1/4–Acre Lot with an Ultra-Convenient Location

Set on a lot of more than one-quarter acre at the end of a peaceful cul-de-sac, this updated 3-bedroom, 2-bathroom home offers over 1,900 square feet of bright living space and stands ready to meet a variety of lifestyle needs. Boasting a location just across the street from acclaimed Hillview Middle School, and just moments to the excitement of downtown Menlo Park, this home has been extensively updated with brand-new carpeting, light fixtures, kitchen appliances, and landscaping, while a brand-new, hand-set paver driveway provides great curb appeal. Enjoy large formal rooms perfect for entertaining, office space to meet all work-from-home needs, and an expansive backyard with excellent space for outdoor enjoyment. This wonderful location is also convenient to downtown Palo Alto, Caltrain, and Venture Capital firms along Sand Hill Road, plus it provides easy access to Interstate 280, and children may attend acclaimed Menlo Park schools (buyer to verify eligibility).

For more information, video tour & more photos, please visit:
www.7WilliamsCT.com
Offered at $3,488,000

Easy access for potential buyers and Realtors®
Easy appointment via www.7WilliamsCT.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Menlo Park
Data from BrokerMetrics® based on MLS sales from January 1, 2019, to December 31, 2019, in Menlo Park, residential properties, with no off-MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01931274 電話: 650.785.5822 我們精通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
401 ALDER LANE, PALO ALTO

Bright, Stylish, with Top-Ranked Schools

Stylish living awaits in this bright, airy 3-bedroom, 2.5 bathroom home, which offers 2,050 square feet of comfortable living space over 2 levels. Rich hardwood floors extend throughout elegant gathering areas, including the dining room, the living room centered by a fireplace, and the granite-appointed kitchen with stainless-steel appliances. Find sanctuary in the master suite with a spa-like en suite bathroom, while the home's two additional bedrooms provide comfort and convenience for the entire family. Additional features include a laundry room, an attached 2-car garage, and a delightful patio for al fresco enjoyment. This wonderful complex features community amenities including a garden, playground, clubhouse, and swimming pool. Plus, enjoy a location close to multiple parks, a short drive to The Village at San Antonio Center, and within easy reach of top-ranked Palo Alto schools.

For more information, video tour & more photos, please visit:
www.401Alder.com
Offered at $1,998,000

Easy access for potential buyers and Realtors®
Easy appointment via www.401Alder.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Palo Alto.

Data from BrokerMetrics® based on MLS sales from January 1, 2016, to December 31, 2019, in Palo Alto, residential properties, with no off MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01933274 電話: 650.785.5823 我們精通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
954 BLAIR COURT, PALO ALTO

Eichler Charm and a Convenient Location

Set on a lot of 7,800 square feet on a peaceful, tree-lined cul-de-sac, this bright, inviting home offers timeless Eichler charm and a location close to everything Palo Alto has to offer, with 4 bedrooms, 2 bathrooms, and nearly 1,500 square feet of living space. Enjoy unmatched ambiance thanks to classic Eichler elements including walls of glass, globe light fixtures, and vaulted, paneled ceilings. Highlights of the home include the living room with a centerpiece fireplace in floor-to-ceiling brick, the light-filled kitchen, the large master suite with access to the sizable backyard, and flexible-use space ideal for an office to work from home in style. Find yourself mere moments to the excitement of California Avenue, a short trip to Stanford University and University Avenue, and enjoy easy access to Caltrain and US 101. Plus, top-ranked schools including Duveneck Elementary and Greene Middle are within one mile of the home.

For more information, video tour & more photos, please visit:

www.954Blair.com

Offered at $2,488,000

Easy access for potential buyers and Realtors®

Listed by Michael Repka of the DeLeon Team, the #1 Team in Palo Alto.

Data from BrokerMetrics® based on MLS sales from January 1, 2019, to December 31, 2019, in Palo Alto, residential properties, with no off MLS sales included in the rankings.

Michael Repka, DRE #01854880 | 650.900.7000 | michael@deleonrealty.com

中文諮詢請聯繫Audrey Sun, DRE #01933274 電話: 650.785.5822 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
This holiday season is a time to stick close to home and stay healthy rather than traveling afar or gathering in big groups. However, it doesn’t mean the community is lacking for seasonal cheer that can be enjoyed from a safe distance, whether it’s via livestream, from a vehicle, or outdoors in the fresh air (bring your masks).

While the coronavirus has curtailed many holiday plans and activities this year, Filoli House and Garden in Woodside is among those local organizations keeping spirits bright. As in past years, a plethora of programs will be offered, including outdoor light displays, cozy fire pits and special theme nights. The major difference this year is the need for masks, social distancing and advanced reservations (the house is currently closed, as of Nov. 29, thanks to San Mateo County’s move into the state’s purple tier).

“With the challenges we have all experienced in 2020, hope for a season that brings peace and calm is central as Filoli serves our community as a place of respite. To spread the season of cheer, we have extended our Holidays program into January 2021 and, for the first time, we will be open every night of the week for Holiday Lights,” said Chief Executive Officer Kara Newport.

A recent media preview was a bright and festive escape, despite steady rainfall. The lights in the garden are dazzling and have been extended into two new areas, the Woodland Garden and the Garden Court. Seasonal music sets the tone for a casual walk through the gardens, with the opportunity to stop for a hot cider or mulled wine.

Those in the mood for shopping can stop by the Clock Tower Shop, where everything from ornaments to food products to clothing is available. It is also beautifully decorated and smells, well, it smells like the holidays. And if all of this walking and shopping has built up an appetite, the Quail’s Nest Cafe serves soups, salads and sandwiches (limited outdoor seating), as well as holiday cookies. Beer and wine are also on the menu.

If your visit takes place on a Monday, you can participate in a Theme Night: Holiday Hats (Dec. 7), Holiday Pajama Party (Dec. 14), Night Lights (Dec. 21; sold out) and Vintage Christmas (Dec. 28). And it would not be the holidays without Ugly Sweater Day on Friday, Dec. 18. Wear yours and you might win a prize. Finally, the big man himself, Santa Claus, will be on hand the three Saturdays prior to Christmas for a safe-distance selfie.

For a full list of events and activities and to make reservations, information is available at filoli.org.

Some more December holiday highlights are presented below. Event info is subject to change with short notice; check directly with organizations to confirm. To search for more listings, or to submit your own, check out the community calendar at almanacnews.com/calendar.
Performances

Palo Alto Players’ ‘Holiday Family Sing Along’
What: For the third in its Homebound Cabaret series, Palo Alto Players invites audiences to sing and dance along with actors performing holiday classics and more offbeat festive tunes.
When: Streaming Dec. 4-13.
More information: paplayers.org/event/sing-along.

Melita Music
What: Children’s musician and singer-songwriter Melita Silberstein will perform a virtual holiday concert for families, hosted by Stanford Research Park.
When: Streaming Dec. 8 at 5 p.m.
More information: stanfordresearchpark.com/blog.

TheatreWorks Silicon Valley’s ‘Simple Gifts’
What: TheatreWorks Silicon Valley presents an online multicultural celebration of diverse holiday traditions, featuring songs and stories from winter celebrations including Kwanzaa, Christmas, Hanukkah, Noche Buena, Diwali and Las Posadas.

Pianist/actor/writer Hershey Felder will livestream a new version of his ode to Tchaikovsky — with emphasis on “The Nutcracker.”

Advent

The Season of Longing and Waiting
Join

All Saints’ Palo Alto
For Sunday Eucharist 10am PST
facebook.com/asaintspaloalto

555 Waverley Street, Palo Alto
(650) 322-4528 ~ asaints.org

Here come the Holidays

Complimentary Vet Concierge Service
Staff will receive your pets wearing PPE to minimize contact and comply with social distancing
We are thankful for our essential workforce!

Call Us Now!
Mon: Closed
Tue - Sun: 8:00am - 10:00pm
**Holidays**

(continued from page 25)

**‘Holiday Shorts’**
What: The Oshman Family JCC is offering access to “Holiday Shorts” by Hank Kimmel, a series of comedic short plays with holiday themes.
When: Streaming Dec. 10-23.
More information: paloaltojcc.org.

**‘The Christmas Ballet’**
What: Smuin Contemporary Ballet presents its first virtual edition of the annual “Christmas Ballet,” featuring its trademark blend of classical ballet with holiday tunes and styles including tap, jazz and swing.
When: Streaming Dec. 11 at 7 p.m.
More information: eastwestbooks.org/events.

**‘Taylor Mac’s Holiday Sauce … Pandemic!’**
What: Stanford Live will present access to the multitalented Taylor Mac and a crew of collaborators celebrating the glorious dysfunction of the holidays, through music, burlesque, film and more, followed by a virtual after party.
When: Streaming Dec. 12 at 7 p.m.

**Latke-pa-zoom-sa**
What: The Oshman Family Jewish Community Center hosts an online Hanukkah celebration. Participants are invited to bring a hanukkiah (menorah) to light and enjoy a Hanukkah singalong led by Bay Area musician Isaac Zones. Registration required.
When: Streaming Dec. 13 at 5:30 p.m.
More information: isaaczones.com/calendar.

**Ragazzi Boys Chorus ‘Beyond the Stars’**
What: Ragazzi Boys Chorus will livestream its holiday concert, with its local youth choristers singing in real time from home.
When: Streaming Dec. 13 at 4 p.m.

**‘A Virtual Chanticleer Christmas - From Darkness to Light’**
What: Chanticleer — the Bay Area a cappella ensemble — can’t perform its traditional Stanford University holiday concert, but it can present an online version, complete with candlelight procession.

**‘Manual Cinema’s Christmas Carol’**
What: Stanford Live members and Stanford University students can access Manual Cinema’s world premiere adaptation of the Dickens Christmas ghost story classic, involving Zoom calls, puppets and visual innovations.
More information: live.stanford.edu/content/manualcinema.

**‘Winter’s Gifts’**
What: The Choral Project and the San Jose Chamber Orchestra presents a virtual version of their annual holiday concert, “Winter’s Gifts.”
When: Streaming Dec. 19 at 7 p.m.

**‘Hershey Felder Tchaikovsky’**
What: TheatreWorks Silicon Valley favorite Hershey Felder is currently based in Florence, Italy. Thanks to livestreaming, local audiences can catch “Hershey Felder Tchaikovsky,” a spinoff of “Our Great Tchaikovsky” with an extended emphasis on “The Nutcracker,” online.

**Community events**

**Ernie’s Trains**
What: John Bianco continues his late father’s tradition of putting on a holiday model train display, this year running on indoor tracks (visible through windows) only. Engines and trains change daily.
When: Planned to run Wednesdays-Sundays from about 6:30-9 p.m. through Christmas Day.
Where: 2387 Adele Ave., Mountain View.

**Christmas Crèche Exhibit**
What: The 33rd annual event presented by the Menlo Park and Los Altos Stakes of The Church of Jesus Christ of Latter-day Saints goes virtual this year with an online exhibit of photos and videos of Christmas crèches submitted by the community.

**Holiday Traditions**
What: The San Mateo County Historical Association will offer a virtual presentation on holiday traditions from around the world.

---

**Pedestrians enjoy Christmas decorations along Fulton Street in Palo Alto on Dec. 15, 2019. This year, one-way traffic will be set up on the sidewalks along Christmas Tree Lane for visitors to safely view the attraction.**
world, plus a recorded concert from the San Francisco State University Handbell Choir.

When: Streaming Dec. 5 at 10 a.m.

More information: historysmc.org/events/.

Gamble Garden Festival of Trees
What: Visitors can enjoy a virtual “stroll” among holiday trees decorated by creative individuals, groups, and organizations. All trees are available for purchase by online silent auction with proceeds benefiting Gamble Garden.

When: Links to all the trees will be released between Dec. 4, noon, and Dec. 5, 6 p.m.

More information: gamblegarden.org/
festivaloftrees.

Palo Alto Christmas: A Visual Christmas Experience
What: Four local churches are inviting visitors to each of their campuses to enjoy a socially distanced scavenger hunt by car, bike or on foot to spot items hidden among holiday decorations. After visiting each church, guests can register their findings online and be entered in a prize drawing for gift cards, a Kindle and an iPad.

When: Dec. 12-25, 5-10 p.m.


Christmas Tree Lane
What: Every year, neighbors along two blocks of Palo Alto’s Fulton Avenue adorn their yards and houses with lights and festive displays. This year will mark the 80th anniversary of this beloved neighborhood tradition.

When: Dec. 12-31, 5-10 p.m.

Homage to the Holidays Video
What: Downtown Redwood City’s annual celebration is planned to go on with COVID-19 precautions in place. Participants must register in advance for a slot in the car parade, from which they can spot Santa, collect treats and observe music and decorations.

When: Dec. 19, 3-6 p.m.

Where: Downtown Redwood City (directions will be released upon registration).


Hometown Holidays
What: Downtown Redwood City’s annual celebration is planned to go on with COVID-19 precautions in place. Participants must register in advance for a slot in the car parade, from which they can spot Santa, collect treats and observe music and decorations.

When: Dec. 19, 3-6 p.m.

Where: Downtown Redwood City (directions will be released upon registration).


Hanukkah Pop-up
What: The Oshman Family Jewish Community Center has partnered with Wise Sons Jewish Delicatessen to present a contactless drive-thru pop-up where visitors can purchase all the trimmings for a Hanukkah meal. Preorder and pick up early orders are encouraged.

When: Dec. 10, 11:30 a.m.-1 p.m. (pickup)

Where: Oshman Family JCC, 3921 Fabian Way, Palo Alto

More information: facebook.com/events/13623771637080.

Arts & Entertainment Editor Karla Kane can be reached at kkane@paweekly.com.
COMMITTED TO TRANSPARENCY

2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

$TBD
401 Alder Lane, Palo Alto
3 Bd | 2.5 Bth
www.401Alder.com

$2,488,000
954 Blair Court, Palo Alto
4 Bd | 2 Bth
www.954Blair.com

$3,988,000
1160 Channing Avenue, Palo Alto
4 Bd | 3 Bth
www.1160Channing.com

$2,988,000
20 Prado Court, Portola Valley
3 Bd | 2.5 Bth
www.20Prado.com

$4,888,000
4152 Baker Avenue, Palo Alto
5 Bd | 7 Bth (5 full, 2 half)
www.4152Baker.com

$7,988,000
140 Dean Road, Woodside
6 Bd | 4.5 Bth
www.140Dean.com

$4,488,000
580 Addison Ave., Palo Alto
4 Bd | 5 Bth
www.580Addison.com

$5,988,000
2797 Ross Road, Palo Alto
4 Bd | 3.5 Bth
www.2797Ross.com

$788,000
2460 W. Bayshore Road #9, Palo Alto
2 Bd | 1 Bth
www.2460WBayshore9.com

$4,988,000
2938 Ross Road, Palo Alto
5 Bd | 5.5 Bth
www.2938Ross.com

$7,999,000
601 Menlo Oaks Drive, Menlo Park
5 Bd | 5.5 Bth
www.601MenloOaks.com

$3,750,000
25396 La Loma Dr., Los Altos Hills
5 Bd | 4 Bth
www.25396LaLoma.com

Please visit our website (DeLeonRealty.com) to see the Virtual Tour of the homes, or call 650.900.7000 to schedule a showing.
922 Lundy Lane, Los Altos

Entertainer’s Dream Home on 0.835 Acres

Luxury, elegance, and privacy await in this impressive home nestled on a peaceful lot of 0.835 acres. Offering 3 bedrooms, 3.5 bathrooms, and 4,635 square feet of living space, this home is an entertainer’s dream, with expansive spaces perfect for meeting a variety of lifestyle needs. Soaring ceilings, fine millwork, dazzling chandeliers, and elegant finishes are everywhere you turn, and this home never misses an opportunity to impress. The living room evokes images of a magnificent ballroom, the family room rests beneath a cathedral ceiling, the kitchen includes a suite of Viking appliances in a striking red hue, and the entertainment room features custom built-ins. Additional highpoints include five fireplaces, one of which resides in the master suite, plus a graceful dining room, and an office to work from home in style. The entertainment options flow into the backyard with multiple patios, a fire pit, and a deck, all bordered by the nearby Permanente Creek. Adding the finishing touch is a location close to the Rancho Shopping Center, the Los Altos Golf and Country Club, and Interstate 280, with the added benefit of access to top-ranked Los Altos schools (buyer to verify eligibility).

For virtual open houses & more photos, please visit:
www.922Lundy.com
Offered at $4,488,000

Easy access for potential buyers and Realtors®

Listed by Michael Repka of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties

Data from BrokerMeters® based on MLS sales from January 1, 2019, to December 31, 2019, in Santa Clara and San Mateo counties combined, residential properties, with no-off-MLS sales included in the rankings.

Michael Repka, DRE #01834880 | 650.900.7000 | michael@deleonrealty.com

中文諮詢請聯繫Audrey Sun, DRE #01933274 電話: 650.785.5822 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
925 Lincoln Avenue, Palo Alto

Classic Charm, Modern Living in Community Center

Presenting a masterful blend of timeless Palo Alto allure and the best of modern amenities, this beautiful 4-bedroom, 4-bathroom Tudor revival offers comfortable spaces, superb ambiance, and an unbeatable location on well over one-quarter acre in Community Center. Gleaming hardwood floors extend throughout much of the home’s 3,100+ square feet of living space, and appointments including arched entryways and coffered ceilings evoke classic charm. A gas fireplace in floor-to-ceiling stone centers the living room, the kitchen includes appliances from Viking, Sub-Zero, and Bosch, the family room features outside access, and the detached offices allows you to work from home in style. Enjoy a location that puts you one block to Eleanor Pardee Park, a short trip to University Avenue, and within a mile or less of top-ranked Palo Alto schools. Plus, this home enjoys a rich history steeped in Silicon Valley lore. This is Palo Alto living at its finest – welcome home.

For virtual open houses & more photos, please visit:
www.925LincolnAvenue.com
Offered at $5,988,000

Easy access for potential buyers and Realtors*

Listed by Michael Repka of the DeLeon Team, the #1 Team in Palo Alto.

Michael Repka, DRE #01854880 | 650.900.7000 | michael@deleonrealty.com

中文諮詢請聯繫Audrey Sun, DRE #01933274 電話: 650.785.5822 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
3787 Woodside Road, Woodside

Supreme Privacy, Timeless Luxury on 3.15 Acres in Woodside

Nestled on a verdant 3.15-acre lot (per county) in peaceful Woodside, this stunning estate presents superb privacy, timeless luxury, and incredible space for entertaining on a grand scale. Lofty ceilings craft an airy atmosphere throughout the home and tall, wide windows allow an abundance of natural light. Expansive formal rooms enjoy elegant appointments, the superb kitchen is sure to inspire your inner Top Chef, the handsome office can meet all work-from-home needs, and the lower level includes a theater for fantastic movie nights. Offering 6 bedrooms, 5.5 baths, and 7,168 sq. ft. of living space (per county), including a 1-bed, 1-bath guest house, this home will have you feeling a million miles away from the frenetic pace of Silicon Valley thanks to extraordinary grounds that include a pool, barbecue patio, and pathways that wind their way to the serene banks of Bear Gulch Creek, yet you will still enjoy the convenience of being just a short drive to the amenities of the Town of Woodside, and be close to Interstate 280 for Bay Area commuting. Adding the finishing touch, children may attend the acclaimed Woodside Elementary School (buyer to verify eligibility).

For virtual open houses & more photos, please visit:
www.3787Woodside.com
Offered at $11,988,000

Easy access for potential buyers and Realtors®

Listed by Michael Repka of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties*

Data from BrokerMetrics® based on MLS sales from January 1, 2019, to December 31, 2019, in Santa Clara and San Mateo counties combined, residential properties, with no-off-MLS sales included in the rankings.

Michael Repka, DRE #01854880 | 650.900.7000 | michael@deleonrealty.com

*中文諮詢請聯繫Audrey Sun, DRE #01933274 電話: 650.785.5822 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
Eating Out

The 2020 vintage

How Peninsula wineries are struggling — and innovating

Battered by the pandemic and wildﬁres, wineries offer Zoom tastings, DoorDash delivery and vineyard yoga

By Elena Kadvany

Testarossa Winery started 2020 on a high. The Los Gatos winery saw its highest sales to date the year prior. It won winery of the year from Connoisseur’s Guide to California Wine. The owners were excitedly planning the largest renovation to the winery in 70 years, hoping to open a sparkling new 10,000-square-foot private event space on March 1.

We all know what happened next: the arrival of the coronavirus and mid-March shutdown that upended virtually every aspect of our lives, including how we drink and buy wine. Testarossa not only saw private events and weddings canceled overnight but had to refund hundreds of thousands of dollars in deposits. They had to shut down their popular tasting room. Profits plummeted by 80%. The winery went from a robust 152 employees to just 22.

“We’ve been through 9/11. We’ve been through the dot-com bubble. We went through the Great Recession. This was the worst of all of those,” said Rob Jensen, who owns Testarossa with his wife, Diana. “The most important thing is you’ve got to get your ship through the other side of the storm and then you can assess the damage.”

Testarossa is among many wineries on the Peninsula still grappling with the losses brought on by the pandemic, compounded by a devastating fire season that caused some wineries to lose entire crops due to smoke damage. Many have adapted to their new normal by reinventing the wine tasting experience to comply with constantly shifting public health restrictions, hosting virtual events, offering COVID-19 discounts (one winery offered a cheeky 19% discount at the start of the shutdown) and even putting bottles of wine on DoorDash for the first time. More than ever, they’re thinking creatively about how to draw in more support for small, local wineries at a dire time for the industry.

For independent wineries, tasting rooms and events are the best way to bring in new — and hopefully repeat — customers. Wineries were closed for months until COVID-19 rates improved enough in Santa Clara and San Mateo counties to allow them to reopen outdoors with some modifications. Wineries can’t operate indoors until their counties return to the state’s orange, or “moderate,” COVID tier, and even then capacity is limited to 25% or 100 people.

Testarossa was lucky to have 8,000 square feet of space to repurpose for outdoor tastings. Dubbed Wine Bar 107, the outdoor patio is set with tables that are 6 feet apart, with state COVID-19 guidance, if a bottle touches a glass that someone drank from, they dump that bottle. They now put an order form on every table so customers can fill out their names, car make and model, and license plate so any wine they purchase is delivered to the trunk of their car by the time they leave. (On the back of the order form? Tasting notes.)

“Tastings are extremely important because for us, besides a few outlets, our club and our online sales — that’s it,” Bowers said. “Coming to the vineyard is a special thing.”

It’s hard to imagine tasting wine while taking a mask on and off, but winery owners are trying to emphasize safety while not policing customers.

“I’m not the law,” said Nicolas Vonderheiden of Chaine d’Or Vineyards, a tiny, 107 that would be a great time to do it.”

When Santa Clara County moved into the less restrictive yellow tier several weeks ago, allowing wineries to resume indoor operations, Jensen weighed his chances and decided against doing so. “Out of an abundance of caution we decided to not hire additional staff and reopen indoors due to the risk of having to shut these spaces down again, which is exactly what happened,” he said.

At Kings Mountain Vineyards in Woodside, which is only open by appointment, the winery pivoted to offering private, seated tastings capped at six people. Only two staff members are now working at the winery and only one usually at the tastings, said Kristi Bowers, Kings Mountain Vineyards’ director of sales and marketing (she’s often that one person). They pour fewer wines and, in accordance with state COVID-19 guidance, if a bottle touches a glass that someone drank from, they dump that bottle. They now put an order form on every table so customers can fill out their names, car make and model, and license plate so any wine they purchase is delivered to the trunk of their car by the time they leave. (On the back of the order form? Tasting notes.)

“Of course, hand-washing is one of the most important things, other than wearing a mask, that you can do to keep healthy and safe,” Jensen says as he turns on a faucet attached to the top of a wine barrel during a four-minute video tour of the new, socially distanced setup. “If you haven’t washed your hands in a wine barrel lately, next time you come to Wine Bar 107 that would be a great time to do it.”

“We’ve been through 9/11. We’ve been through the dot-com bubble. We went through the Great Recession. This was the worst of all of those,” said Rob Jensen, who owns Testarossa with his wife, Diana. “The most important thing is you’ve got to get your ship through the other side of the storm and then you can assess the damage.”

Top: Portola Vineyards assistant winemaker Anthony Triolo clips pinot noir grapes for harvesting. Photo by Michelle Le. Left: Waxwing Cellars’ Crouoise rosé is displayed at the Belmont winery, which has tried outdoor tastings and delivery during the pandemic. Right: Kelly Curtis, one of the attendees of the fundraising wine tasting is served a flight of two different pinot noir: a 2011 ‘Bacchus’ pinot noir produced by Kings Mountain Vineyards and a 2011 Teac Mor pinot noir produced by Teac Mor Vineyard in Santa Rosa.
three-decade-old winery in Woodside. “I try to emphasize the fact that we all have to do our part. I think everyone knows it will take a lot of individual efforts to try to get rid of this virus and I don’t see the need to argue with anyone about wearing a mask during tastings.”

Wearing masks during tastings can feel awkward — “you don’t know if people are smiling but at least you can hear it in the tone of their voice,” Vanderheyden said — but like most pandemic adjustments, “it’s something that we easily get used to.”

In a time when we’re being told to stay home and stay apart, Vanderheyden still feels attached to the in-person experience of wine tasting. He’d rather convince someone to come to the winery for a safe, in-person tasting than hold one on Zoom. “I’m not old by any means, but I’m this old-school thinker and believer that you need to see and touch and feel wine to really enjoy it. I’ve seen a huge difference in people tasting the wine without having been on-site and people tasting the wine while they’re on-site,” he said. “The experience is really, really different. It’s almost like the wine doesn’t taste the same.”

For months, Waxwing Cellars in Belmont was only open for curbside pickup of its limited-production pinot noir, Syrah, Riesling and Chardonnay. With revenue down 50%, the winery started offering wine tastings inside on Fridays; instead, owner Kim Bowers is on the organization’s board

In a time when we’re being told to stay home and stay apart, Vanderheyden still feels attached to the in-person experience of wine tasting. He’d rather convince someone to come to the winery for a safe, in-person tasting than hold one on Zoom. “I’m not old by any means, but I’m this old-school thinker and believer that you need to see and touch and feel wine to really enjoy it. I’ve seen a huge difference in people tasting the wine without having been on-site and people tasting the wine while they’re on-site,” he said. “The experience is really, really different. It’s almost like the wine doesn’t taste the same.”

For months, Waxwing Cellars in Belmont was only open for curbside pickup of its limited-production pinot noir, Syrah, Riesling and Chardonnay. With revenue down 50%, the winery started offering wine tastings inside on Fridays; instead, owner Scott Sisemore recently experimented with outdoor tastings in the parking lot. It’s wine club season, so money is coming in, he said, but uncertainty hangs heavy over the next few months.

“One there’s some sort of a vaccine and I feel safe again, I’ll be excited to go back to what I usually do, which is indoor, Friday night tastings,” Sisemore said, “but who knows when that’s going to be.”

Pre-pandemic, many local wineries relied heavily on private events — weddings and corporate events made up nearly 60% of Testarossa’s profits in 2019 — many of which were booked by the tech companies whose offices are now indefinitely shuttered. So wineries are experimenting with new kinds of events.

Neely Wine, a small Portola Valley winery, just launched an online cooking series with wine pairings. In August, Portola Vineyards in Palo Alto tried out “yoga in the vineyard,” carving out circles for people to get into downward dog and meditate among the vines.

Kings Mountain has started hosting philanthropic events, which Bowers described as a win-win to support local causes while exposing more people to its wines. They’ve included a Zoom tasting in partnership with the 49ers Foundation (Bowers is on the organization’s board) and a fundraiser for Cristo Rey San Jose Jesuit High School held at the winery, with socially distanced tables set with individually packaged antipasto skewers and hand sanitizer.

“I’m always an optimist. I believe things will get better. But they probably won’t be the same,” Bowers said. “You have to observe the new world order, or whatever you want to call it, and you need to pivot. That’s what I’m trying to do.”

One silver lining of the shutdown for Silicon Valley wineries, owners said, is that people who live in the area but would have typically driven to Napa and Sonoma for wine tastings are now looking to the wineries in their own backyards. They hope this will create a sustained allegiance to drinking local wine, just like the heightened calls of the last few months to support local restaurants.

The Peninsula’s wineries are “not the kind of tourist destinations as those in Napa,” said Len Lehmann of Portola Vineyards. “No big tour buses pull up. They’re authentic. They’re intimate. They’re on windy roads that may be hard to locate. But they’re the wineries of the neighborhoods where your readers live.”

At Testarossa Winery, Jensen is still working to get the permits necessary for the renovation. They’re expanding local retail sales, which is helping to offset the major losses from restaurants that, struggling themselves, haven’t been able to purchase as much wine. He urged customers to think of local, independent winery owners like him, who have no investors and are fueled in many cases by a lifelong passion for winemaking and community.

“The big corps, they’ll live or die without you,” Jensen said. “We need you.”

For a list of wineries on the Peninsula, visit winesofthesantacruzmountains.com.

Email Elena Kadvany at ekadvany@paweekly.com

Selling Your Home During a Pandemic? Here’s What You Need to Know

Eight months into the COVID-19 pandemic and Silicon Valley’s housing market continues to show strength and stability. In fact, at no time during the pandemic has Santa Clara County’s median price been less than that of the previous year, according to data from MLS Listings.

“This has been an impressive market, even at a time of year when the market should be slowing. It is certainly a good time for sellers, but sellers need to make sure they are selling their home in a safe manner and practicing CDC health and safety guidelines,” said Mary Kay Groth, president of the Silicon Valley Association of REALTORS.” Showing and marketing homes during a time of social distancing may seem difficult, but a new wave of tech tools is helping streamline the remote transaction process, as buyers continue to search for homes online. Sellers can look to their REALTOR® to guide them through the process.

Below are some important tips for sellers to know during the pandemic from houselogic.com, a free source of information and tools for homeowners from the National Association of REALTORS®.

What Sellers Need to Know:

Use tech tools to help market and show your home — For sellers uncomfortable with in-person showings, many digital tools are available to help them continue marketing and showing their home. A REALTOR® can help coordinate three-dimensional interactive property scans, virtual tours (either pre-recorded or live), on-demand open houses, and virtual staging to showcase their property. If sellers receive an offer on their home, their REALTOR® has the ability to present it to them virtually.

Take steps to protect yourself — “Sight unseen” purchases are not a new phenomenon, but this pandemic has certainly increased their prevalence. Sellers may want to include language in the purchase agreement that ensures buyers acknowledge they are responsible for personal verification, walkthroughs, and professional inspections to confirm that the property meets their needs.

Buyers are still searching — It continues to be a competitive market due to the limited supply of homes for sale. As potential buyers increasingly browse homes online, having attractive and accurate photos and videos is even more important. Sellers can use this extra time at home to make updates around their home and take fresh pictures of those improvements.

For more information and resources on buying or selling a home, visit www.houselogic.com.

***

Information provided in this column is presented by the Silicon Valley Association of REALTORS®. Send questions to Rose Melly at rmelly@svlar.org.
COGNITIVE HEALTH ... Dr. Mehrdad Ayati, director of The Geriatric Center in Los Altos, and Neurologist Logan Schneider, co-director of the Stanford VA Alzheimer’s Center, will discuss cognitive health, decline and testing protocols during a free, virtual conference Dec. 9, 10, 14 and 15. Participants will present new views on how society can restructure work, reorganize cities, enhance lifelong learning, support financial security and promote greater health and vitality in the “new age of longevity.” For more information or to register, go to longevity.stanford.edu and click on “events.”

WISE OWLS ... The 50-and-over Wise Owl Players will Zoom a dramatic staged reading of Paula Vogel’s “The Oldest Profession,” a bittersweet tale of five senior women working and struggling as prostitutes in New York City in the early 1980s. Directed by retired library director and storyteller Enid Davis and appropriate for ages 18 and up. Saturday, Dec. 19, and Sunday, Dec. 20, at 2 p.m. Cost is $8 per device. For more information, call Avenidas at 650-289-5400.

FAMILY CaringGIVING ... “Don’t go it alone for the holidays,” says Avenidas Care Partners manager and social worker Paula Wolfson, who holds weekly sessions for family caregivers. Wolfson will convene virtual Pajama Parties for Family Caregivers on Christmas Day and New Year’s Day. Both events will be at 7 p.m. She invites participants to bring stories, jokes or inspired readings and wear colorful PJs. “All emotions are welcome,” says Wolfson. For a Zoom link, call Wolfson at 650-289-5438.

Items for Senior Focus may be emailed to Palo Alto Weekly Contributing Writer Chris Kenrick at ckenrick@paweekly.com.
Call for a free in-home consultation (650) 285-2373.
www.familymattershc.com
HCO #434700005
Family owned since 2002. Serving Santa Clara, San Mateo and Santa Cruz Counties

When in-home care is right, lives are complete
Companionship is shared and days are well spent.

Call for a free in-home consultation (650) 285-2373.
www.familymattershc.com
HCO #434700005
Family owned since 2002. Serving Santa Clara, San Mateo and Santa Cruz Counties

Companionship, time, patience and care – our in-home caregivers enjoy making life easy for our clients. They can provide light housekeeping, meal preparation, and personal grooming.

Call for a free in-home consultation (650) 285-2373.
www.familymattershc.com
HCO #434700005
Family owned since 2002. Serving Santa Clara, San Mateo and Santa Cruz Counties

There’s a charming, lively place tucked into the foothills of Cupertino. Majestic maples and soaring sycamores provide shady walkways that lead to apartments, garden homes, and villas that come with views. You’ll also find peace of mind here—we’re a continuing care community, so care is available to you when you need it. Come to Sunny View and discover the true meaning of community.

Independent Living | Truly Yours Assisted Living
Summer House Memory Care | On-site Care Center
Call Judy at 408.454.5600 to schedule your tour today, and learn more about our move-in specials!

We’re an equal opportunity housing provider.
CA License# 435201317 COA# 214

A Better Way to Care
Hire a private nurse for Mom or Dad’s care, and get the peace of mind that accompanies working with a licensed medical professional.

To learn more or schedule a consultation with a Nursing Specialist, visit nurseregistry.com or call (650) 523-9149

Experience Expert Care
We are committed to the safety and well being of our residents. Our staff is available now to assist with valuable resources.

s.a.f.e. TOGETHER
Please contact us today and discover how our resources can help you and those you are caring for.
Offering Virtual Tours daily from the comfort of your home!
Issues like vaginal itching, burning, and dryness can have a profound impact on intimacy.

The MonaLisa Touch uses advanced laser technology to provide fast relief to symptoms caused by menopause and breast cancer treatments. Contact us to set up a free consultation.

El Camino Women's Medical Group
Dr. Amy Teng and Dr. Pooja Gupta

Starting October 1, 2020
Our brand new offices: 2495 Hospital Dr Suite 670, Mountain View (650)396-8110
20% OFF your first year of Mona Lisa Touch in our brand new office.

YOU DESERVE TO FEEL LIKE
yourself again.

 Stay Engaged.
A resident-centered community designed to keep you active, engaged and connected.

The Trousdale
Assisted Living and Memory Care
1600 Trousdale Dr., Burlingame, CA
License # 415601015

Trusted Home Care
Kendra’s dedication to clients is just one of the many reasons why we’re the Bay Area’s leading expert in senior care. In fact, over 17,000 Bay Area families trust us to take care of family and loved ones in the comfort of their own home.

Free consultation
650.931.1860
SeniorsAtHome.org

Experience Expert Care
We are committed to the safety and well being of our residents. Our staff is available now to assist with valuable resources.

S.A.F.E. Together
Please contact us today and discover how our resources can help you and those you are caring for.

Offering Virtual Tours daily and Virtual Support Groups from the comfort of your home!

Meadow Gardens of Menlo Park
Memory Care Resources
800 Roble Ave., Menlo Park • 650-263-4796 • License #415601059

Kendra Benisano, RN, BSN
Director of Homecare and Nursing Services

Our trained, professional caregivers always follow best practices for your safety and security.
Volunteers CEO Peter Olson said.

“Remote food delivery is a solution to the current isolation and to provide additional relief while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

Rosener House, which serves adults with Alzheimer’s and other forms of dementia, and Little House have closed their doors to the public and are offering classes by Zoom. The agency continues to offer meals five days a week, but instead of the usual five days. Staff and volunteers must disinfect hands before and after each home delivery.

“We make wellness calls on days clients do not receive a meal delivery to assess each client’s well-being on a regular basis while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

Volunteers CEO Peter Olson said.

“Remote food delivery is a solution to the current isolation and to provide additional relief while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

Rosener House, which serves adults with Alzheimer’s and other forms of dementia, and Little House have closed their doors to the public and are offering classes by Zoom. The agency continues to offer meals five days a week, but instead of the usual five days. Staff and volunteers must disinfect hands before and after each home delivery.

“We make wellness calls on days clients do not receive a meal delivery to assess each client’s well-being on a regular basis while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

Volunteers CEO Peter Olson said.

“Remote food delivery is a solution to the current isolation and to provide additional relief while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

Rosener House, which serves adults with Alzheimer’s and other forms of dementia, and Little House have closed their doors to the public and are offering classes by Zoom. The agency continues to offer meals five days a week, but instead of the usual five days. Staff and volunteers must disinfect hands before and after each home delivery.

“We make wellness calls on days clients do not receive a meal delivery to assess each client’s well-being on a regular basis while also helping to reduce their feelings of isolation and to provide additional resources where needed,” Rebecca Matthes Nelson said Peninsula Volunteers development director, said.

Peninsula Volunteers, which also operates the Little House senior center, the adult-day program Rosener House and senior transportation services, has substantially altered its other programs in response to the pandemic.

<table>
<thead>
<tr>
<th>Calendar of Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dec 10</strong></td>
</tr>
<tr>
<td><strong>Dec 11</strong></td>
</tr>
<tr>
<td><strong>Dec 12</strong></td>
</tr>
<tr>
<td><strong>Dec 13</strong></td>
</tr>
<tr>
<td><strong>Dec 14</strong></td>
</tr>
<tr>
<td><strong>Dec 15</strong></td>
</tr>
<tr>
<td><strong>Dec 16</strong></td>
</tr>
<tr>
<td><strong>Dec 17</strong></td>
</tr>
</tbody>
</table>
transportation services for medical, dental and grocery visits. Olson said data from the 2010 Census indicates “there are an estimated 16,000 seniors in San Mateo County suffering from food insecurity.

“We’re serving 1,200 individuals (with a waiting list of 266) and we’d like to serve more, but fundraising is critical for any type of expansion,” he said. “It takes support from the community.”

While some of the volunteer drivers for Meals on Wheels had to withdraw because of the pandemic, the agency has “received an outpouring of community support and interest from new volunteers,” Nelson said.

It’s a different story at La Comida in Palo Alto. A shortage of volunteers “has been one of our greatest challenges during the pandemic,” Blodgett said. “Most of our volunteers are seniors, so understandably many are sheltering at home and not volunteering.

“We definitely need more volunteers Monday through Friday from 10:30 a.m. till 12:30. We need volunteers year-round, not just at the holidays.”

Extra funding from Santa Clara County covered additional La Comida meals from July through October, Blodgett said. “We are hopeful that there will be additional county funding to cover the higher meal volume through the rest of the year but we will have to wait and see on that. In any case La Comida is committed to fully meeting the demand for senior meals throughout the pandemic period,” he said.

For more information on La Comida, go to lacomida.org or email manager@lacomida.org.

For more information about Peninsula Volunteers, go to penvol.org.

Contributing Writer Chris Kenrick can be emailed at ckenrick@paweekly.com.

---

**Nutrition**

(continued from page 37)

---

**Living Well**

---

**TELL YOUR STORY**

We help you create beautiful and lasting masterpieces that will be remembered and enjoyed for generations to come.

---

Books - Documentaries - Digitizing

For a FREE in-home or ZOOM Consultation, contact Paul Newman at 408-800-1608 paul@PhotosMoviesMore.com

---

Support our Kids with a gift to the Palo Alto Weekly Holiday Fund
Donate online at PaloAltoOnline.com/holiday_fund

---

Thanks for trusting transit.

#WeGotYou

---

Julie
VTA Rider
Since 1979

vta.org
(408) 321-2300
(408) 321-2330 TTY

---

Morgan
VTA Rider
Since 2014

---
Home has never been more important.

Home. It’s the keeper of your moments and milestones. It’s the constant in all this change. It’s why we do what we do, and why we’re committed to helping everyone find their home whenever they’re looking. While things may look different right now, what remains the same is our commitment to you. To your families. To your celebrations. To your peace of mind. To your investments. To your home. Because wherever the world goes, home is where you stay.
COMMITTED TO TRANSPARENCY
2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

902 BAINBRIDGE COURT, SUNNYVALE

Bright, Spacious, and a Modern Floorplan
Set on a spacious corner lot of nearly 7,800 square feet, this bright, inviting home offers 3 bedrooms, 2 bathrooms, and almost 1,800 square feet of living space. Excellent use of glass fills the home with natural light, highlighting stylish appointments including rich hardwood floors and elegant crown molding. Highlights of the home include an inviting 2-way fireplace centering both the living room and the family room, the kitchen with stainless-steel appliances, and the spacious master suite with an oversized walk-in closet. Experience indoor/outdoor living as multiple rooms open to the peaceful backyard, which offers great space for outdoor enjoyment with ample patio space. This great location is close to numerous parks, a short trip to downtown Sunnyvale, and it offers easy access to Highway 85 for Bay Area commuting. Plus, this home enjoys access to top-ranked Cupertino Union and Fremont Union High schools (buyer to verify eligibility).

For more information, video tour & more photos, please visit: www.902Bainbridge.com
Offered at $1,998,000

Easy access for potential buyers and Realtors®
Easy appointment via www.902Bainbridge.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties

Data from BrokerMetrics® based on MLS sales from January 1, 2019, to December 31, 2019, in Santa Clara and San Mateo counties combined, residential properties, with no off MLS sales included in the rankings.

For more information contact: Audrey Sun, DRE #01931274 電話: 650.785.5822 我們精通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224
COMMITTED TO TRANSPARENCY
2.5% Commission Paid to Buyer’s Agent • Waived if DeLeon Buyer’s Agent

582 MANZANITA AVENUE, SUNNYVALE

Stylish Living and a Convenient Location

Boasting an ultra-convenient location just minutes to top tech companies, numerous parks, downtown Sunnyvale, and major commute routes, this 4-bedroom, 3-bathroom home of over 1,600 square feet checks all the boxes for outstanding Silicon Valley living. Highlights of the home include both hardwood and tile floors, a fireplace centering the living room, the kitchen with stainless-steel appliances, and the peaceful backyard with great space for outdoor enjoyment. Find comfort in the large master suite, and convenience in the guest suite with its own outside entrance. Close to companies including Apple, LinkedIn, Google, and Amazon Lab126, this home is also mere moments to great shops and restaurants, and provides easy access to Caltrain and US 101 for Bay Area commuting.

For more information, video tour & more photos, please visit:
www.582Manzanita.com
Offered at $1,498,000

Easy access for potential buyers and Realtors®
Easy appointment via www.582Manzanita.com or text/call Audrey Sun directly

Listed by Audrey Sun of the DeLeon Team, the #1 Team in Santa Clara and San Mateo Counties

For more information contact: Audrey Sun, DRE #01933274 電話：650.785.5822 我們精通國語和粵語
Managing Broker: Michael Repka, DRE #01854880 | www.deleonrealty.com | DeLeon Realty, Inc. | DRE #01903224

www.Palo AltoOnline.com • Palo Alto Weekly • December 4, 2020 • Page 41
WHY SUPPORT LOCAL JOURNALISM?

Our subscribing members say it best...

"It’s always so interesting to read your comments in the Local Scoop member email — and I’m sure I’m not the only reader who wants to give you all a huge THANK YOU for all the work you’ve been doing. You’ve outlined all the challenges — and you’ve overcome them! Thanks for everyone’s work!"

- Debbie M.

Will you join the thousands of others supporting local journalism?

Now’s your moment to step up when we need you the most.

Subscribe now at PaloAltoOnline.com/join

You can also subscribe for one year by mailing a check for $120 ($60 for seniors and students) to us at 450 Cambridge Ave., Palo Alto 94306.
Across
1 Raccoon relative
6 BTS or Blackpink genre
10 Lawn mower’s spot
14 “It’s just ___ those things”
15 Edison’s middle name
16 Jekyll’s alter ego
17 Make yourself sleepy, in a way
19 “1917,” for one
20 Writer Vonnegut
21 Thicke of “Growing Pains”
22 ___ Domingo (capital of the Dominican Republic)
23 Seed for flavoring soft drinks
25 Gp. with a Brussels HQ
26 “Whose ___ was this?”
27 “Well done”
28 ___ Thicke of “Growing Pains”
29 Make yourself sleepy, in a way
30 Writer Vonnegut
31 Snarky, but less fun
35 Tall prez, for short
36 Clothing item that I suppose could make you sleepy (if it’s really comfy)
40 Poseidon’s realm
41 Soften up
43 Acne medication brand
44 Tank covering
45 “Whose ___ was this?”
46 This week’s SUDOKU
47 Website necessity
48 Nearsightedness
49 “Get Down ___” (Kool & the Gang song)
50 Senatorial stretch
51 Snarky, but less fun
55 Ripped (off)
56 “Star Trek: TNG” counselor Deanna
57 Egyptian fertility goddess with a cow’s head
58 1990s game console, initially
59 Rice-A-___
60 Chemical in turkey that makes many people sleepy
61 Cheer for Cristiano Ronaldo
62 ZZ Top, e.g.
63 “Melrose Place” actor Rob Down
64 “Once Upon a Time in the West” director Sergio
65 Email app folder
66 “Let’s Roll” blues singer James
67 “Melrose Place” actor Rob Down
68 “Aladdin ___” (David Bowie album)
69 “It’s worth ___!”
70 “Be honest”
71 “Melrose Place” actor Rob Down
72 Fix
73 “You’re getting sleepy ...” — some ways to get there, by Matt Jones
74 “Swoosh” company
75 Chemical in turkey that makes many people sleepy
76 “O.K. kids, let’s roll!”
77 “Melrose Place” actor Rob Down
78 “O.K. kids, let’s roll!”
79 “Melrose Place” actor Rob Down
80 “O.K. kids, let’s roll!”
81 “Melrose Place” actor Rob Down
82 “O.K. kids, let’s roll!”
83 “Melrose Place” actor Rob Down
84 “O.K. kids, let’s roll!”
85 “Melrose Place” actor Rob Down
86 “O.K. kids, let’s roll!”
87 “Melrose Place” actor Rob Down
88 “O.K. kids, let’s roll!”
89 “Melrose Place” actor Rob Down
90 “O.K. kids, let’s roll!”
91 “Melrose Place” actor Rob Down
92 “O.K. kids, let’s roll!”
93 “Melrose Place” actor Rob Down
94 “O.K. kids, let’s roll!”
95 “Melrose Place” actor Rob Down
96 “O.K. kids, let’s roll!”
97 “Melrose Place” actor Rob Down
98 “O.K. kids, let’s roll!”
99 “Melrose Place” actor Rob Down
100 “O.K. kids, let’s roll!”

Down
1 Scar
2 Actress Aimee of “La Dolce Vita”
3 Brain surgeon’s prefix
4 “Be honest”
5 Back, on a boat
6 Liqueur used in a Black Russian
7 Feature of some khakis
8 Major kitchen appliance
9 Soft food for babies
10 Sword holders
11 Demonstration where you might hear the line “You’re getting sleepy ...”
12 Fix
13 Style from about 100 years ago
18 “Aladdin ___” (David Bowie album)
22 Give in to gravity
24 Tacks on to a friends list
25 “Swoosh!” company
27 Go off in the kitchen?
28 Cookie with a jokey November tweet showing itself in mashed potatoes
29 Warm, in a way
30 Prominence
31 Service with an “Eats” offshoot
32 Supplement that can help make you sleepy
33 Method
34 Title said by Zazu in “The Lion King”
35 Tall prez, for short
36 Clothing item that I suppose could make you sleepy (if it’s really comfy)
37 Early bird’s prize
38 Application file suffix
39 George’s sitar teacher
42 “The Hollow Men” poet
44 Tank covering
45 “Follow me for more ___” (snarky meme of late)
47 Website necessity
50 Senatorial stretch
51 Snarky, but less fun
52 “It’s worth ___!”
53 “Big Little Lies” author Moriarty
54 Sunday newspaper section
55 Ripped (off)
56 Relaxed pace
58 1990s game console, initially
60 Chance ___ Rapport
61 Cheer for Cristiano Ronaldo
© 2020 Matt Jones

Answers on page 27.

This week’s SUDOKU

6 8 9
7 4 2
3 5 1
6 2 4
4 1 7
9 3 8
2 5 6
1 9 4
8 7 3

Answers on page 27.

Tori Ann Atwell
650.996.0213
toriatwell@compass.com
DRE 00927794
Compass.com

Downtown Mountain View
37 Church Street
Asking price: $1,785,000

100 years of charm await you in this lovely 3/2 home offering 2,022 square feet of living space which includes a versatile floorplan, elegant front living room with fireplace, formal dining room with built-in buffet and tall wainscoting, additional office plus den, basement with inside access, large “farm style” eat-in kitchen, separate laundry room, wraparound front sitting porch, refinished hard and soft wood floors, crown molding and a blend of old world touches and modern amenities.
Providing Exceptional Service to Clients on the Mid-Peninsula: Buyers, Sellers, Developers, and Investors.

Compass is the brand name used for services provided by one or more of the Compass group of subsidiary companies. Compass is a real estate broker licensed by the State of California and abide by Equal Housing Opportunity laws. License Number: 01079009. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but not has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate.